

Week 9

第九周

Abba!
My Father
(Romans
8:14-16)

阿爸!
我的父
(罗马书
八 14-16)

Spiritual Renewal (Session 1)

全人更新 (课程一)



Romans 8:14-16 罗马书八 14-16

¹⁴ For those who are led by the Spirit of God are the children of God. ¹⁵ The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, “Abba, Father.” ¹⁶ The Spirit himself testifies with our spirit that we are God’s children.

¹⁴ 因为凡被神的灵引导的，都是神的儿子。¹⁵ 你们所受的不是奴仆的心，仍旧害怕；所受的乃是儿子的心，因此我们呼叫：“阿爸！父！”¹⁶ 圣灵与我们的心同证我们是神的儿女。



Introduction 引言

- **Story: Testify that we are children of God.**

故事：同证我们是上帝的儿女。

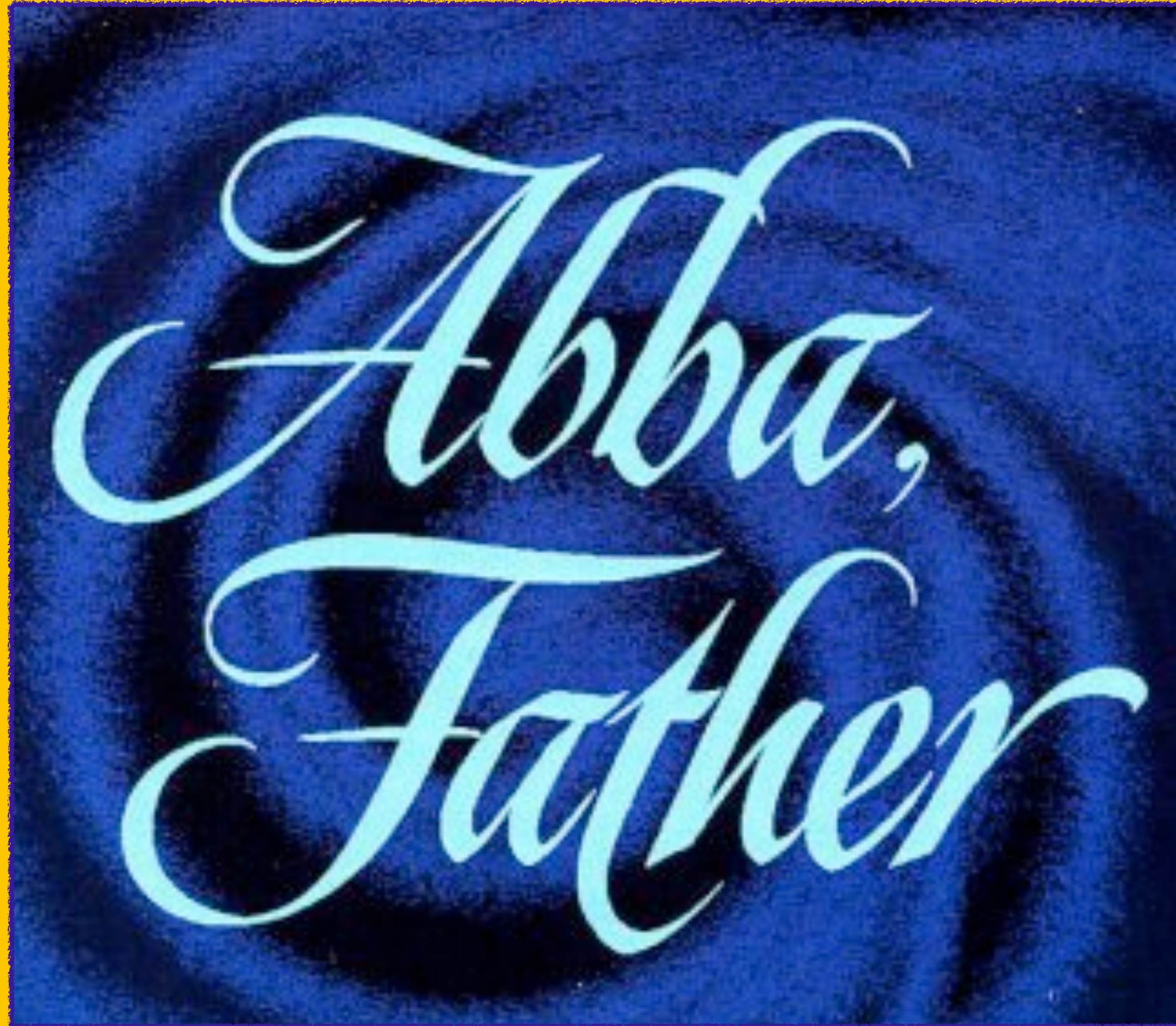
- **Purpose 课程目标**

- **Preface 前言提要**



Abba! My Father

阿爸! 我的父



Four things regarding Abba Father

关于阿爸父的四件事

1. Knowing my physical father

一、认识我肉身的父亲

2. Knowing my new identity - Heavenly Father's Child

二、认识我的新身份-天父的孩子

3. Knowing Heavenly Father's Love

三、认识天父的爱

4. How to receive the love of Heavenly Father?

四、如何领受天父的爱?

Abba! My Father 阿爸! 我的父

