Lockdown 2020

Me, Myself and I

My self-portrait

I am ( ) years old

My favourite toys and games are ...

My best friends are ...

How tall I am:

My shoe size:

My favourite colour is

These are my favourite foods

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Lockdown 2020
Me, Myself and I continued

The best things about me are...

The best things about my family are ...

These are all the things I really want to do when lockdown is over:

Tick all the things you love to do ...

- ☐ Drawing / painting
- ☐ Learning about dinosaurs
- ☐ Going for long walks
- ☐ Doing experiments
- ☐ Building things
- ☐ Doing sports
- ☐ Dancing
- ☐ Playing music
- ☐ Singing
- ☐ Cooking
- ☐ Being the leader
- ☐ Writing stories
- ☐ Having screen time
- ☐ Helping others
- ☐ Acting / Performing
- ☐ Thinking of new ideas
- ☐ Learning about space
- ☐ Teaching others
- ☐ Playing board games
- ☐ Collecting things
- ☐ Building dens
- ☐ Reading books
- ☐ Watching movies
- ☐ Being with friends
- ☐ Finding solutions
- ☐ Being in a team
- ☐ Telling jokes

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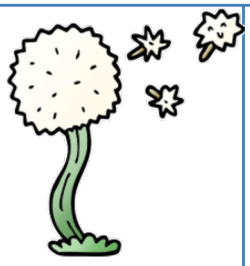
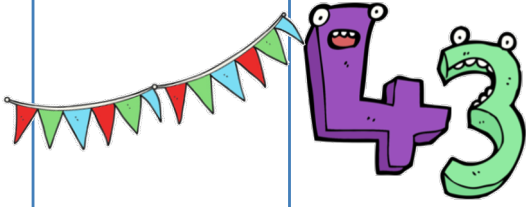
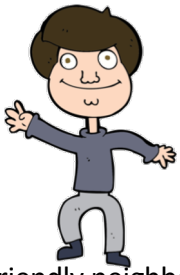
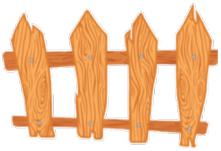
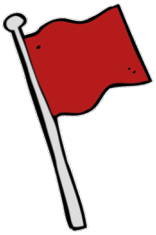
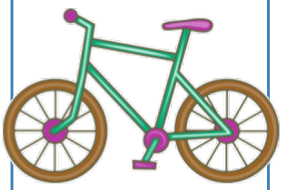
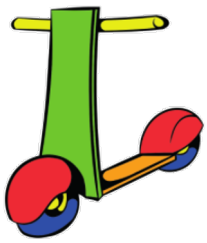
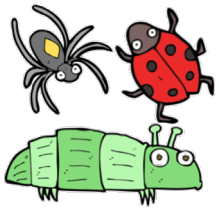
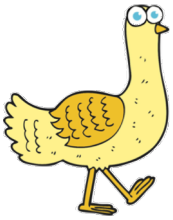
Neighbourhood Scavenger Hunt

If you see it, tick it!

 Blow on a dandelion	Find a Y shaped twig	How many rainbows do you count?	cat	Red post box
 Bunting	Can you find numbers 0 – 9?	 Friendly neighbor walking	Three different shaped leaves	 Fence
Squirrel	 Flag	 bicycle	Fire hydrant	Dog
Stop sign	Flowers	Butterfly	Bench	Three different kinds of trees
 Scooter	Plant pots	 3 different kinds of bugs	 Birds	Brightly coloured door

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Find the Animal!

L	E	O	P	A	R	D	C	L	Q	L	V	N	H	J
N	I	M	K	U	L	I	Y	J	P	I	D	Y	O	Z
J	I	F	Y	E	E	D	J	P	B	O	M	A	R	H
O	G	I	R	A	F	F	E	Z	R	N	B	H	D	L
C	O	U	B	Y	K	E	W	Y	E	G	H	J	E	C
L	N	H	V	D	I	H	D	A	O	R	Z	F	T	A
H	F	O	X	R	H	I	N	O	C	E	R	O	S	T
I	F	K	J	X	Z	K	V	J	P	S	I	S	C	T
Y	P	A	D	C	B	R	H	O	R	S	E	H	O	K
W	U	N	B	U	F	F	A	L	O	T	D	E	W	X
U	R	G	P	T	X	I	B	G	N	K	D	E	N	V
Z	X	A	K	D	D	S	F	E	Q	V	H	P	T	W
Y	E	R	T	O	U	S	X	T	U	R	T	L	E	W
Q	S	O	O	G	C	F	L	L	O	M	R	C	X	V
Q	T	O	V	N	K	E	E	A	G	L	E	O	T	I

LEOPARD
FOX
LION
HORSE
DOG

DUCK
EAGLE
SHEEP
CAT
COW

BUFFALO
TURTLE
GIRAFFE
RHINOCEROS
KANGAROO

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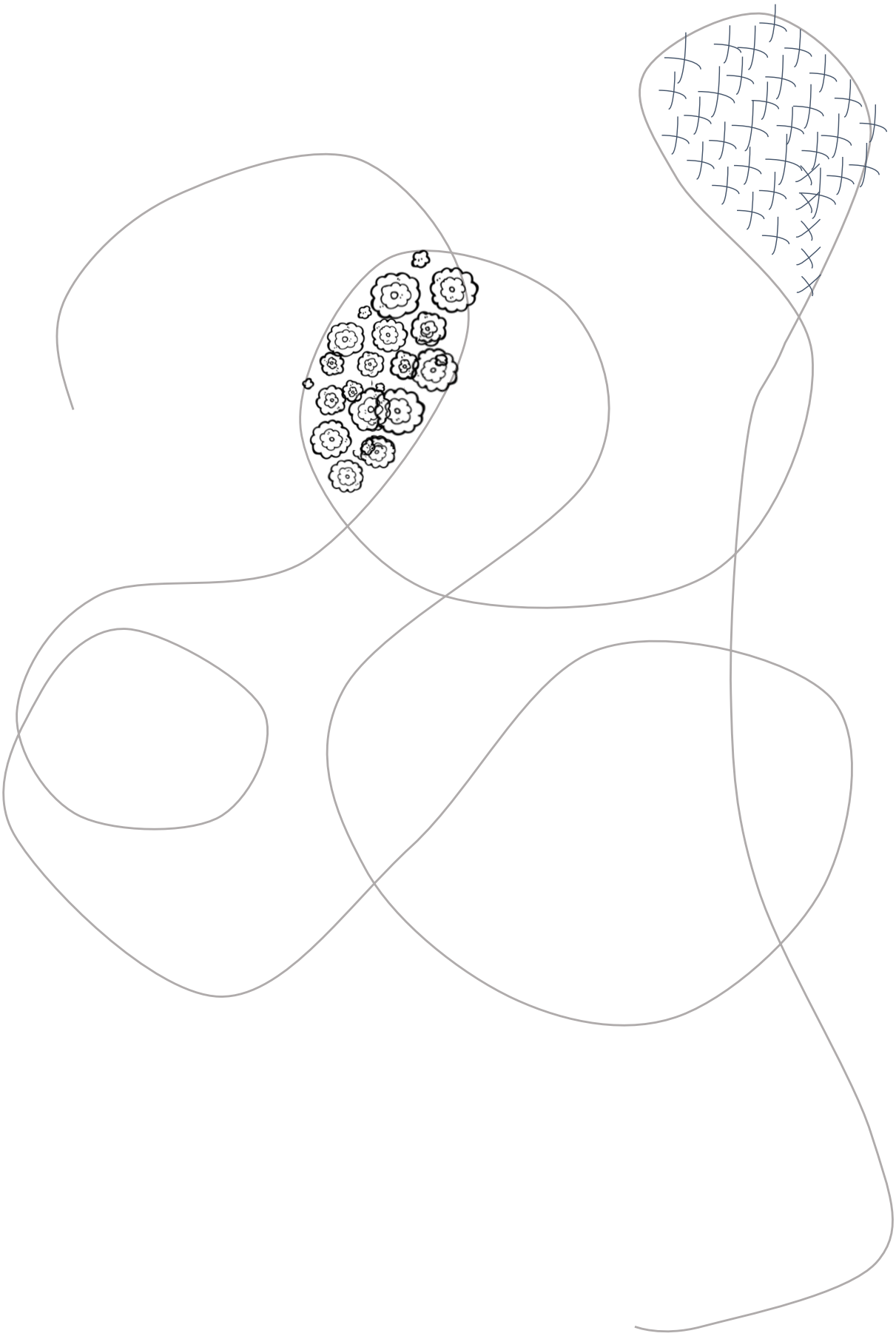
Feeling bored?
Why don't you doodle a bit?

Carry on drawing the lines, making lots of swirls and curls!
Now start drawing different shapes into each bubble!



