

# Lesson 14 Assignment

## Unity and Variety

Practice using the concepts of **Unity and Variety** in your photography. Some of the techniques you can use to create this effect include:

**Repetition**

**Contrast**

**Emphasis**

**Scale and Proportion**

Using **Visual Anchors** along with **Scale and Proportion** can help keep your viewers grounded, especially when they're looking at a type of scene that's foreign to their eyes and experience. With all of these techniques, your goal is to establish the relationships and create a sense of both **contrast** and **continuity** that exists within your frame.

Another way to think about Unity and Variety is to think them in terms of **Themes and Opposites**. Themes represent Unity in your compositions, while Opposites represent the Variety.