## PAINTING with COLOR \& FEELING

## BASIC MATERIALS FOR ACRYLIC PAINTING

## ANNE $\overline{0} B R E N$ GÖNZALES <br> ARIE IEAC-ER WHIIER

The following list includes basic materials needed to begin expressive acrylic painting.
Spiral Sketchbook-8イ2" $\times 111(22 \mathrm{~m} \times 28 \mathrm{~cm}) \&$ favorite pens
Spray Bottle

## Acrylic Paints

I recommend starting with a warm and a cool of each of the primary colors (red, yellow, blue) plus Titanium White. As you continue to paint you will no doubt find personal favorite colors to add to your palette. It's important to start painting with heavy body professional grade acrylic paint for best results - stay away from "student grade" paint. I always paint with Golden Professional Acrylic paints and I highly recommend them for best results.

- Titanium White-large tube
- Cadmium Yellow Medium or Hansa Yellow Medium (warm yellow)
- Cadmium Yellow Light or Hansa Yellow Light (cool yellow)
- Ultramarine Blue (warm blue)
- Phthalo Blue Green Shade (cool blue)
- Cadmium Red Medium or Napthol Red Light (warm red)
- Quinacridone Magenta (cool red)
- optional: Buff Titanium, Ivory Black


## Acrylic Painting Medium

- small jar of fluid matte medium


## Brushes

- bristle "bright" shaped brushes, 1 ", $1 / 2$ ", $1 / 4$ " (floppy watercolor brushes DO NOT WORK for acrylic painting-watch the "Floppy Brush" video to see why-get some stiff acrylic brushes!) I use Silver Brushes exclusively because the hold up well to acrylic painting. My favorites are the Silver Sherpa and Silver Bristlon.


## Canvases and/or Panels

- Canvases, canvas panels, or Gessobord panels in size of your choice (I like to use at least a $20 \times 20$ square or $16 \times 20$ for still life/florals.)


## Other

- disposable palette sheets or roll of parchment paper and masking tape
- paper towels or rags
- water container
- apron or painting shirt-(acrylic paint is difficult to wash out of clothing)


## Color Wheel

I suggest that all artists buy and keep a small commercial color wheel nearby when you are learning to mix color.
*note: Create your own color wheel and color chart from the particular paint colors you purchase-check out my Color Mixing video for instructions!

## Optional or Later on

Finishes: Fluid Acrylic Paints for glazing, Self-Leveling Gel (Golden), Polymer Varnish with UVLS or satin varnish, Cold Wax Medium (Gamblin)