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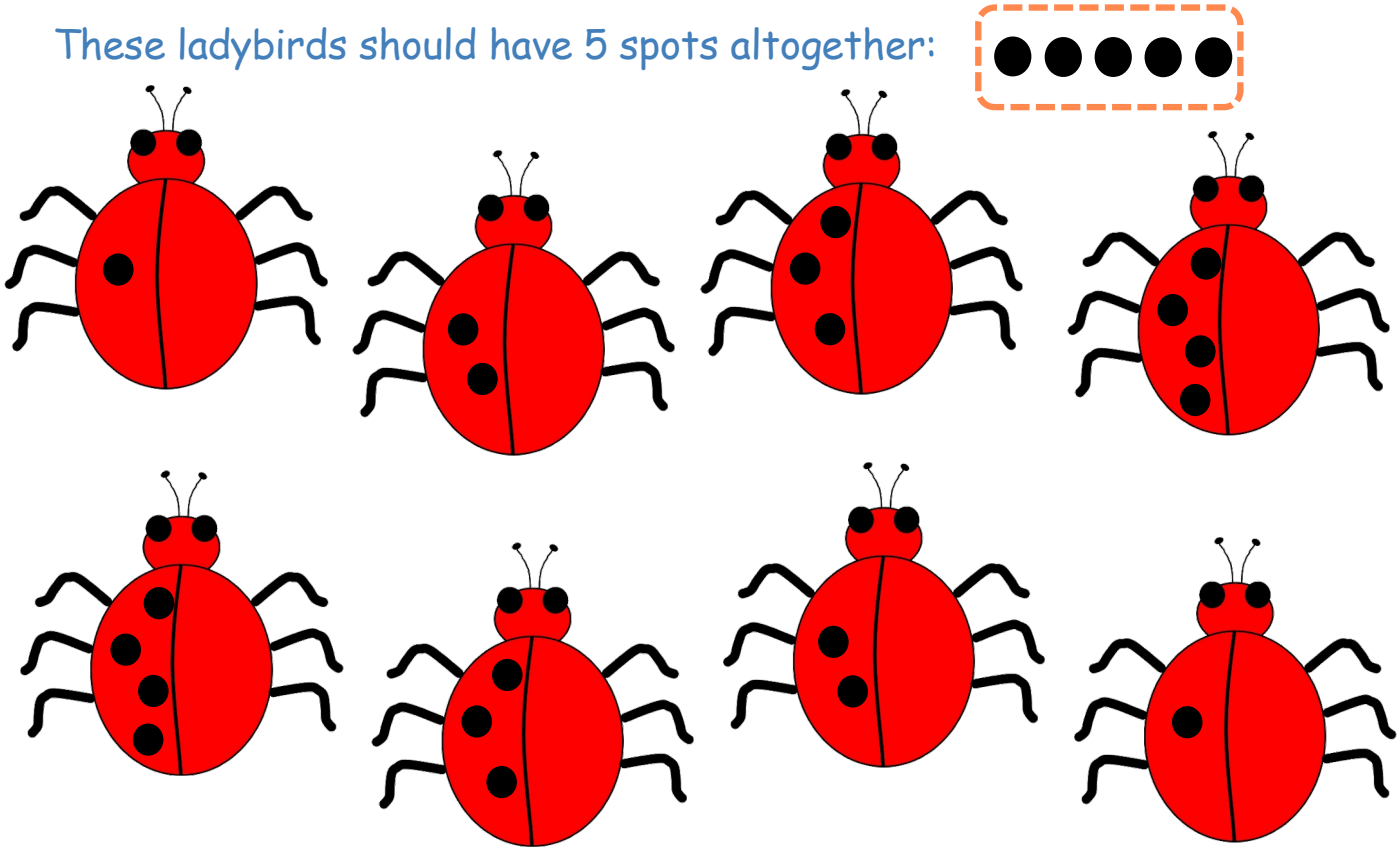
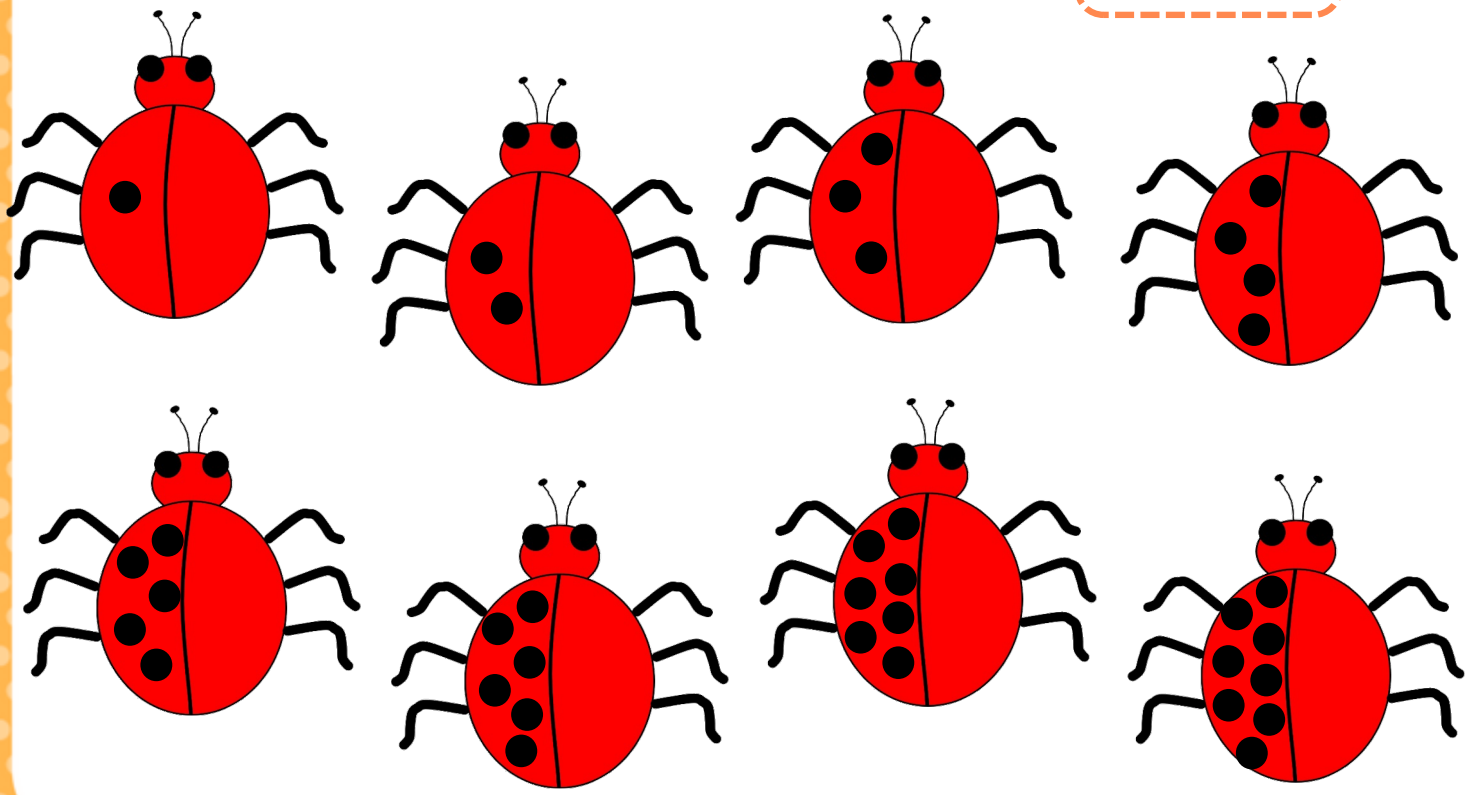
Ladybird counting

The poor ladybirds have lost some of their spots!
Can you put them back on?

These ladybirds should have 5 spots altogether:



These ladybirds should have 10 spots altogether:



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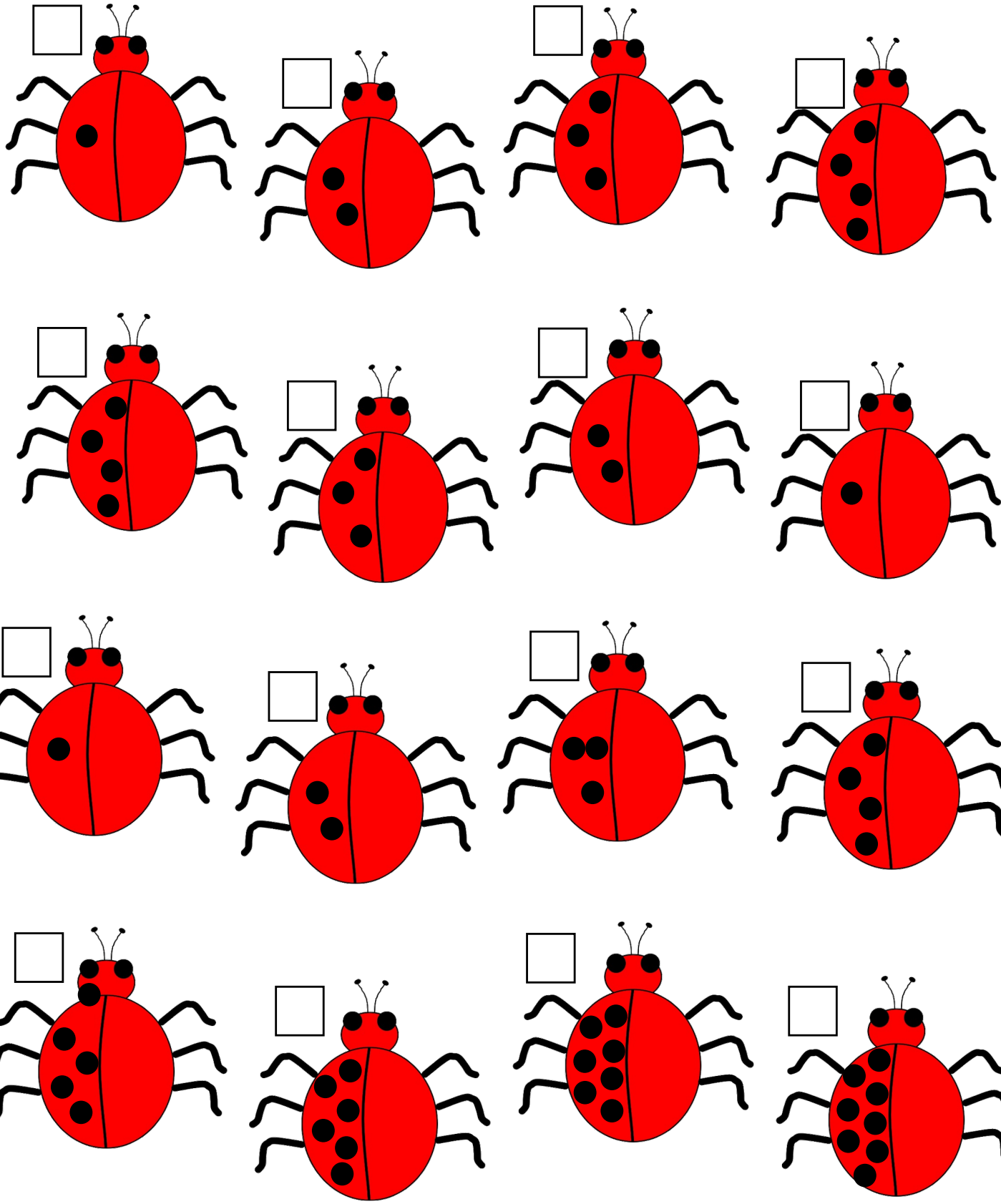
Ladybird counting

The poor ladybirds have lost some of their spots!
Can you put them back on?

