# The Holy Spirit and His Power Within







- Who Is The Holy Spirit?
- The Ministry of the Holy Spirit
  What This Means for You
- His Power Within
- The Holy Spirit's Power Through
- Meditation





### Who Is The Holy Spirit?



We are introduced to the Holy Spirit, or Spirit of God in Genesis 1:2

In the beginning God created the heaven and the earth.
And the earth was without form, and void; and darkness was upon the face of the deep. And the Spirit of God moved upon the face of the waters.

Genesis 1:1-2

The Holy Spirit is God Himself. He is referred to as the third person of the Trinity. The 'Trinity' is the terminology used to describe our 'three-in-one' God - God the Father, God the Son and God the Holy Spirit.

And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth. Genesis 1:26



The 'our' in that verse refers to the three beings in one God, performing different functions - God the Father is the Supreme God. Jesus is His only begotten Son who later was sent by the Father to die on the cross and save our sins. The Holy Spirit is the Spirit of God.

Note as well the verse says 'our image' and not 'our images', indicating clearly that this is a Triune, or three-in-one God.

The Holy Spirit is not an 'it' or a 'force' as some would falsely state. We see this a number of times throughout Scripture, especially through Jesus' teachings.

But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you. John 14:26

The verse says 'he', not 'it' shall teach you all things. The Holy Spirit is a person.



### The Ministry of the Holy Spirit





In the Old Testament, prior to Jesus' coming to earth, the Holy Spirit performed what is termed the 'upon ministry'. At that time, He came upon particular individuals for a particular time or mission.

#### Samson

And the woman bare a son, and called his name Samson: and the child grew, and the Lord blessed him. And the Spirit of the Lord began to move him at times in the camp of Dan between Zorah and Eshtaol. Judges 13:24-25

#### **David**

Then Samuel took the horn of oil, and anointed him in the midst of his brethren: and the Spirit of the Lord came upon David from that day forward. So Samuel rose up, and went to Ramah. 1 Samuel 16:13

In the New Testament when Jesus came to the earth, He told His disciples the Holy Spirit will come to dwell in the hearts of those who believe. This is referred to as the anointing. It would mean full access to the Holy Spirit and all He is to us.



And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever; Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

John 14:16-17

He has been sent to teach, comfort, counsel and empower us. Christ dying on the cross meant there was no more need for sacrificing animals because we have direct access to the Father through Jesus Christ who communicates to us by His Spirit. This is who we are in Christ.

I have yet many things to say unto you, but ye cannot bear them now. Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will shew you things to come. He shall glorify me: for he shall receive of mine, and shall shew it unto you. John 16:12-14

The Holy Spirit prays for us, making intercession according to the will of God.



25 But if we hope for that we see not, then do we with patience wait for it.

26 Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered.

27 And he that searcheth the hearts knoweth what is the mind of the Spirit, because he maketh intercession for the saints according to the will of God.

Romans 8:25-27



### What This Means For You





Jesus' ministry on earth was for a particular time. He is no longer on earth as a human for us to continually go to visit and listen to Him. Imagine having to take a flight to go and see Jesus. No. He made a way for free access any day any time about anything.

The Holy Spirit was sent by the Father through Jesus Christ, to guide you into all truth. At the point of salvation, having accepted Jesus into your heart, the Holy Spirit comes and lives inside you, as one of His. Jesus then speaks to you through His Holy Spirit.

These things have I spoken unto you, being yet present with you. But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.

John 14:26



I have yet many things to say unto you, but ye cannot bear them now. Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will shew you things to come. He shall glorify me: for he shall receive of mine, and shall shew it unto you.

From these verses we see the Holy Spirit: guides us into all truth speaks to us that which He hears shows us things to come shows us what He receives from Jesus for us

The Holy Spirit's dwelling in you never expires! He is with you for all time. You are sealed unto the day of redemption.

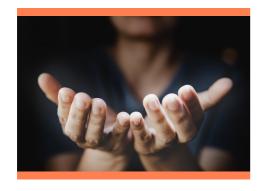
And grieve not the holy Spirit of God, whereby ye are sealed unto the day of redemption. Ephesians 4:30

Now he which stablisheth us with you in Christ, and hath anointed us, is God; Who hath also sealed us, and given the earnest of the Spirit in our hearts. 2 Corinthians 1:21-22

The Holy Ghost is sent to teach and remind you of all things. He gives this to us freely.

