

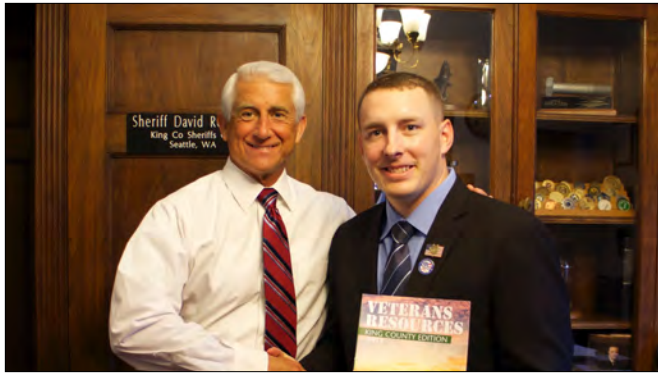
Basics Of Veteran Culture

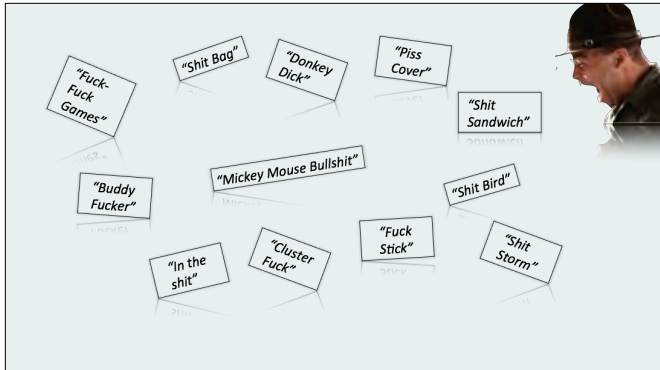
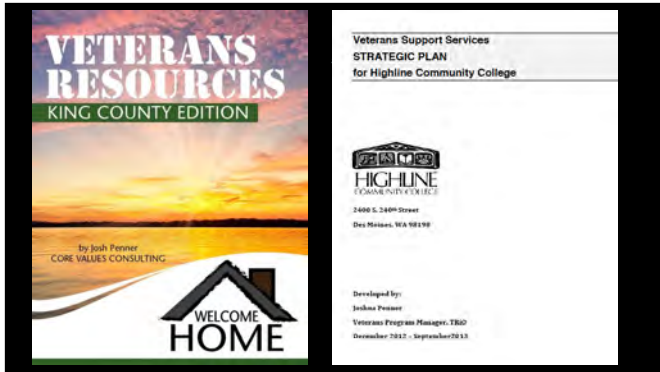
BY JOSH PENNER