These ladybirds should have the same spots on both sides.
Write down how many dots there are altogether in each box.



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Battle Ships Game

Place the following ships on your grid by filling in their letters. You can do this horizontally, vertically or diagonally.

Mark each position you call out. If it's a 'hit', you get an extra turn. Each player must declare when a ship is sunk. The first player who sinks all enemy ships, wins!

Your Boats

	A	B	C	D	E	F	G	H	I
1									
2									
3									
4									
5									
6									
7									
8									
9									

Aircraft Carrier

A	A	A	A	A

Battle Ship

B	B	B	B

Cruiser

C	C	C

Destroyer

D	D	D

Submarine

S	S	S

Enemy Boats

	A	B	C	D	E	F	G	H	I
1									
2									
3									
4									
5									
6									
7									
8									
9									

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Battle Ships Game

Place the following ships on your grid by filling in their letters. You can do this horizontally, vertically or diagonally.

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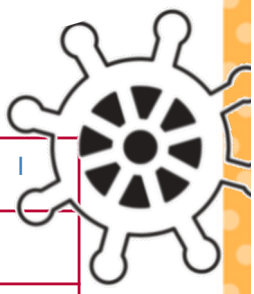

Your Boats

	A	B	C	D	E	F	G	H	I
1									
2									
3									
4									
5									
6									
7									
8									
9									

Aircraft Carrier

A	A	A	A	A

Battle Ship

B	B	B	B

Cruiser

C	C	C

Destroyer

D	D	D

Submarine

S	S	S

Enemy Boats

	A	B	C	D	E	F	G	H	I
1									
2									
3									
4									
5									
6									
7									
8									
9									

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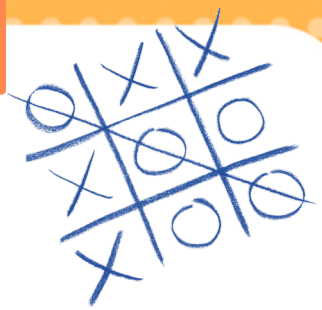
Noughts and Crosses



Find a friend to play with you!

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Crazy Word Search

j	y	u	k	r	i	e	x	u	n	c	k	l	y	f	m	n	e
e	o	k	u	i	v	u	t	m	e	l	g	e	b	c	a	i	p
d	e	g	a	j	e	l	l	y	t	a	s	t	i	c	g	q	q
c	j	r	h	v	s	i	c	k	a	b	l	e	g	b	o	l	z
n	f	r	n	o	j	e	m	g	a	l	u	m	p	y	o	b	a
r	u	i	c	z	p	c	u	s	t	a	r	d	y	m	b	o	p
v	u	e	n	m	m	p	p	p	y	g	m	k	e	f	e	o	o
b	k	l	d	g	k	m	e	c	e	i	y	b	k	n	r	x	o
i	e	w	h	s	o	u	w	r	p	j	w	d	o	d	b	h	m
m	b	i	s	h	y	s	g	l	i	m	p	g	u	s	h	i	p
f	o	h	d	f	r	u	m	p	e	t	i	e	m	z	h	u	l
j	a	a	h	r	i	q	h	k	f	u	o	e	v	f	r	l	e

Bim
bish
bosh
custardy
exunckly
fing
frumpet
galumpy
glimp
jellytastic
joghopper
yuk
poomp
sickable
magoober

Put two crazy words together and draw what that might look like! I've done the first one for you.

a hungrilish frumpet

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Crazy Words

Draw a line underneath the four crazy words you like the most.

Bim	bish	bosh	custardy
exunckly	fing	frumpet	galumpy
glimp	jellytastic	joghopper	yuk
poomp	sickable	magoober	

Write a funny sentence with each crazy word then doodle a funny picture to go with it.

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I Spy with my little Eye!

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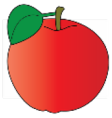
I Spy with my little Eye!

See if you can find all of these on the next sheet, tick them when you find them!

a

- ☐ alligator
- ☐ apple 
- ☐ arrow
- ☐ axe
- ☐ anchor
- ☐ ant

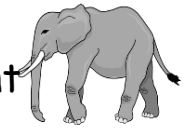
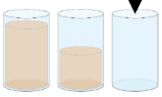
i

- ☐ igloo
- ☐ insects
- ☐ inside
- ☐ itch
- ☐ iguana
- ☐ ink pot

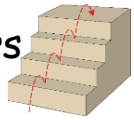
o

- ☐ ox
- ☐ orange
- ☐ otter
- ☐ olives
- ☐ ostrich
- ☐ octopus

e

- ☐ elephant 
- ☐ envelope
- ☐ empty 
- ☐ egg
- ☐ eskimo
- ☐ exit

u

- ☐ upset
- ☐ uncle
- ☐ upstairs 
- ☐ umbrella
- ☐ under
- ☐ up

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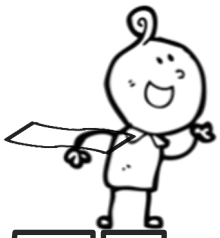
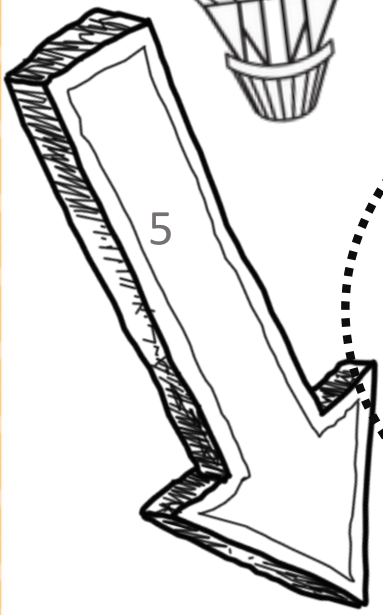
Colour by Number

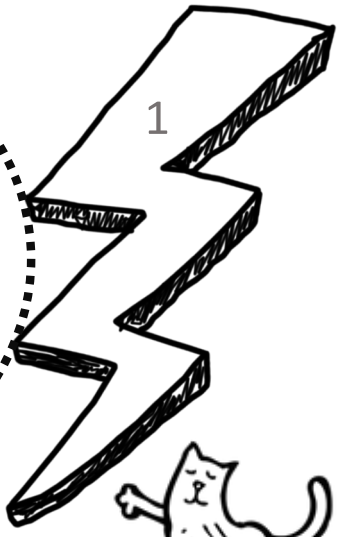
1 - Yellow
2 - Light Blue
3 - Green
7 - your favourite colour!

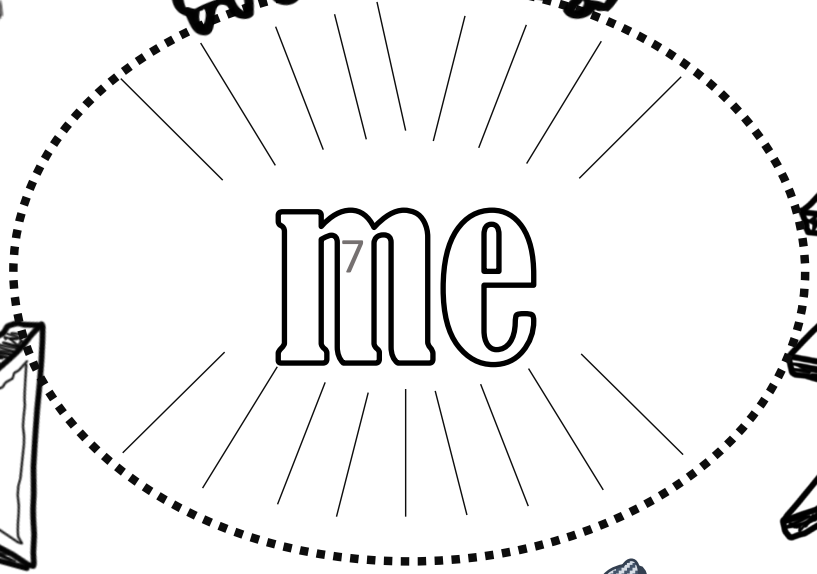
4 - Red
5 - Dark Blue
6 - Orange
8 - Purple



Mistakes make me smarter







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How good is your memory?

A lady has just dropped her handbag and everything's gone flying! Will you be able to remember all the different items?

1. Look at the picture for one minute
2. Turn the page over and see how many items you can recall.

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How good is your memory?

