## Survivor Stories: Annette's Advice - Seek Out Second and Third Opinions

That's what I try to say to them. You may be confident in the treatment that's being offered by the Cancer Agency. That's great, but there's so many other aspects to treating your cancer besides just the chemotherapy. Even if you don't follow his path of treatment, or maybe he says, "yep that's the best we can do for this." That's awesome. I don't know what it is that-- and if it doesn't work you're connected sooner and you know that your Option B is right there. So that when Option A doesn't work you're prepared. Y u're ready to go into that meeting-- where they tell you, that horrible meeting that hopefully never happens. But if it does happen and they say treatment's not working, you know, okay, all right; then this is where we have these options. And mentally that's just such a game changer. Instead of going into the meeting, like we did have Stage 4 and there you go. 5% survival rate on chemo and it'd be like, great. I would say-- so that's why I recommend it, even to people who don't really think that they need anything else other than the Cancer Agency, because they do, they do.