1. Knowing my physical father

一、认识我肉身的父亲

1. God created father to bless future generations (parenting; love; role model)

上帝创造父亲为要带给 后代祝福 (养育; 爱护; 榜样)

(Genesis 创世纪 26: 24; Hebrews 希伯来书 11: 20-22)

2. The physical father is not perfect

肉身 的父亲并不完美

(Romans 罗马书 3: 10; Ephesians 以弗所书 4: 18)

3. Negative image father may affect children

负面形象父亲对儿女可能造成的影响

3. Negative image father may affect children
负面形象父亲对儿女可能造成的影响



Abba! My Father 阿爸! 我的父

2. Knowing my new identity - Heavenly Father's Child

二、认识我的新身份-天父的孩子

1. Become Heavenly Father's precious one

成为天父的 宝贝

(John 1:12 约翰福音 1: 12; 2 Corinthians 6:18 哥林多后书 6: 18)

2. Honorable and holy children

是 尊贵圣洁 的儿女

(1 Peter 2:9 彼得前书 2: 9)

3. Be loved by God

是蒙上帝 所爱 的人

(Jeremiah 31:3 耶利米书 31: 3; Colossians 3:12 歌罗西书 3:12)



Abba! My Father 阿爸! 我的父

3. Knowing Heavenly Father's Love (Luke 15:11-24)

三、认识天父的爱 (路加福音十五 11-24)

1. Father chooses me because he loves me

天父因为爱我而 拣选 我

(Isaiah 49:1b 以赛亚书四十九 1b)