1st Try	2nd Try
1. _____	1. _____
2. _____	2. _____
3. _____	3. _____
4. _____	4. _____
5. _____	5. _____
6. _____	6. _____
7. _____	7. _____
8. _____	8. _____
9. _____	9. _____
10. _____	10. _____
11. _____	11. _____
12. _____	12. _____
13. _____	13. _____
14. _____	14. _____
15. _____	15. _____
16. _____	16. _____
17. _____	17. _____
18. _____	18. _____

Break the Code

Can you find the answers to these riddles using the secret code? Each number represents a letter. By finding the right letters you can read the funny jokes!

a	b	c	d	e	f	g	h	i	j	k	l	m
1	2	3	4	5	6	7	8	9	10	11	12	13
n	o	p	q	r	s	t	u	v	w	x	y	z
14	15	16	17	18	19	20	21	22	23	24	25	26

What do you call a fly without wings?

1		23	1	12	11

What animal wears a wig?

20	8	5		2	1	12	4		5	1	7	12	5

What do you call an alligator in a vest?

1	14		9	14	22	5	19	20	9	7	1	20	15	18

What did the pencil say to the other pencil?

12	15	15	11	9	14	7		19	8	1	18	16

What starts with a 'P', ends with an 'E' and has a million letters in it?

16	15	19	20		15	6	6	9	3	5

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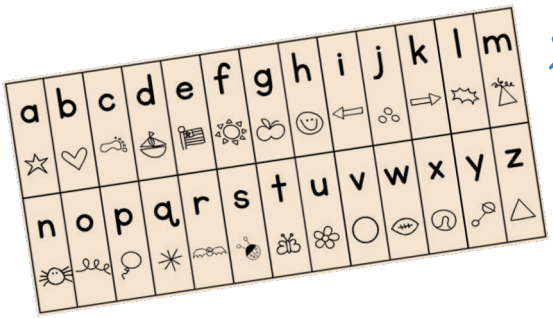
Break the Code



Your turn to make your own secret code.

On the left is an example, you can use scribbles and shapes and write your own top secret messages!

a	b	c	d	e	f	g	h	i	j	k	l	m
n	o	p	q	r	s	t	u	v	w	x	y	z

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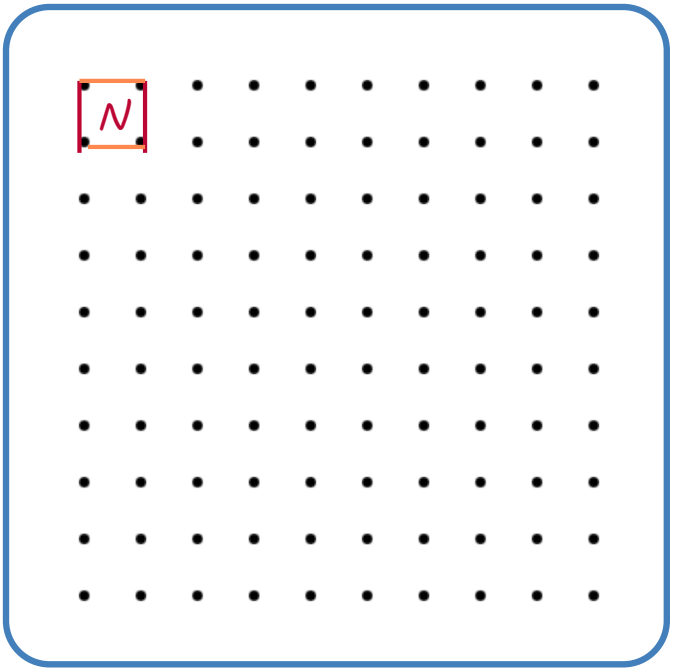
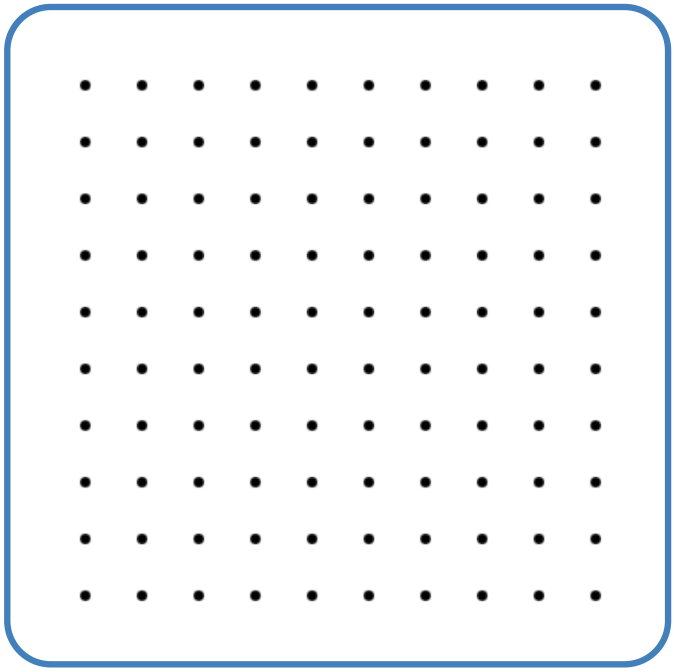
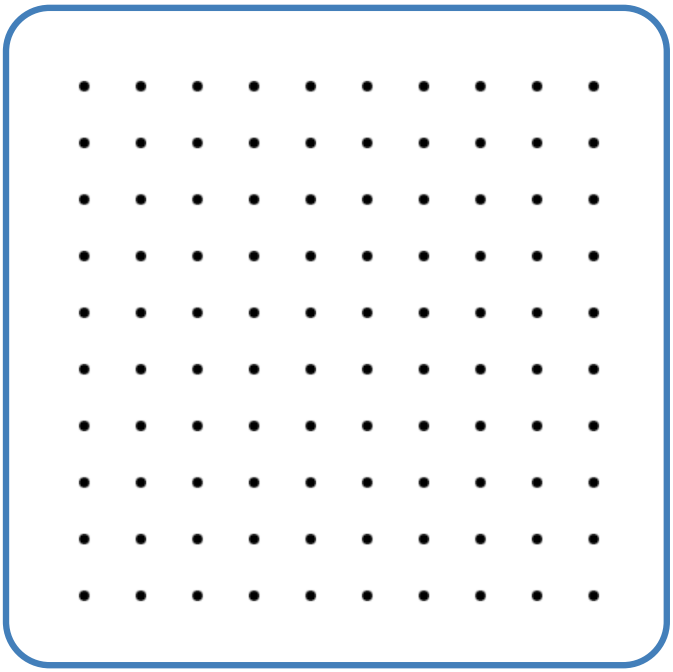
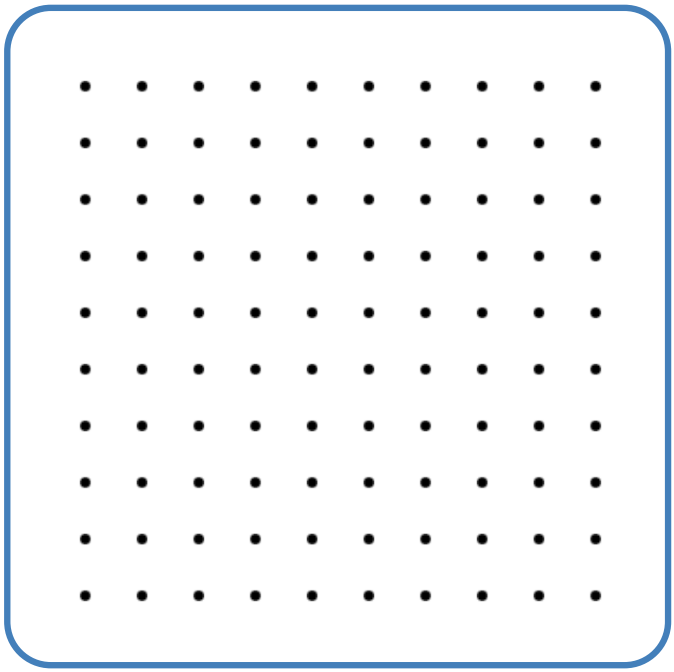
Dots & Boxes

Take turns to join two dots with a line. If your line completes a box, write your initial inside and take another go. The player with the most boxes wins!









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Colour by Number

1 - Yellow
2 - Light Blue
3 - Green
4 - Red
5 - Dark Blue
6 - Orange
7 - Purple
8 - your favourite colour!

2

Gratitude

3

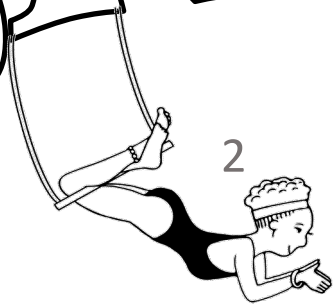
2

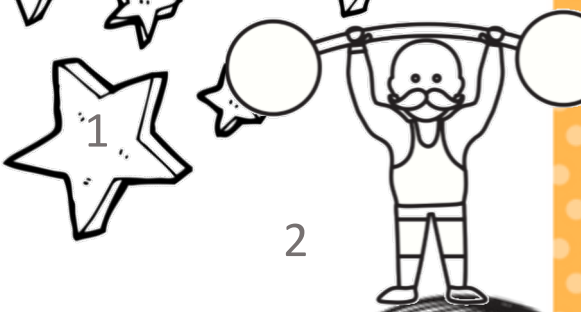
gives

5

me

8





Wings

7

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Gratitude List

Family Challenge! Can you fill this page with all the things you are grateful for?

