



PREPARING FOR GOD TO MOVE

Immerse, Part 1
Pastor Stacie Wood
January 25–26, 2025

30-Day Immerse Challenge:

1. Read the Immerse Bible.
2. Dedicate time to pray daily.
3. Fast one meal per day.
4. Host or join a small group.

“If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.” 2 Chronicles 7:14 (NIV)

IF MY PEOPLE, WHO ARE CALLED BY MY NAME WILL...

1. HUMBLE THEMSELVES: Preparation Through _____

“There, by the Ahava Canal, I proclaimed a fast, so that we might humble ourselves before our God.” Ezra 8:21a (NIV)

- Consecration—setting something or someone apart as holy unto the Lord
- Imparted righteousness does not excuse us from pursuing holiness.
- Jesus says fasting is the norm, not the exception.

“When you fast...” Matthew 6:16 (NIV)

2. PRAY: Preparation Through _____

“Satan dreads nothing but prayer. His one concern is to keep the saints from praying. He fears nothing from prayerless studies, prayerless work, prayerless religion. He laughs at our toil, he mocks our wisdom, but he trembles when we pray.” —Samuel Chadwick

“Whether we like it or not, asking is the rule of the kingdom. If you may have everything by asking in his name, and nothing without asking, I beg you to see how absolutely vital prayer is.” —Charles Spurgeon

“Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. Which of you, if your son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!” Matthew 7:7-11 (NIV)

- Jesus says prayer is a call for everyone, not just a select few.

“When you pray...” Matthew 6:5 (NIV)

3. SEEK MY FACE: Preparation Through _____

“The law of the LORD is perfect, refreshing the soul. The statutes of the LORD are trustworthy, making wise the simple. The precepts of the LORD are right, giving joy to the heart. The commands of the LORD are radiant, giving light to the eyes.” Psalm 19:7-8 (NIV)

4. TURN FROM THEIR WICKED WAYS: Preparation Through _____

“‘Even now,’ declares the LORD, ‘return to me with all your heart, with fasting and weeping and mourning.’ Rend your heart and not your garments. Return to the LORD your God, for he is gracious and compassionate, slow to anger and abounding in love, and he relents from sending calamity. Who knows? He may turn and relent and leave behind a blessing...” Joel 2:12-14a (NIV)

Take your next steps!



1. fasting 2. prayer 3. Bible reading 4. repentance



準備自己讓上帝動工

讀經計劃 (一)

胡黛思牧師

2025年1月25-26日

30天讀經計劃

1. 閱讀 Immerse 聖經
2. 每天留出時間禱告
3. 每天禁食一餐
4. 主持或加入小組

「這稱為我名下的子民，若是自卑、禱告，尋求我的面，轉離他們的惡行，我必從天上垂聽，赦免他們的罪，醫治他們的地。」
歷代志下 7:14 (和合本)

這稱為我名下的子民，若是...

1. 謙卑自己：透過_____做準備

「我在亞哈瓦運河邊下令我們所有人都禁食，在我們的上帝面前謙卑下來。」
以斯拉記 8:21 上 (新普及譯本)

- 「分別為聖」：將某物或某人「分別出來歸給主為聖」
- 被稱為義，不能成為我們不追求聖潔的藉口
- 耶穌說：禁食是常態，不是例外

「你們禁食的時候...」
馬太福音 6:16 (和合本)

2. 禱告：透過_____做準備

「撒但除了禱告之外，別無所畏。牠只關心如何阻止聖徒禱告。牠不懼怕沒有禱告的學習、工作、宗教。牠恥笑我們的辛勞，嘲笑我們的智慧。但當我們禱告，牠就顫抖。」
—Samuel Chadwick

「無論我們喜歡與否，祈求是國度的法則。若你奉祂的名祈求就能得到一切，不祈求就一無所獲，我懇求你明白，禱告是絕對重要。」
—司布真

「你們祈求，就給你們；尋找，就尋見；叩門，就給你們開門。因為凡祈求的，就得着；尋找的，就尋見；叩門的，就給他開門。你們中間誰有兒子求餅，反給他石頭呢？求魚，反給他蛇呢？你們雖然不好，尚且知道拿好東西給兒女，何況你們在天上的父，豈不更把好東西給求他的人嗎？」
馬太福音 7:7-11 (和合本)

- 耶穌說：禱告是對每個人的呼召，不僅是給少數人

「你們禱告的時候...」
馬太福音 6:5 (和合本)

3. 尋求我的面：透過_____做準備

「耶和華的律法全備，能甦醒人心；耶和華的法度確定，能使愚人有智慧。耶和華的訓詞正直，能快活人的心；耶和華的命令清潔，能明亮人的眼目。」
詩篇 19:7-8 (和合本)

4. 轉離他們的惡行：透過_____做準備

「耶和華說：『雖然如此，你們應當禁食、哭泣、悲哀，一心歸向我。』你們要撕裂心腸，不撕裂衣服，歸向耶和華你們的神；因為他有恩典，有憐憫，不輕易發怒，有豐盛的慈愛，並且後悔不降所說的災。或者他轉意後悔，留下餘福。」
約珥書 2:12-14 上 (和合本)

踏出你的下一步！



1. 禁食 2. 禱告 3. 讀聖經 4. 悔改