



Trans-competency training for bodyworkers and holistic therapists

Complementary healthcare can be a lifeline for the trans community. Yet, as with traditional healthcare, there are often barriers in accessing this support. This course is designed for bodyworkers and holistic therapists, herbalists, yoga teachers and anyone else involved in complementary healthcare, to become more aware of the issues trans folk face and to make practices safer and more accessible for our community.

This unique course is written by Kes Otter Liefte, a trans woman, author and bodyworker and the director of Safer Healing. At the end of the course, participants in this course can consult directly with Kes online and build an action plan for your clinic, class or service.

Any questions? Please drop me a line: otter.liefte@gmail.com or check out www.otterliefte.com for more on my work.

Kes Otter Liefte is a working class, chronically ill, femme, trans woman. She is a facilitator and community organiser currently based in Berlin and is the author of a trilogy of trans feminist novels and several short stories, articles and zines.

Kes is a bodyworker and educator on various subjects including trans-competency.



www.otterliefte.com