Gratitude

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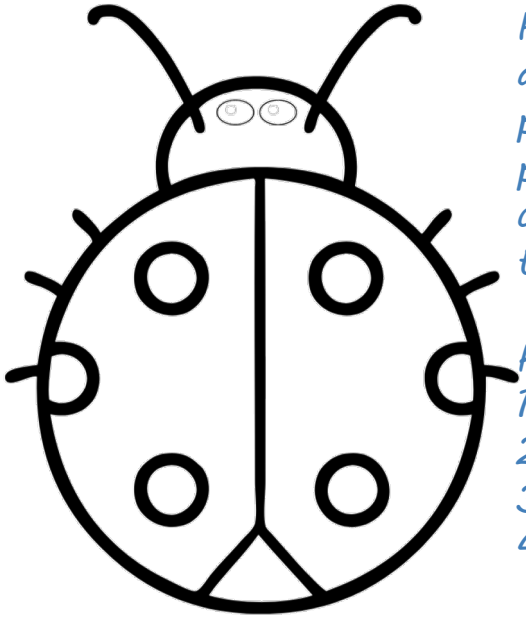
Ladybird Number Plates



Keep an eye on the number plates of the cars around you! When you spot a number on a plate you can draw a body part. You can only pick one number from each number plate and can't start until you've found a number 1 for the body!

For these numbers, draw the:

1 - Body
2 - Head
3 - Line to split wings
4 - Dots
5 - Legs
6 - Eyes
7 - Antenae

Game 1

Game 2

Game 3

Game 4

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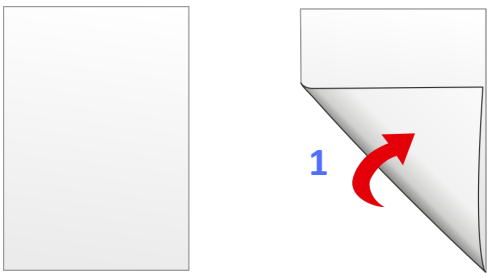
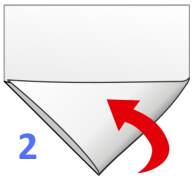
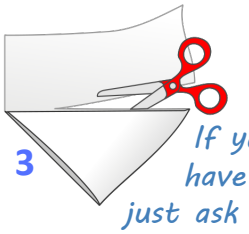
Fortune Teller

These fortune tellers are so much fun!

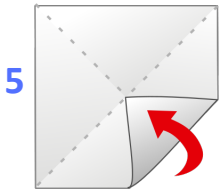
1. Ask an adult to help you fold one using the steps below.

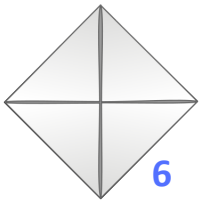


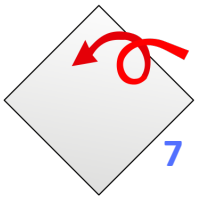


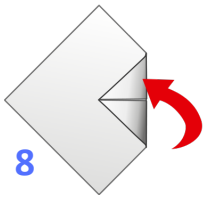


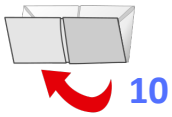
If you don't have scissors, just ask an adult to tear it off carefully!

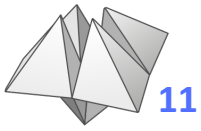




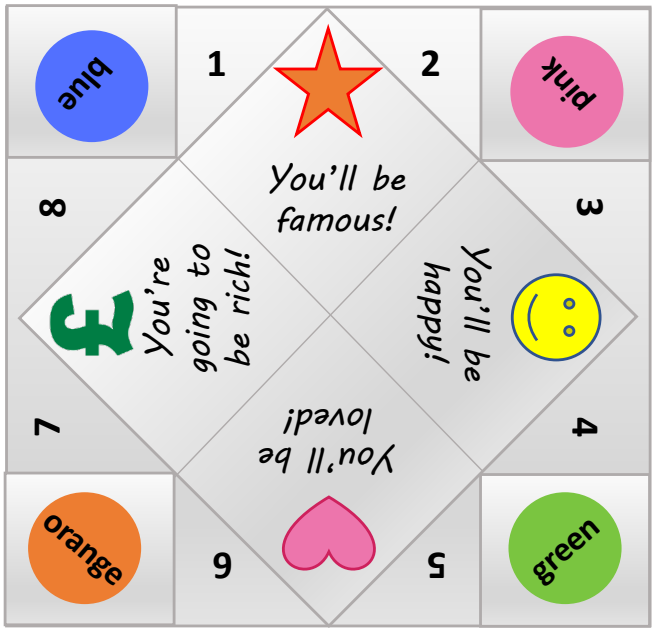








2. Decorate it:



3. Tell their fortunes!

1. Slip your forefingers and thumb into the pockets
2. Ask a person to pick a colour
3. If blue, then say b l u e, while pinching and stretching the fortune teller with each letter
4. Ask the person to pick a number
5. Move the fortune teller with each count
6. When the count stops, open the flap to reveal the fortune!

More ideas:

You'll get a special treat! Or You'll find a new friend!

You'll have to eat Brussels sprouts! Or You'll have to wash the dishes!

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Fortune Teller

More ideas:

How about fun challenges instead of telling fortunes: Name five things you can see, Name one thing you can hear, describe yourself with three words, describe me with three words, say three things you are good at, tell a joke, do a ninja pose for 10 seconds, pat your head and rub your tummy, etc.

Turn your fortune teller into a fruit joke teller. Draw a fruit on each corner instead of a colour and use some fruit jokes, like: What do you give to a lemon that's been hurt? Lemon-aid! What kind of fruit can fix your sink? A Plum-er! Look online for more ideas.

Another idea is to turn it into a fact-teller about your favourite sport (most points scored, tallest football player, best winger) or famous landmarks (tallest building, longest bridge, etc.)

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Wheel of answers

Ask a question out loud that can be answered with a 'yes' or 'no'. Place a pencil in the middle of the wheel, spin it and find out what the answer is!

Examples: Can I have an ice-cream? Will it rain today?

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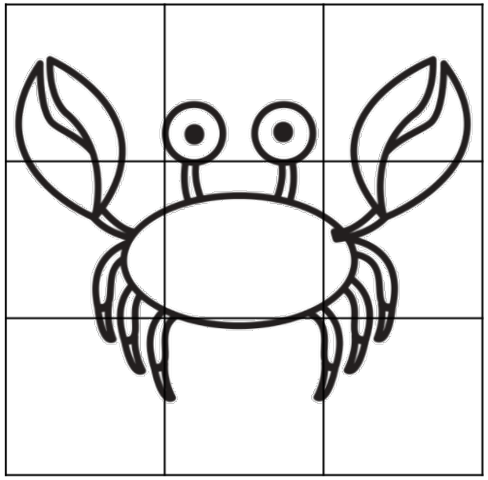
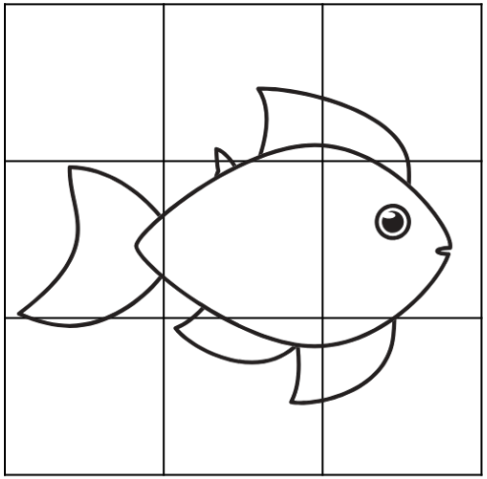
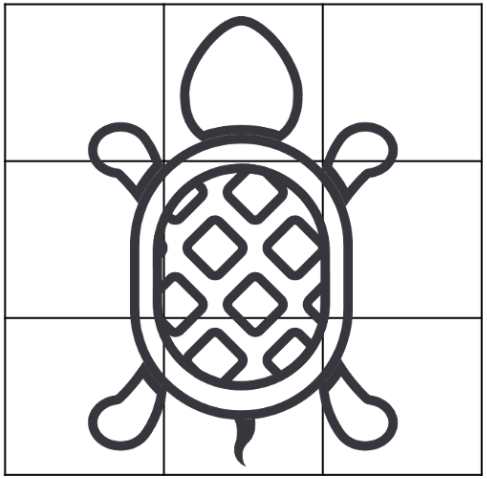
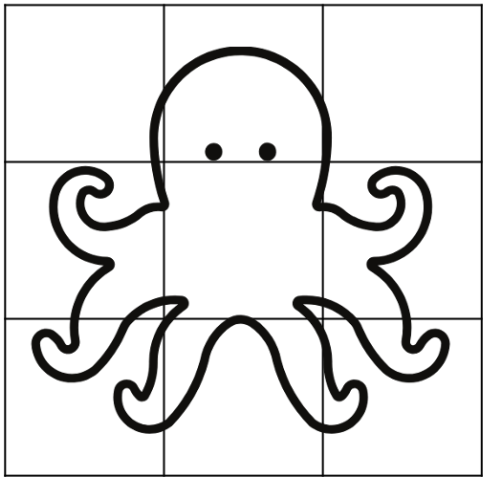
Cartoon Creations

Can you copy these cartoons creatures, by using the grid?
When you're finished, colour them in!









