

Daily Routines

Questions

Match the statements with the correct person.

1. I go to bed very early.
2. My dog loves travelling by car.
3. I eat a packed lunch.
4. I get up late.
5. I'm a vegetarian.
6. I'm a painter and decorator.
7. I grind my own coffee beans.
8. I eat leftovers for dinner.
9. I teach science.
10. I work with my father.
11. I go to the gym.
12. I go to the pub in the evenings.
13. I wear a suit and tie to work.
14. I'm retired.
15. I run in the mornings.
16. I get up at 6:00 or 6:30.
17. I play guitar and sing.
18. I read before bed.



check my emails keen on retired suit
naughty meetings kettle tools
marking leftovers

1. I cook dinner at night and take theto work the next day.
2. John forgot his so he couldn't paint the house that day.
3. Teachers have to do a lot of
4. A is really useful for boiling water.
5. My parents were English teachers but now they are
6. I am really Spanish cuisine.
7. At work, I need two hours every day to
8. I have so many that it is difficult to work.
9. Normally, in the UK, a man gets married in a
10. When the kids are their parents get annoyed with them.

Phillip: Welcome to Cambridge, the quintessential British university city.

Today we're going to talk to the local people and ask them about their daily routines. There goes one. She looks nice, let's ask her. So, what's your morning routine?

Lucy: I wake up. I turn off my alarm clock.

Peter: I'd say around 5:30, well, recently I've been waking up at 5:30.

Mary: I get up in the morning quite late because I'm now old and retired.

Tara: At around 6 o'clock or 6:30.

Matthew: On a Monday, I would wake up about 6 o'clock in the morning.

Phillip: Do you snooze?

Peter: Usually, but because I work with my dad he's usually throwing me out my bed.

Tara: Like I get up within 10 minutes.

Phillip: Yeah.

Tara: Yeah, of the alarm going off, yeah.

Phillip: And what do you do after you get up?

Lucy: I brush my teeth, have some cereal.

Matthew: Go downstairs, I grind my own coffee beans and then make a coffee. Obviously you have to boil the kettle first, get the water from the tap.

Mary: The first cup of coffee in the morning is very important.

Peter: I get up, go downstairs, eat some cereal.

Tara: I have a shower, and then I will go to Lourdes morning prayer at a chapel.

Mary: Then I take my little dog for a walk round the block.

Matthew: And then I go for a run in the morning. When I get home from my run, I'll have a quick shower. I get ready for work, put my suit on, get a tie that matches the shirt colour because otherwise I'll look very silly.

Peter: Just get ready for work. Because I'm a decorator, painter and decorator, we have to load up the van with tools, you know all the painting stuff. So, get in the van, go to work.

Lucy: Check my emails, do some work. Then I'll have my lunch. Go to the gym. If I'm at home, I'll take my dog for a walk.

Phillip: Interesting... Anything else?

Tara: Then I go to, I either will go back home and study or I'll go to the library.

Mary: Then it's mid-morning so that's coffee time again. So, that's two cups of coffee.

Matthew: Driving to school. I'm a science teacher. I teach mainly chemistry. So I normally have five lessons a day teaching students from eleven-year-olds to sixteen-year-olds a range of biology, chemistry and physics.

Mary: And then a little bit of housework.

Phillip: And what do you do at lunchtime?

Tara: Around lunchtime I go to a cafe. Have a coffee and a toasty or something like that. And then go back do a bit more working. Maybe tutor, I'm a tutor as well so I might tutor someone for an hour.

Peter: Usually take our own lunch, just small packed lunch and about 20 minutes, quite a short lunch break and so not too long. But lunch is always a good time of the day,. Everyone loves lunch.

Mary: Generally come into town and have a little walk around and, you know, take the dog out in the car because she loves the car, she likes to go for a ride. And then after that I guess it's tea time at home. We seem to spend a lot of time drinking tea or coffee.

Phillip: And what do you do in the evening?

Matthew : — the day on a Monday. We always have a meeting which is normally really boring, where all the teachers talk about how naughty the children are and how bad they are at learning science.

Tara: Well, probably, go to the pub in the evening.

Phillip: Yeah.

Tara: And you know after dinner, hopefully.

Phillip: Yeah.

Tara: And meet up with some friends, and then maybe go to the cinema.

Phillip: Do you make phone calls during the day?

Mary: No, only in the evening because the days are kind of taken up with odds and ends, but in the evening I speak to my particular friends, my brother.

Lucy: And then in the evening I will make my dinner, read a book and go to bed.

Peter: After work, I usually go home. I help run a youth group on a Monday. So, I usually go there. Play some games, I play guitar and sing.

Phillip: Do you check your emails often?

Mary: I check my emails, that's an evening job as well. Not particularly keen on the computer.

Phillip: And what about dinner?

Tara: So, I'm vegetarian. So, I usually will cook something like a vegetarian Bolognese or yeah, well, I suppose something something like that. I'm getting into Ottolenghi recipes at the moment.

