Thrice Burned: The Power Class Syllabus

Live Class

Dark Moon January 17-Waning Crescent Moon February 14

Hear Your Power

What happens when we consciously hear the drum song of our power?

What is possible when we have the courage to clear ancient wounds and live into our purpose?

How can we reclaim our power in a culture of avoidance, dishonesty, imbalance and acquiescence?

What is the purpose of our power, where can we place it in service to the world?

For five weeks this course weaves to reshape lineage patterns, reclaim power given away, clear the channel for our most potent work and develop a map for empowered action-transformation.

This class focuses on developing personal daily power practices though art, writing, storytelling and meditations to nourish new power pathways in our lives and in the world.

Week 1

Dark Moon January 17

*Power as Truth*

Where are you giving your power away? Who has your power? In this class we take the fire of our energy back through truth telling and agreement practice.

Week 2

Waxing Half Moon January 24

*Healing the Witch Wound*

What is the story of power in our lineage? In this class we will examine power in context of history, culture, family and self to unravel the source of power.

Week 3

Full Moon January 31

*Spiritual Sustenance and Sacred Power*

In this week we explore strategies for living power each day, claiming situations or territories to apply the potency of our birthright.

Week 4

Waning Full Moon February 7

*Power as Service*

Those who dare: This week we find channels for our power and purpose in the larger world.

Week 5

Waning Crescent February 14

*Integration: The Daring Tree of Love*

For the final class we coalesce our expressions of power into a long-term vision to reshape lineage and change our lives.