2. Heavenly Father bears my burden because he loves me

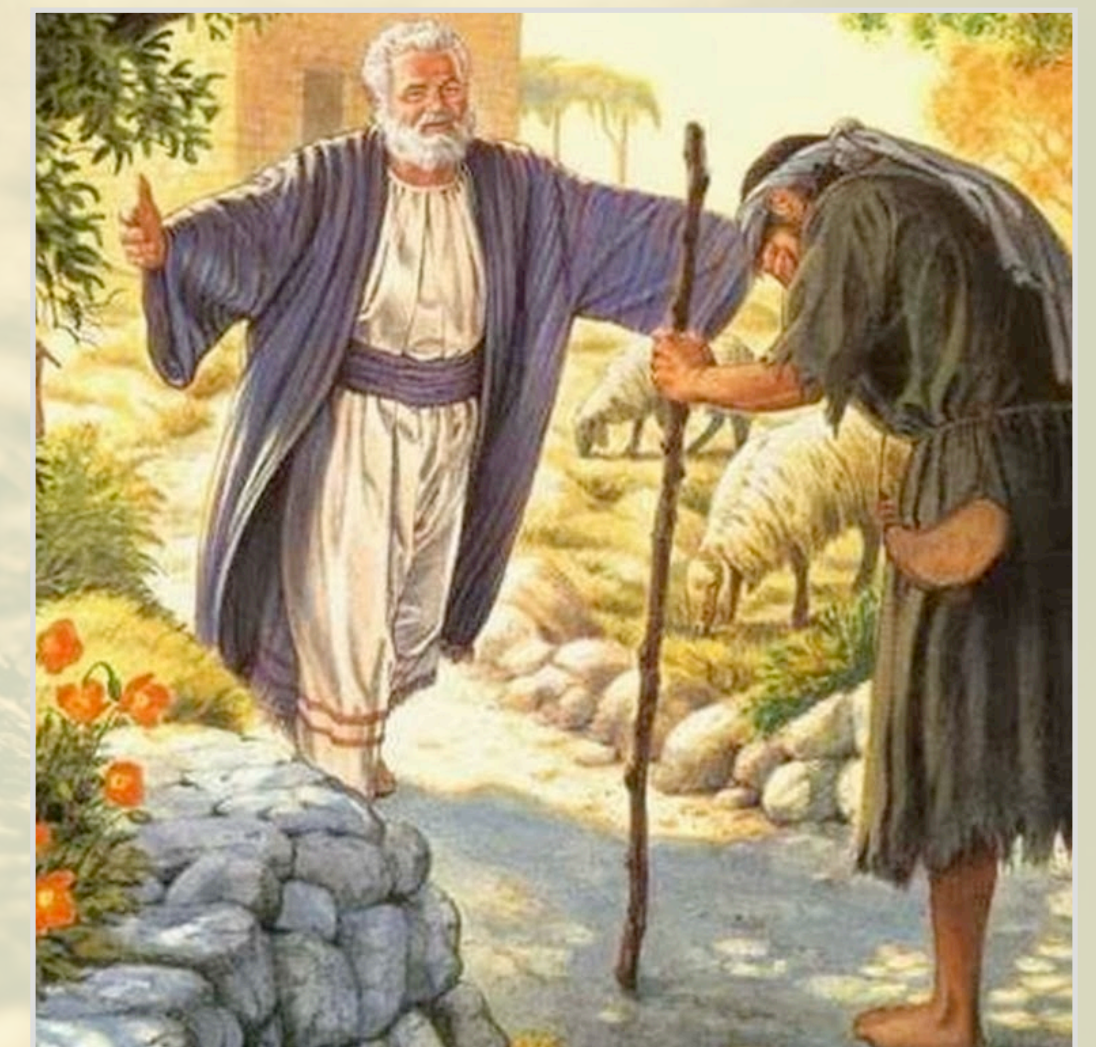
天父因为爱我而 背负 我的重担

(Matthew 11:28 马太福音十一 28)

3. Heavenly Father leads and protects me because he loves me

天父因为爱我而 引导保护 我

(Psalms 23:4 诗篇二十三 4)



Abba! My Father 阿爸! 我的父

3. Knowing Heavenly Father's Love (Luke 15:11-24)

三、认识天父的爱 (路加福音十五 11-24)

4. Heavenly Father understands and comforts me because he loves me

天父因为爱我而了解 安慰 我

(Psalms 139:1-5 诗篇一三九 1-5)



5. Heavenly Father accepts me forever because he loves me

天父因为爱我而 永远接纳 我

(Jeremiah 13:23 耶利米书十三 23; Psalms 32:5

诗篇三十二 5)

Abba! My Father 阿爸! 我的父

4. How to receive the love of Heavenly Father?

四、如何领受天父的爱?

1. Confess and Repent

认罪 悔改

(1 John 1:9 约翰一书一 9)

2. Receive with pure faith

以单纯的 信心 领受

(Romans 4:20-21 罗马书四 20-21)

3. Keep professing

不断的 宣告

(2 Corinthians 4:13 哥林多后书四 13)



Abba! My Father 阿爸! 我的父

4. How to receive the love of Heavenly Father?

四、如何领受天父的爱?

4. Obey the Word of God

遵行 上帝的道

(John 14:21 约翰福音十四 21)

5. Targeted Prayer

标靶式 祷告

(Mark 10:51 马可福音十 51; Colossians 3:13 歌罗西书三 13)



Small Group Discussion:

小组讨论:



1. How does your relationship with your father affect your life? (You can also share your mother or caregiver) 你跟父亲的关系对你的人生有何影响? (也可以分享母亲或是养育者)
2. What touches you most about Father's love? 天父的爱让你最感动的部分是什么?
3. After this lesson, how do you decide to respond to the love of Heavenly Father? 上完这一课, 你决定如何来回应天父的爱呢?