A PRODUCT OF CORE VALUES CONSULTING
WWW.VETSCVC.COM



JOSH PENNER
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VETERANS ADVOCATE
VA ACCREDITED

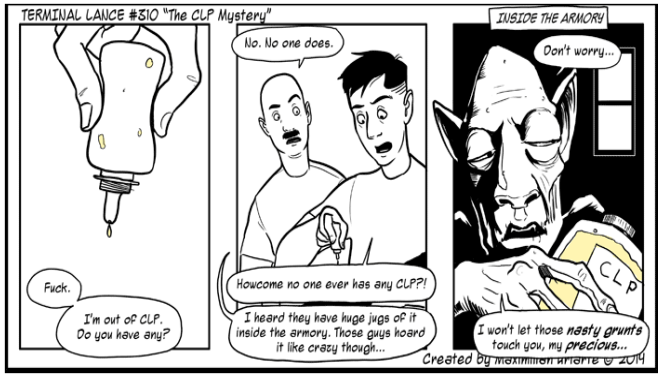


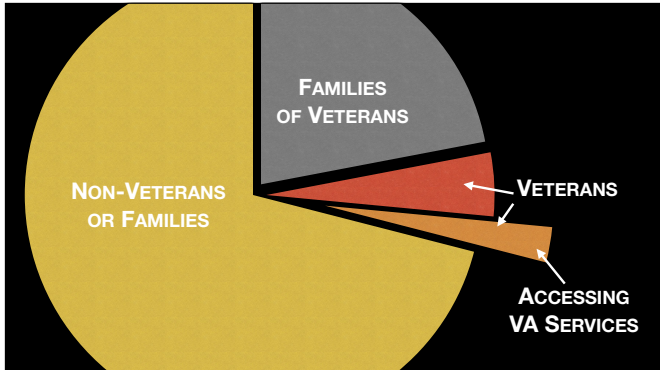
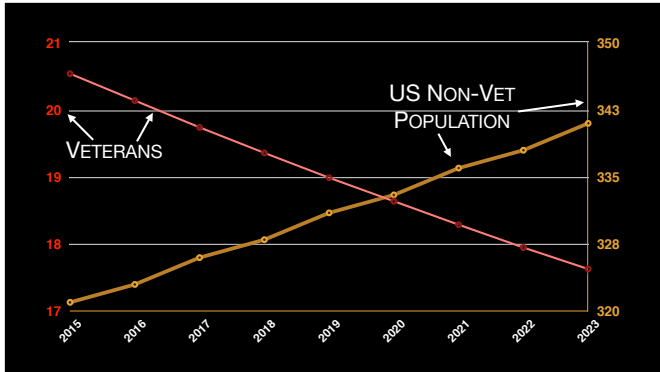


CULTURE

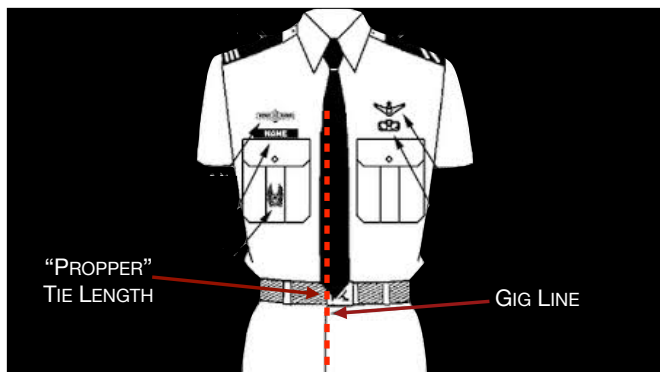
THE WAY OF LIFE FOR A SOCIETY





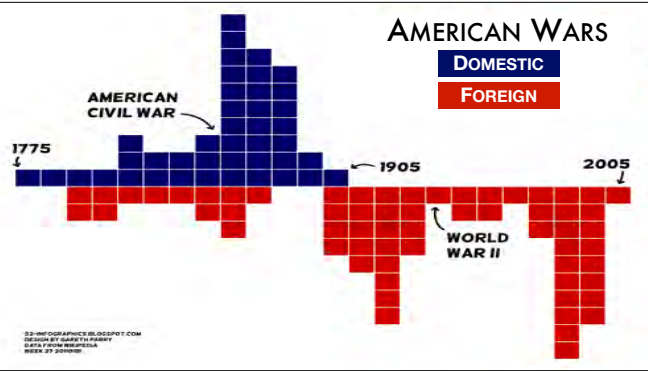






A new era of 'persistent conflict'

In the decades after the Vietnam war, the U.S. military was almost entirely focused on training for a big, unthinkable war against the Soviet Union. Other than small conflicts, the United States was largely at peace until the attacks on Sept. 11, 2001, led to the wars in Afghanistan and Iraq.







"I, Joshua Penner, do solemnly swear that I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; and that I will obey the orders of the President of the United States and the orders of the officers appointed over me, according to regulations and the Uniform Code of Military Justice. So help me God."

14 June 1775



REALIZATION

It was at that point when Timmy realized that wasn't the bus to summer camp...





ASK THEM





NEW SCHOOL

NEW CHILD

PARALLELS

NEW JOB

MARRIAGE



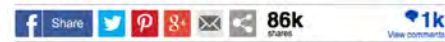


'He wasn't going to stand and watch something horrific happen': The hero Army veteran who was shot seven times as he 'charged at Oregon college shooter'

- Chris Mintz, 30, was taken to hospital following the college shooting
- Started the day by wishing his son, six, 'Happy Birthday' on Facebook
- He then headed to classes at Umpqua Community College in Roseburg
- His cousin Derek Bourgeois told DailyMail.com he charged at the shooter
- Bourgeois said he and Mintz joined the Army together after high school

By KHALEEDA RAHMAN FOR DAILYMAIL.COM

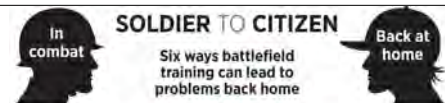
PUBLISHED: 00:36 EST, 2 October 2015 | UPDATED: 17:08 EST, 2 October 2015



A heroic student charged at the Oregon college shooter and was shot seven times as he tried to save his classmates, his family said.