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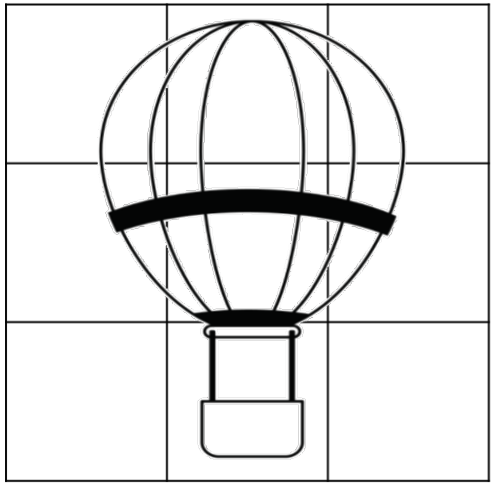
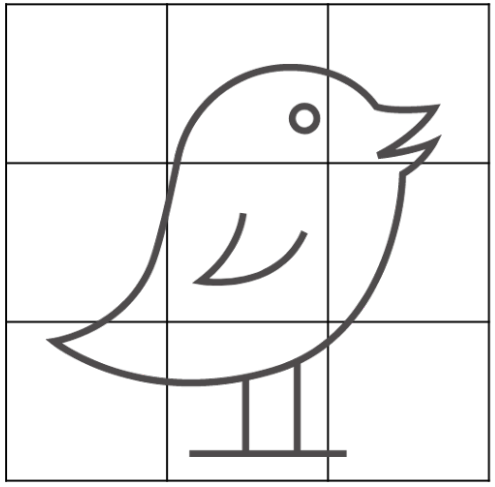
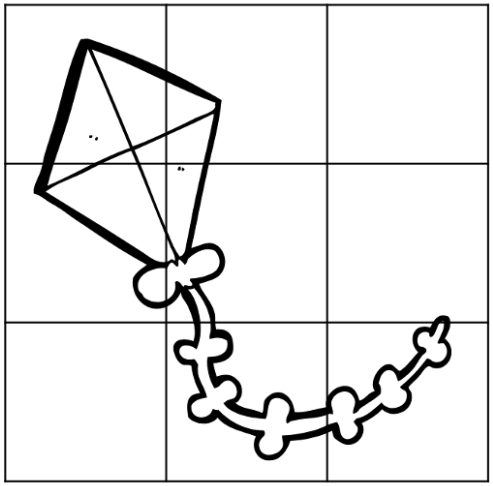
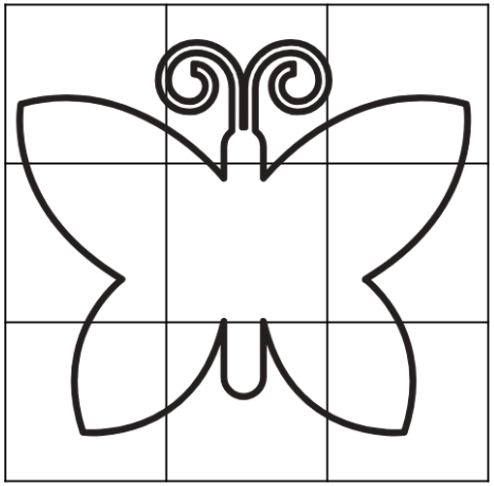
Cartoon Creations

Can you copy these flying cartoons, by using the grid?
When you're finished, colour them in!









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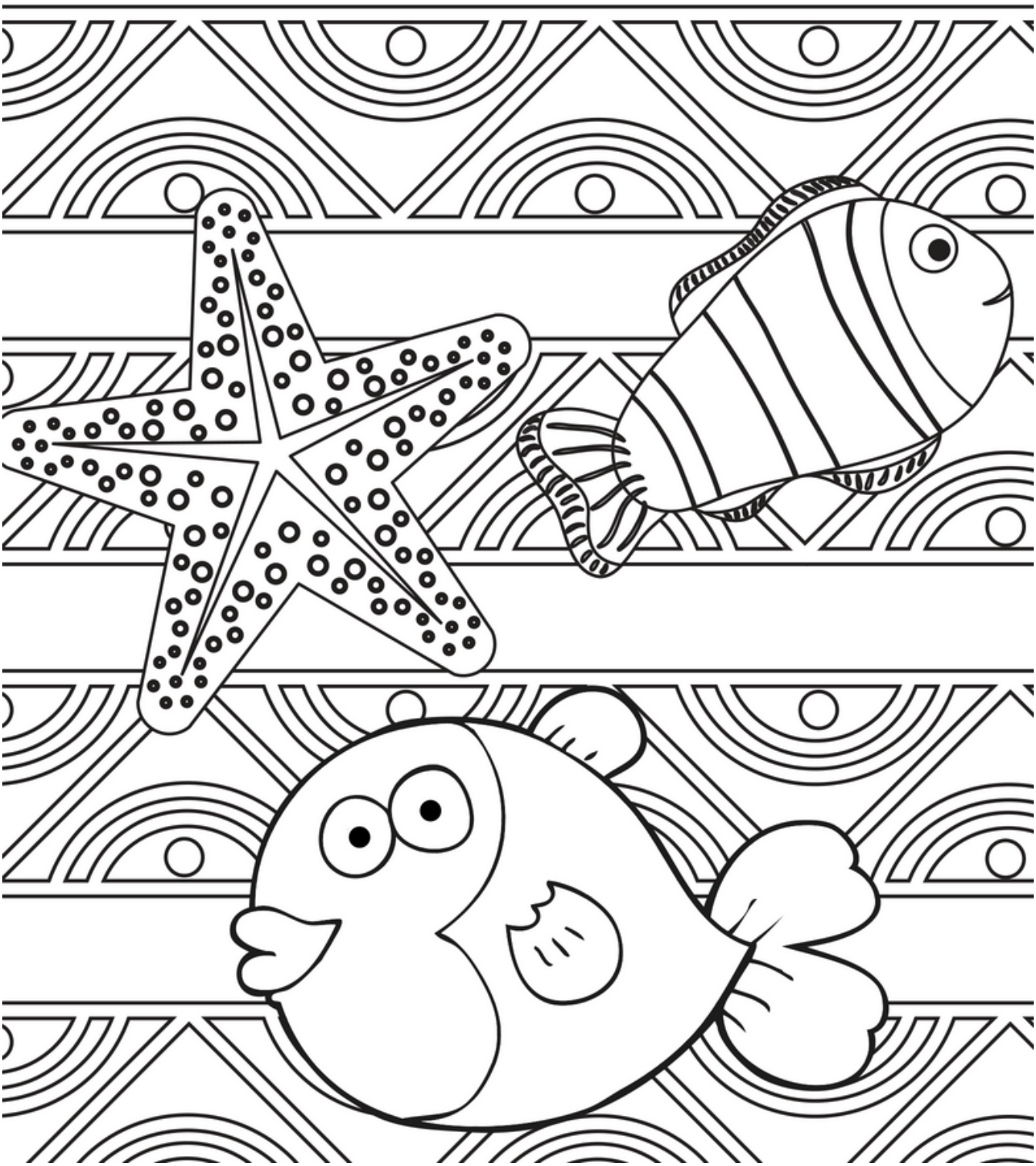
Mosaic Sea Colouring

Use all the colours of the rainbow for this coral reef!
Start by choosing 6 colours for the background, then two colours each for the two fishes and starfish.



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Spot the Difference

Can you spot all 10 differences?

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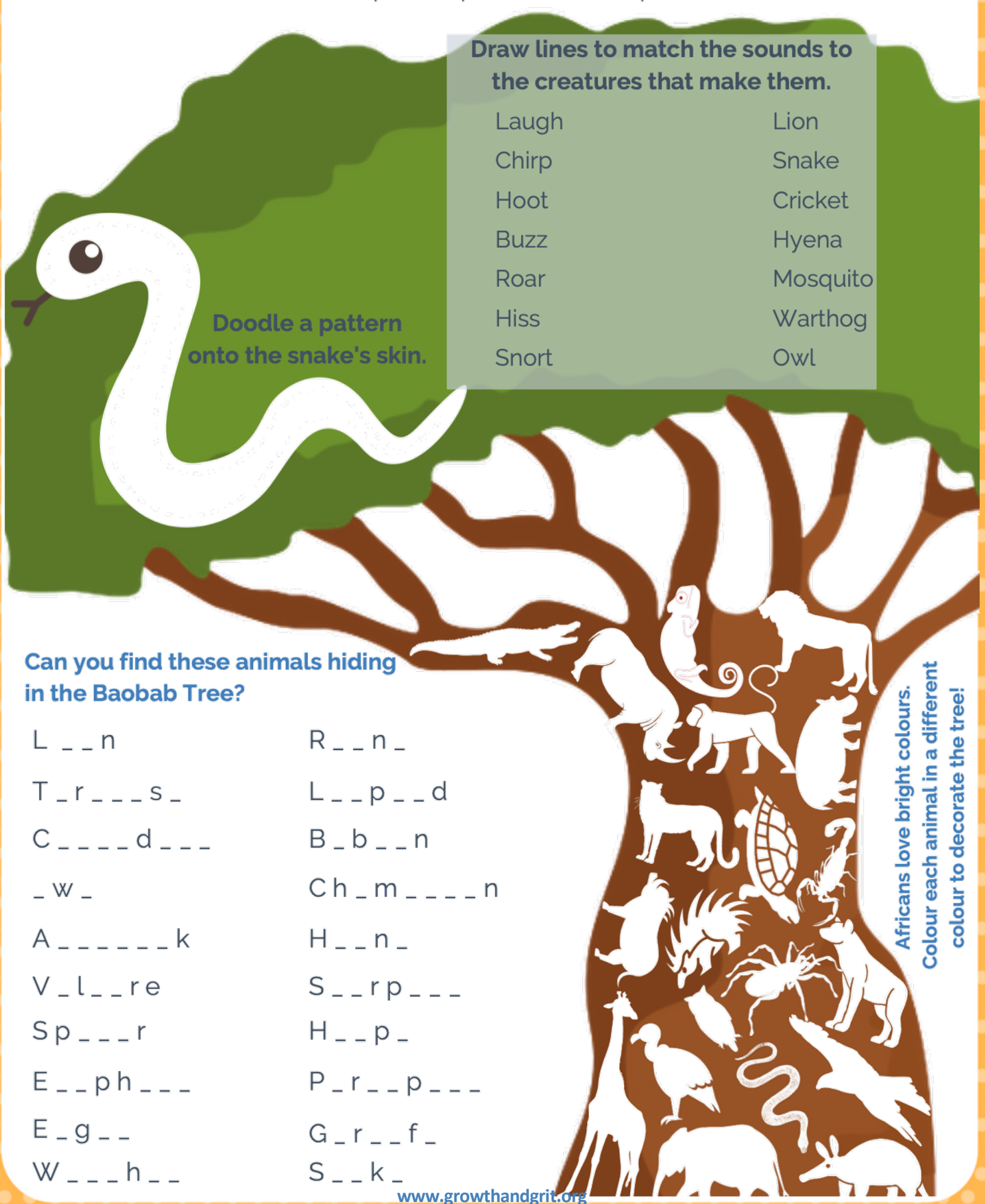
African Safari