Phillip: Ottolenghi? What's that?

Tara: He's an Israeli, an Israeli chef.

Phillip: Oh, really? Okay. Yeah, yeah, very cool. Great.

Mary: I cook because my husband cannot cook. He's not very good even at eggs. So yeah, I'm the head cook and bottle washer.

Phillip: Okay.

Mary: The last thing at night is just let the little doggie out so she can make peepee.

Matthew : Then I come home, I would make dinner for my wife. Maybe watch a bit of TV and then because I'm a teacher I'm very tired, mark some books and then go to bed early probably about 9:30 in the evening.

Lucy: I normally cook or I'll make something for lunch and then have the leftovers for dinner.

Phillip: Okay, so now it's time to test your English. Can you answer these questions? What does she do?

Mary: Because I'm now old and retired.

Phillip: What?

Mary: So I'm now old and retired.

Phillip: Did you get it? She's retired? Question two; what's special about his coffee?

Matthew: I grind my own coffee beans.

Phillip: Let's listen again.

Matthew : I grind my own coffee beans. I grind my own coffee beans.

Phillip: Did you get it? He grinds his own coffee beans. Very fancy. Next question. What does he do for a living?

Peter: Because I'm a decorator, painter and decorator.

Phillip: Let's listen again.

Peter: Because I'm a decorator, painter and decorator. Because I'm a decorator, painter and decorator.

Phillip: Did you get it? He's a painter and decorator. Next question; What does she have for dinner?

Lucy: I'll make something for lunch, and then have the leftovers for dinner.

Phillip: Listen again.

Lucy: I'll make something for lunch, and then have the leftovers for dinner.

Phillip: Did you get it? The leftovers from lunch. Ooh...

Lucy: I'll make something for lunch and then have the leftovers for dinner.

Phillip: Next question; What is important about his tie?

Matthew : Suit on, get a tie that matches the shirt colour because otherwise I'll look very silly.

Phillip: Listen again.

Matthew : Put my suit on, get a tie that matches the shirt colour because otherwise I'll look very silly.

Phillip: Did you get it? He wears a tie that matches his shirt colour, otherwise he looks very silly. Next question; What does she do in the afternoon?

Mary: Then a little bit of housework.

Phillip: Listen again.

Mary: A little bit of housework.

Phillip: Did you get it? She does a little bit of housework. Next question. Why can't he stay in bed longer?

Peter: Because I work with my dad. He's usually throwing me out my bed.

Phillip: Listen again.

Peter: Because I work with my dad. He's usually throwing me out my bed.

Phillip: Did you get it? It's because he works with his dad, and he usually throws him out of his bed. It's not very nice is it? Question eight; What do they talk about in the teachers' meeting?

Matthew : All the teachers talk about how naughty the children are and how bad they are learning science.

Phillip: Listen again.

Matthew : All the teachers talk about how naughty the children are and how bad they are learning science.

Phillip: Did you get it? They talk about how naughty the students are and how bad they are at learning science. hmm. Question nine; How long has she lived in Cambridge?

Lucy: I'm new to Cambridge, so this is my second day.

Phillip: Listen again

Lucy: I'm new to Cambridge, so this is my second day.

Phillip: Did you get it? Only for two days. This is her second day. And question ten; What does he have for lunch?

Peter: We usually take our own lunch, just small packed lunch and...

Phillip: Listen again.

Peter: Usually take our own lunch. Just small packed lunch and...

Phillip: Did you get it? He takes his own packed lunch.

Mary: I can't think of anything else to say.

Phillip: That's great, no.

Isabel: That was great, thank you so much.

Phillip: Fantastic!.....What did you have for breakfast? Okay, well, thank you for speaking to us.

Lucy: No worries, my pleasure. Alright.

Key Vocabulary

quintessential - por excelencia

retired - jubilado

snooze - repetir el despertador

coffee beans - granos de café

kettle - hervidor

tap - grifo

a prayer - oración

chapel - capilla

suit - traje

to match (clothes) - combinar

tie - corbata

tools - herramientas

housework - tareas domésticas

packed lunch - bolsa del almuerzo

range - una variedad

toasty - sandwich caliente

meeting - reunión

naughty - travieso

to meet up (with friends) - quedar

keen on - gustar

to cook - cocinar

to mark - corregir

do for a living - labrarse un porvenir

to check my emails - leer el email

to take the dog out - sacar al perro

Answers

Questions

- | | | |
|-----|------|------|
| 1 c | 7 c | 13 c |
| 2 d | 8 b | 14 d |
| 3 a | 9 c | 15 c |
| 4 d | 10 a | 16 e |
| 5 e | 11 b | 17 a |
| 6 a | 12 e | 18 b |

Gap fill

- | | |
|--------------|--------------------|
| 1. leftovers | 6. keen on |
| 2. tools | 7. check my emails |
| 3. marking | 8. meetings |
| 4. kettle | 9. suit |
| 5. retired | 10. naughty |