PROTOCOL   Limiting behaviors and ancestral resolution

1. Determine precisely what you need to work on related to P's behvioral disorders.

2. Determine the color corresponding to this particular disorder : pay a particular attention to details, the nuances, the intensity, etc. P can also choose an object or a music/song to represent his disorder.

3. Segmenting :   - this color is a mix of what ?

    - This object : how can we segment it ? For example : a car has tires, powersteering, engine, etc.

    - This music/song is a mix of what ? low notes, high notes, loud, muffled, etc.

4 Face **the ancestors** : on the exhale, throw all these elements and observe where each of them falls down.

5 **Let the ancestors meet each other and communicate**. Sometimes a mediator is needed. Let the ancestors at a distance and let them communicate between them, without listen to them, nor looking at them, far away from you and from inside your body. They can communicate as long as they want : 10, 20, 50 years… [why are these memories inside me ? because my ancestors where unable to talk with each other. So let them discuss and say anything they want. They are together and each of them is going to talk about himself.]

6 Once every one has been heard by all the others, they can come back close to P and each bring a piece of the new gift that will constitute the **big gift**.

7 **P integrates this gift** in the place in his body, his life, where the problem was.