The Baobab tree

Baobab trees are found in Africa, Australia and Madagascar.
They grow very big and can get older than a 1000 years!
The trunk is often hollow inside and lots of animals use the trees for shelter.
Humans have used them for prisons, post-offices and pubs!



Draw lines to match the sounds to the creatures that make them.

Laugh	Lion
Chirp	Snake
Hoot	Cricket
Buzz	Hyena
Roar	Mosquito
Hiss	Warthog
Snort	Owl

Doodle a pattern onto the snake's skin.

Can you find these animals hiding in the Baobab Tree?

L _ _ n	R _ _ n _
T _ r _ _ _ s _	L _ _ p _ _ d
C _ _ _ _ d _ _ _	B _ b _ _ n
_ w _	C h _ m _ _ _ _ n
A _ _ _ _ _ _ k	H _ _ n _
V _ l _ _ r e	S _ _ r p _ _ _
S p _ _ _ r	H _ _ p _
E _ _ p h _ _ _	P _ r _ _ p _ _ _
E _ g _ _	G _ r _ _ f _
W _ _ _ h _ _	S _ _ k _

Africans love bright colours. Colour each animal in a different colour to decorate the tree!

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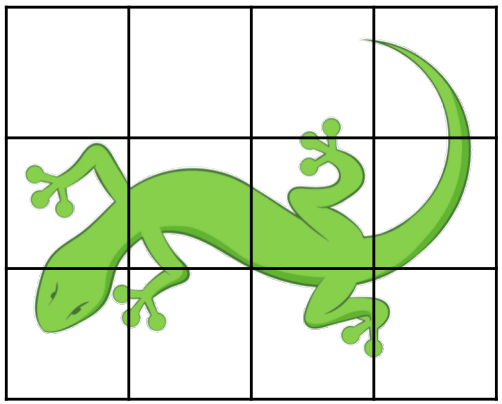
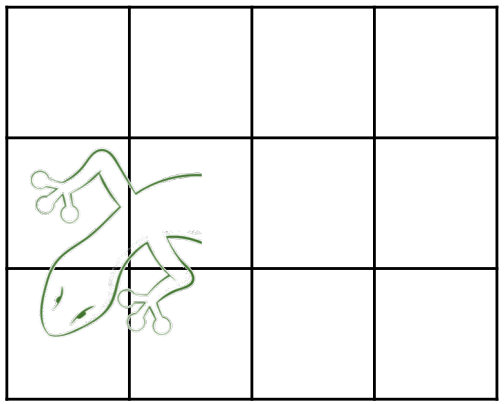
African Safari

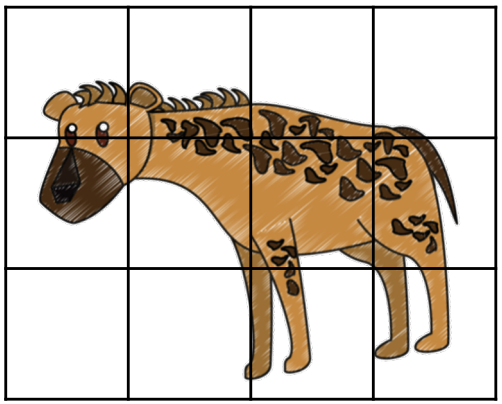
Look around the picture to find all the following animals:

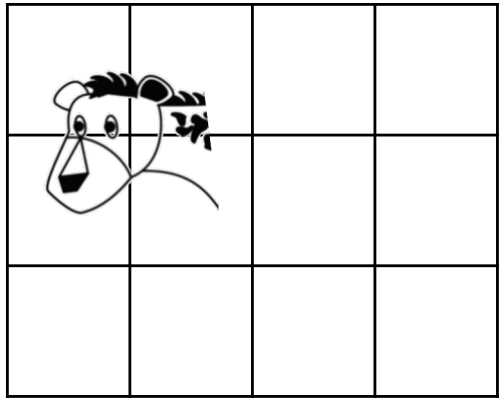
1 Mandrill, 2 Lions, 3 Giraffes, 4 Trees, 5 Spider webs, 6 Vultures, 7 Lizards, 8 Flying birds, 9 Wriggly worms, 10 Rocks

Use the grid to draw these animals









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Quick, Quick, Quick!

Can you think of four things all starting with the same sound, in 60 seconds? Invite others to play with you!

1. Shut your eyes and point to a sound.
2. As soon as the sound is called out, the time starts!
3. Quick, think of all 4 things and write it down!
4. If you do, give yourself one point!
5. Cross of the sound you've just used.
6. Next person closes their eyes and points to a sound.
7. Get ready, go!

For example:

Name	Animal	Places	Food
Andy	Antelope	Atlantis	Apple

e for envelope

s for sun

o for olive

i for ice-cream

t for tent

a for arrow

c (k) for car

b for balloon

p for pen

f for flower

i for igloo

g for glue

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Quick, Quick, Quick!

Name	Animal	Place	Food

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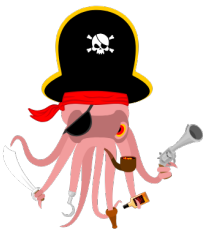
Pirate Adventure

Who am I?

Follow the instructions to find the right pirate. Draw a cross over each wrong pirate as you go.

1. I do not have a twin.
2. I am not an octopus.
3. I am in row 2, 4 or 5.
4. I do not have a hook.
5. I do not have two legs.
6. My pirate hat is black.
7. My mouth is a weapon.

	1	2	3	4	5
1					
2					
3					
4					
5					

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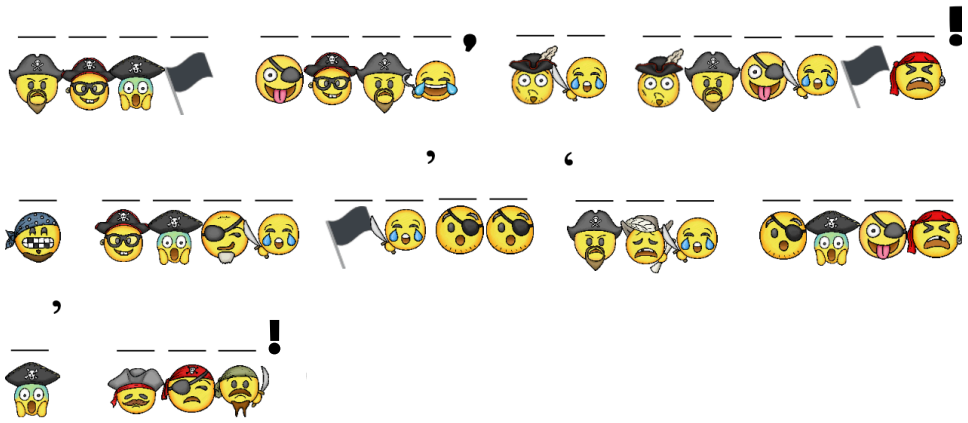
Pirate Adventures

Draw your own pirate map, using these ideas.

A	B	C	D	E	F	G	H	I	J	K	L	M

N	O	P	Q	R	S	T	U	V	W	X	Y	Z

Can you decode the secret Pirate Code?



