



## PaperFlow Rules of the In-Tray

(place this sheet on the bottom of your **In-tray** and in your **Ready Reference** file)

1. **Start** with a **fresh, clean, empty** in-tray
2. Place a **reward** on the bottom of your in-tray  
**TEST: you must smile every time you see your reward**  
→ use a photo of family or places, money, an inspirational quote or whatever you fancy!
3. **Date stamp** everything that comes into your in-tray  
→ use the top right hand corner location
4. **Attend** to your in-tray **at least once a week at a minimum**, of course you can empty your in-tray more often  
→ write YOUR day(s) here:
5. When you attend to your in-tray you must **start at the top**  
→ if item is a bill, **circle, underline or highlight** the following **amount due, date due, account number, payment details**.  
→ if item is not a bill, **circle, underline or highlight** all important information eg appointment time and location.  
→ if item has more than one page **staple pages together**.
6. Once you attend to an item  
→ **it can never go back** into the in-tray.  
→ **ask the critical question** “*What is the very next thing I must do with you?*”  
→ **it must move forward** to the next station in the system based on the answer.
7. You can **stop** at any time  
→ but **you must deal with everything you have touched**
8. **Integrate your old piles by adding items a few at a time into your in-tray** and **pretend** they just came in  
→ Drip Feed by adding 8 items a day = 2920 items per year.  
→ **or** Super Sort. Use 8 minutes power bursts to whittle down your piles forever.

**Follow the Paper Flow rules of the in-tray and you will eliminate your piles and be in charge of your files in no time!**