Army veteran Chris Mintz, 30, was taken to hospital following the massacre at Umpqua Community College on Thursday morning.

His cousin Derek Bourgeois told DailyMail.com that Mintz faced Chris Harper-Mercer, 26, who killed at least 10 people at the school in Roseburg.



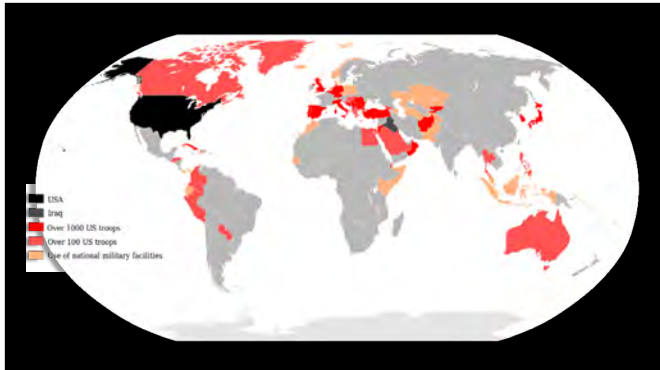
- | | | |
|--|-----------|--|
| Only talk of mission with those who need to know | can cause | avoidance in sharing deployment experiences |
| Survival depends on discipline, obeying orders | can cause | inflexible interactions that cause conflicts |
| Alcohol, used to cope, is in limited supply | can cause | excess drinking because alcohol is plentiful |
| Aggressive, split-second decisions necessary | can cause | inappropriate aggression, snapping at others |
| Survival depends on awareness of surroundings | can cause | feeling anxious from a loud noise, or in a crowd |
| Controlling emotions is critical | can cause | relationships hurt by not displaying emotions |

SOURCE: WALTER REED ARMY INSTITUTE OF RESEARCH

WK	CO	MON	TUE	WED	THU	FRI	SAT	SUN
PR		RECEIVING 	RECEIVING 	RECEIVING 	RECEIVING 	RECEIVING 	RECEIVING 	RECEIVING 
1		F-2 	FUND OF MCMAP INT GUARD II 	T-1 	T-2 	T-3 	T-4 	H-1 
2		F-6 	T-7 	T-8 	T-9 	T-10 	T-11 	H-2 
3		F-12 	F-13 	F-14 	F-15 	F-16 	F-17 	H-3 
		UNARMED REST II MARSH	ADP INSTRUCTIONAL	INITIAL ORILL ORIGINAL REGALTY	MCMAP REMEDI ABANDONING	MCMAP TESTING	PUGIL STICKS III	











embrace the suck

A man in a military uniform stands in a doorway, looking at a whiteboard. The whiteboard has handwritten text that reads: "America is not at war. The Marine Corps is at war. America is at the mall".

REVIEW

TIPS

YOU DON'T HAVE TO BE A VETERANS TO HAVE
A WORKING KNOWLEDGE OF VETERANS.

TIPS

**VETERANS IDENTIFY WITH MANY CULTURES.
USE THIS TO BUILD A RELATIONSHIP.**

TIPS

VETERANS HAVE ALL BEEN THROUGH A BASIC MILITARY TRAINING.

TIPS

VETERANS CAN BE VERY DIRECT, THIS CAN BE UNCOMFORTABLE.

TIPS

VETERANS & FAMILIES OF VETERANS MAKE UP
NEARLY 30% OF THE US POPULATION

TIPS

VETERANS ARE WHAT SERVICE MEMBERS
BECOME WHEN THEY SEPARATE.

TIPS

BE INTENTIONAL AND USE THIS CULTURAL KNOWLEDGE TO BUILD A RELATIONSHIP AND TAILOR YOUR TALKING/CONVERSATION POINTS.



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