

# *The* MOTHERWOUND *masterclass*

## SELF-PACED COURSE

*week 1: week of* \_\_\_\_\_

ACCESS

*week 2: week of* \_\_\_\_\_

AWARENESS

*week 3: week of* \_\_\_\_\_

PROCESS

*week 4: week of* \_\_\_\_\_

PROCESS

*week 5: week of* \_\_\_\_\_

REMEMBRANCE