	X marks the spot
	Treasure chest
	Flag
	Palm trees
	Hills
	Sea Monster
	Pirate ship
	Dotted lines to show the way

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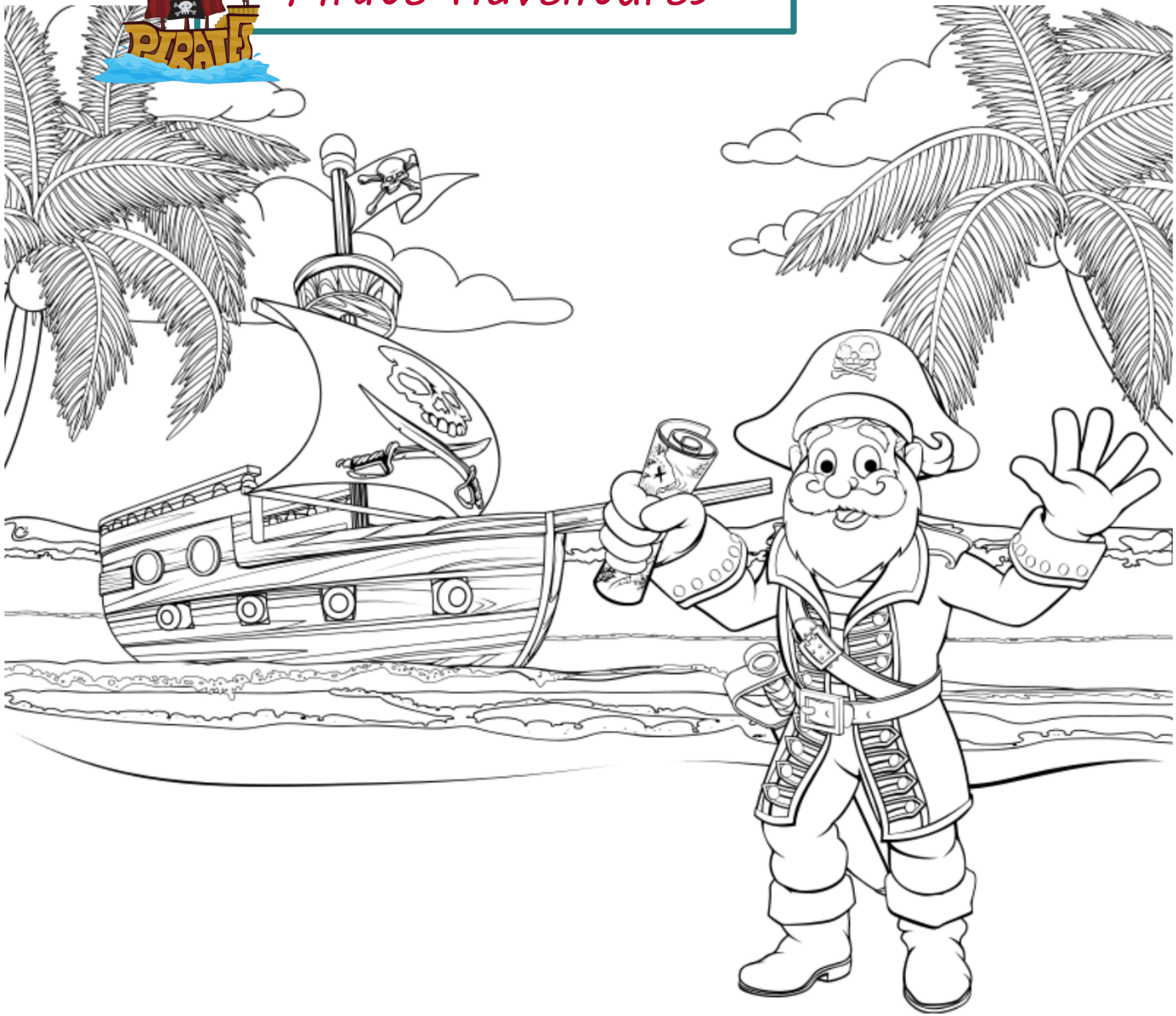
Pirate Adventures

Draw Captain Stinky's treasure chest filled with treasure and colour in the picture.



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Q & A Time!

Time to get to know each other a little better! Start asking each other some questions, you might be surprised about the answers!

If you could choose any job there is, what would it be?

What is your favourite kind of holiday?

If you could time-travel, where and when would you go?

If you could be King / Queen, what would you change in the world?

What are your three favourite songs?

You can take three things with you to a desert island, what are they?

What is the best meal you have ever had?

What do you think are your best skills?

What are your favourite memories from when you were little?

If you won the lottery, what would you do?

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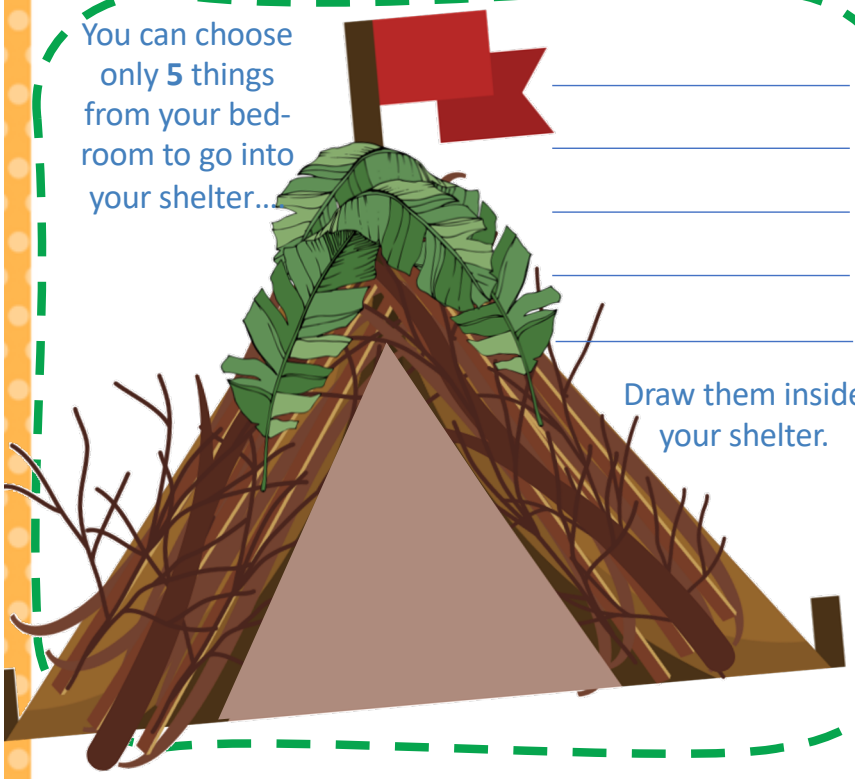
Deserted Island

Oh no, you're going to be shipwrecked on an island!
What will you choose to take with you?

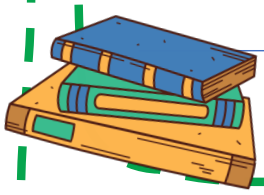
You can choose only **5** things from your bedroom to go into your shelter...



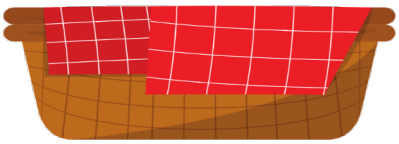
Draw them inside your shelter.

Draw the **1** outfit and pair of shoes you'll bring with you.

Choose **3** books you won't get tired of reading, over and over and over again!

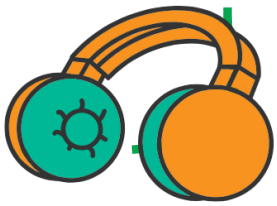


Which **5** foods will you pack to take with you?
Draw them in the picnic basket.



What type of drink will you choose to put in your magic flask? (It refills itself!)

Which **5** songs will you choose to take with you?



Deserted Island

Oh no, you're going to be shipwrecked on an island!
What will you choose to take with you?

Choose **5** favourite things to pack in your backpack. What will you take?

What message will you write on this note before putting it in the bottle for someone else to find?

Summer Fun!

T	O	W	E	L	Z	B	V	L	X	N	K
F	N	I	C	E	C	R	E	A	M	K	T
S	Q	S	R	B	F	H	P	Q	H	T	R
T	E	B	O	A	T	K	Y	D	T	P	I
S	U	N	T	R	E	F	O	S	B	P	T
G	A	N	Y	R	G	Q	S	L	U	Y	B
C	R	A	B	I	B	F	P	C	C	T	A
Y	H	D	X	K	X	N	L	T	K	Q	L
E	Y	H	O	L	I	D	A	Y	E	V	L
S	Q	L	L	W	L	Z	Y	U	T	D	S
F	K	V	F	U	N	Q	I	E	S	O	E
S	W	I	M	H	M	N	O	P	K	Y	A

TOWEL

CRAB

SUN

BALL

BUCKET

PLAY

ICECREAM

HOLIDAY

SEA

BOAT

FUN

SWIM

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Design a t-shirt

What will you draw and colour on this t-shirt to make it a HAPPY shirt!

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This Backseat Boredom Buster
was designed especially for you by

GROWTH & GRIT

We hope you will have hours of fun!

This activity pack includes activities that will build confidence, self-awareness, mindfulness and give opportunities to strengthen relationships.

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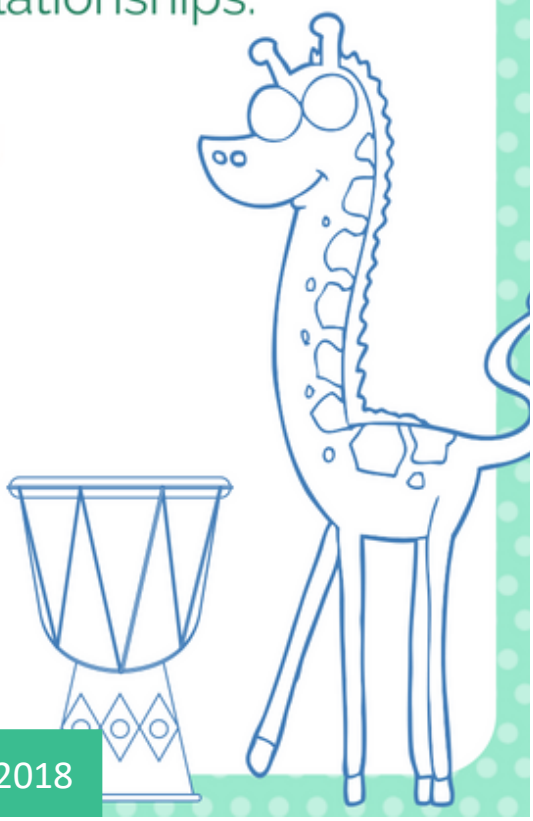

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