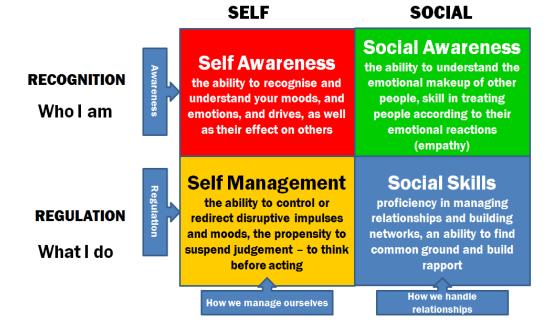
EMOTIONAL INTELLIGENCE

Emotional Intelligence (EQ) is the "something" in each of us that is a bit intangible. It affects how we manage behavior, navigate social complexities, and make personal decisions that achieve *positive results*. Emotional intelligence is your ability to recognize and understand emotions in yourself and others, and your ability to use this awareness to manage your behavior and relationships.

Emotional Intelligence

Travis Bradberry
Author, Emotional Intelligence 2.0



Expect Great Things To Happen

THE INFLUENCES OF UNCONSCIOUS BIAS

Unconscious Bias - are social stereotypes about certain groups of people that individuals form outside their own conscious awareness. Everyone holds unconscious beliefs about various social and identity groups, and these biases stem from one's tendency to organize social worlds by categorizing.

