

Personal Mantras

- ① om DHEEM
- ② om KLEEM
- ③ om RAM
- ④ om RAM RAMAM
- ⑤ om RAM RAKSHA
- ⑥ om HIREEM
- ⑦ om HESRIEM
- ⑧ om NAM RAKSHA
- ⑨ om KLEEM DHEEM RAKSHA
- ⑩ om KLUUM RAKSHA
- ⑪ om KLUUM
- ⑫ om RAM KLUUM
- ⑬ om DHEEM KLUUM
- ⑭ om RAM DHEEM NAM RAKSHA

Personal Mantras

Diksha: Choose one of the personal mantras from the list. Never repeat it to anyone. Anyone practicing these channels should have at least one personal mantra. Can have up to three.

Swami's Comments: Your personal mantra is a personal key. When you start to give healings, you don't need to chant hundreds of prayers. Chanting your personal mantra works and covers everything.

The personal mantra is usually below five words. The personal mantra is a very, very, very serious and important. You can never say it aloud or tell it to anybody. If you tell it to anybody else, forget it, it never works. You have to pick up another one. When you're chanting, don't give a chance for anybody to hear your personal mantra. Even if somebody just hears your personal mantra, they're not even interested in taking it; still your energy goes to them. All your meditation power is transferred to them. Your personal mantra has that much huge capability.