Now we have received, not the spirit of the world, but the spirit which is of God; that we might know the things that are freely given to us of God. 1 Corinthians 2:12





#### **His Power Within**



Jesus performed many miracles while on earth including healing the blind, making the lame to walk and resurrecting the dead.

He told His disciples that anyone who believes in Him will also have this ability to perform these and even greater miracles!

Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father. John 14:12

And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son. If ye shall ask any thing in my name, I will do it. John 14:13-14

But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judaea, and in Samaria, and unto the uttermost part of the earth. Acts 1:8

KNOWING and LIVING these concepts are however very different ways. It all begins in the mind. Believe God at His Word for His power in your life.





## The Holy Spirit's Power Through Meditation



What you know versus what you live and believe is played out in your life.

Meditating on God's Word and listening to the voice of His Holy Spirit is POWER because He IS power!

1 Cor 2:9-16 9 But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him. 10 But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God. 11 For what man knoweth the things of a man, save the spirit of man which is in him? even so the things of God knoweth no man, but the Spirit of God. 12 Now we have received, not the spirit of the world, but the spirit which is of God: that we might know the things that are freely given to us of God. 13 Which things also we speak, not in the words which man's wisdom teacheth, but which the Holy Ghost teacheth; comparing spiritual things with spiritual. 14 But the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know them, because they are spiritually discerned. 15 But he that is spiritual judgeth all things, yet he himself is judged of no man. 16 For who hath known the mind of the Lord, that he may instruct him? but we have the mind of Christ.



Conclusions from this passage:

- No eye nor ear has seen or heard what God REALLY has for us who love Him
- God WANTS to reveal deep things to us
- He reveals these deep things to us by HIS SPIRIT
- He gives these deep things to us FREELY It is impossible to know them by our natural minds We can ONLY know these deep things by His Spirit - they are 'spiritually discerned' We have the mind of Christ

We gain access to the deep things, access to His power, through spending time meditating on God's Word, void of distraction with the ability to focus on what He has to say and show to us.

The same Holy Spirit that raised Jesus is the same Spirit inside of us. We have this power! But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you. Romans 8:11

As Dr. Tony Evans so aptly puts it, the Holy Spirit communicates with our spirits, which communicates with our souls, which then tell our bodies what to do.

The information we receive through time with God in devotions, prayer and meditation is processed in our brains.



Our choices determine what we do with this information and the actions we take.

We gain understanding and wisdom through the Holy Spirit and what He says to our spirits. Jesus communicates to our spirits us through His Holy Spirit. This is how we gain the mind of Christ.

Through this communication to our brains, we receive God's wisdom. We then apply this wisdom through continued belief and action.

As we learned earlier in the course, tasks performed consistently over a 90-day period, forms a neural pathway in the brain and a habit is formed.

Therefore, when the Word says in Luke 1:37 that with God nothing shall be impossible, we must believe and form habits to make things possible with Him in our lives.

Armed with the knowledge of brain function, we must instruct our brains, through meditation, to form beliefs and habits that will make things possible through Christ. Things will not just fall into our laps! We must work through faith.



We read the Word The anointing, the Holy Our spirit We take the decision to For with God nothing Spirit communicates communicates this believe, in Christ shall be impossible this with our spirit from wisdom to our souls Luke 1:37 Christ We train our brains Application develops through consistent into a routine, for eg We apply this wisdom writing down a vision patterns of meditation by deciding to form a routine to make it on this Word and and making a plan with possible writing down what the the Holy Spirit, Holy Spirit says. continually seeking Him. Our actions become a habit and that which A neural pathway is seemed impossible formed over 90 days becomes possible with Christ!



#### **Module 4 Activities**



- Hearing God's Voice
  - Look at the concept of hearing God's voice for your life
- The Power Within
  - Questions for introspection for believing on the power within
- Benefits of The Power Within
  - Look at the benefits to accessing the power inside you
- The Holy Spirit's Power Through His People
  - A Bible study on the Spirit's power at work

