# SADDLEBACK NOTES

## WITHSTANDING THE WINDS OF LIFE

Building A Better Life – Part 3 Rick Warren 24-25 April 2021

"The Lord told Elijah, 'Go out and watch what I can do to a mountain with wind.' So Elijah watched as the Lord sent a great and powerful wind storm to hit the mountain. And it hit with such a hurricane force that it split giant boulders. And everything was torn loose and coming apart."

- 1 Kings 19:11

#### WHAT KIND OF WINDS ARE BLOWING IN YOUR LIFE?

Winds of change? Winds of conflict? Winds of opposition? Winds of trouble? Winds of temptation? Winds of testing?

"Put on the whole armor of God, so you're <u>able to withstand</u> in evil days, and when they're over, <u>you'll still be standing!</u>" - Ephesians 6:13

### HOW TO WITHSTAND THE WINDS OF LIFE

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1.	STAY	TO MY SPIRITUAL FAMILY			
		ch gifted apostles, prophets, evangelists, pastors and			
	teachers, to equip God's	people for <u>their work of service</u> , so that we, in the body			
	of Christ, may be <u>BUILT UP</u> together until we're all <u>unified</u> in our faith and				
become fully mature and grown up in thinking like Christ. Then we'll no longer					
babies, tossed back and forth, and BLOWN here and there by every SHIFTI					
	WIND OF TEACHING from	om deceptive people who lead you into error <u>with lies</u>			
	they make sound like the	truth." - Ephesians 4:11–14			
2. PUT INTO PRACTICE EVERYTHING I					
	Jesus: "Everyone who h	nears these words of mine AND <u>PUTS THEM INTC</u>			
	PRACTICE is like the wi	ise man who built his house on a solid rock. The rair			
	came down, and the wa	nter rose, and <u>THE WINDS BLEW HARD</u> and BEAT			
	AGAINST that house; ye	t it did not fall! Why? Because it had its foundation or			
	the rock."	- Matthew 7:24-25 (NIV)			

"Now that you KNOW these things, you will be blessed if you DO them!"

- John 13:17 (NIV)

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"Those who <u>look intently</u> into God's perfect Word that gives us freedom, and <u>continue to do this</u>, and <u>remember what they've heard</u>, and <u>then DO it</u> – they are the ones who will be blessed in what they do."

- James 1:25

3.	"Suddenly, without any warning, a vio waves swept over the boat and threate So the frantic disciples woke him up going to drown!' Jesus replied, 'Why ar Then he simply spoke to the winds completely calm. The men were amar man is this? Even the winds and wave	elent wind hit the lake, ened to sink it. But Jesu shouting, 'Lord, you me you so frightened? You and the waves, and to zed and asked themse	us kept on sleeping. ust save us! We're our faith is so small!' everything became
4.	"Another evening, the disciples were and Jesus was alone on land. But Jesu hard with their oars, because the wind walk out to them on the lake "  "Peter said, 'Lord, if it's really you, tell a said, 'Come on!' So Peter jumped out to toward Jesus! But when Peter looked at to sink. So he cried out, 'Lord, save me and caught Peter. 'Why did you doubt into the boat, the wind stopped. Then they you are the Son of God!"  "After they took Jesus into their boat they'd been trying to head for on the semination."	out in their boat in the us saw his disciples we d was against them. So me to come to you on the of the boat and started we to the wind, he became at the wind, he became at those in the boat worsh those in the boat worsh, they were able to reacher."	re in trouble rowing o Jesus decided to - Mark 6:47–48 ne water!' So Jesus valking on the water afraid and he began eached out his hand they climbed back niped Jesus saying, Matthew 14:28–33

1.connected 2. learn 3. great 4. cares

# SADDLEBACK NOTES

# 抵擋人生的暴風

建立更美好的人生 - 第三部 華理克牧師 24-25 April 2021

"上主吩咐以利亞説:「站出來,看我藉着風對山嶺所行的事。」以利亞就觀看上主 發出猛烈的暴風吹襲這山。這風來勢洶洶,劈山碎石,一切都四分五裂,支離破碎 - 列干紀上 19:11 (意譯) 7 0 "

### 你生命中刮着怎樣的暴風?

改變的暴風?衝突的暴風? 反對的暴風?煩惱的暴風? 試探的暴風?試煉的暴風?

"因此,你們要穿戴上帝的全副盔甲,好在邪惡的世代抵擋敵人;這樣,直到爭戰完 結你們還能夠站立得穩。" -以弗所書 6:13 (新普及譯本)

### 如何抵擋人生的暴風

#### 1. 要與我的屬靈家庭保持

"上帝賜給教會充滿恩賜的使徒、先知、傳福音的人、牧師和教師,來裝備上帝 的子民去服事,好讓我們在基督的身體裏一同被建立,直至我們在信心上合而為 一,…得以長大成熟,有基督的心思意念。那時,我們就不會再是嬰孩,被詭詐 之人教導的不定向風吹得飄來蕩去,這些人以聽似真理的謊言矇騙我們。"

- 以弗所書 4:11-14 (新普及譯本/意譯)

#### 2. 將我 的一切付諸實踐

耶穌:"凡聽了我這些話又遵行的人,就像一個聰明人把房子建在磐石上;雨水 降下,河水湧來,大風颳起,沖擊那房子,房子也不倒塌,因為根基立在磐石 Fo" - 馬太福音 7:24-25 (新漢語譯本)

"你們既然知道這些事,若是實行就有福了。" - 約翰福音 13:17 (新漢語譯本)

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"人詳細察看上帝那完全的、使人自由的話語,而且持之以恆,緊記他們所聽 到的,然後身體力行,這樣的人在他所做的事上必定蒙福。"

- 雅各書 1:25 (新漢語譯本/意譯)

### 3. 將焦點轉到上帝的

"忽然,毫無預兆之下,湖上起了猛烈的風暴,大浪打進了船艙,快要令它沉 沒了,耶穌卻仍在睡覺。門徒急忙叫醒祂,喊着説:「主啊,救救我們!我們 快要淹死了!」耶穌對他們說:「你們為甚麼害怕呢?你們的信心太小了!」 説着他便起來喝斤風浪,風浪突然就平靜了下來。門徒萬分吃驚地問:「這人 到底是誰?連風浪都服從他! 1" - 馬太福音 8:24-27 (新普及譯本/意譯)

#### 4. 提醒自己,耶穌有多

"那天深夜,門徒的船在湖中心,耶穌獨自留在岸上。他看見門徒遇上了很大 的麻煩,在逆風中吃力地搖櫓,與風浪在搏鬥…耶穌從水面上向門徒走去...." - 馬可福音 6:47-48 (新普及譯本)

"彼得説:「主啊,如果是你,就吩咐我在水面上走到你那裏去。」耶穌説: 「你來吧。」彼得就從船上下來,在水面上行走,向着耶穌走去。可是,他見 風勢猛烈,就害怕起來;他開始往下沉,就喊叫説:「主啊,救我!」耶穌立 刻伸手抓住他,説:「…為甚麼懷疑呢?」他們上了船,風就止住了。船上的 人都跪拜耶穌,説:「你真是神的兒子啊!」"

- 馬太福音 14:28-33 (新漢語譯本)

"他們這才把他接上船,船就立刻到了他們要去的地方。"

- 約翰福音 6:21 (新譯本)

"你用風作你的使者..."

- 詩篇 104:4 (新譯本)

1. 連繫 2. 所學 3. 偉大 4. 關心