

Creating Training Methods from Historical Sources

Section 4: The Theory

Homework

1. Doctrine: what is the core doctrine of your source? Is it defined in the source, or have you interpolated it? Make your case...
2. Strategy: can you define at least one, or better three, strategies that follow the doctrine?
3. Tactics: for each strategy, can you name at least three tactics that would lead you there?
4. Time: for each of the tactics you list in question three, can you define the timing of your actions relative to your opponent's?
5. Can you define that timing in the terminology of the system, or do you have to import terminology?
6. Measure: for each of the tactics you list in question three, can you define the measure at each stage of the action?
7. Can you define the measure using only the terminology of the system, or do you have to import terminology?
8. Postures: what positions are defined in your style?
9. How are the postures defined?
10. What are the postures for?
11. Actions: can you make a list of the hierarchy of actions in your style?
12. Can you provide an example in the source for each one?
13. Does every action in the source fit one of the categories I have listed? If not, what category is missing?
14. Can you list at least three other fencing sources that relate to yours? Place them in relation to your source, in time, geography, and content.