



Inspiring and emotional interview with I AM Estelle talking about Healing and Growth through Creative Expression.

Watch Now: <https://bit.ly/IAMEstelleInterview>



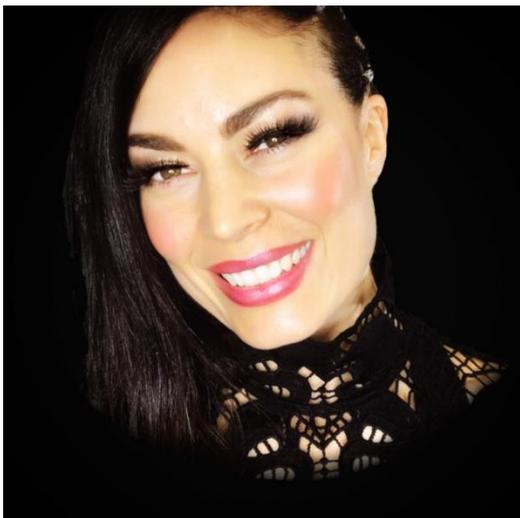
The Questions I put to Estelle were as follows:

- You are a singer, songwriter, painter, content curator. When did you first discover your creative talents?
- Do you find the creative process emotional?
- Why have you decided to use your creative talents to highlight suffering and transformation of women?
- Where do you get your creative inspiration from?
- Do you think women now have a platform to be more open with each other about our suffering and to not be held back by shame or silence?

You can view Estelle's work here and download her music;

<https://www.facebook.com/iamestelleofficial> <https://www.instagram.com/iamestelleofficial/>

<https://open.spotify.com/artist/69i4LTMWOHebVBxH9oliKT> <https://www.iamestelle.com.au/>



'I Am Estelle' is a mother of 3, singer, songwriter and visual artist. She has founded the Warrior Project which is an initiative to draw attention to issues effecting women, through the arts.

In 2021 Estelle is releasing an art piece, song and video clip each month based on a theme to spark conversation on an issue effecting women. It is her belief that by telling our stories of survival, hope and healing we are empowered and given permission to heal. Theme's including; 'Let Her Speak' in honour of Australian of the year Grace Tame, is helping to bring voice to other sexual abuse survivors.

Estelle has just released her song 'Warrior' telling of her own journey of overcoming childhood sexual abuse. You can watch 'Warrior' here.

<https://youtu.be/4qjeTVaHaT8>