

DRAWINGS

Description - The facilitator spreads markers, crayons, or colored pencils across the floor. The facilitator then asks the children to draw a picture that will illustrate themselves and their family. The instructions should be specific.

For example, the facilitator may suggest that the children draw a picture of when they felt scared or angry. After the drawings are completed, the facilitator then asks someone to share their drawing. (The facilitator should not analyze any of the pictures.)

The facilitator lets the children know that their feelings are okay and may be shared with people they trust.