

## HOW GOD CAN USE MY PAIN FOR MY GOOD

Where Is God When It Hurts? – Part 1

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- Part 1: How God Can Use Pain For My Good
- Part 2: How I Can Use Pain To Get Better
- Part 3: How to Pray When I'm In Pain
- Part 4: How to Use My Pain to Help Others

### HOW CAN GOD USE MY PAIN FOR GOOD?

#### 1. GOD USES PAIN TO \_\_\_\_\_ AND DIRECT ME

"A person may plan his own journey, but the Lord directs his steps."  
- Proverbs 16:9 (GW)

"God teaches people through suffering and uses distress to open their eyes."  
- Job 36:15 (TEV)

"Now I am glad...not because it hurt you but because the pain turned you to God..."  
- 2 Corinthians 7:9 (LB)

"...it was the best thing that could have happened to me, for it taught me to pay attention to your laws."  
- Psalm 119:71–72 (LB)

#### 2. GOD USES PAIN TO \_\_\_\_\_ AND CORRECT ME

"Sometimes it takes a painful experience to make us change our ways."  
- Proverbs 20:30 (TEV)

"God corrects all of His children, and if He doesn't correct you, then you don't really belong to Him... God corrects us for our own good, because He wants us to be holy, as He is."  
- Hebrews 12:8–10 (CEV)

"Consider yourself fortunate God all-powerful chooses to correct you."  
- Job 5:17 (CEV)

(Prodigal son) "He spent everything he had...and was hungry... At last he came to his senses and said... I'll get up and go to my father..."  
- Luke 15:14–18 (TEV)

"Let God train you, for he is doing what any loving father does for his children. Whoever heard of a child who was never corrected?"  
- Hebrews 12:7 (LB)

#### 3. GOD USES PAIN TO GAUGE AND \_\_\_\_\_ ME

"You (God) inspect them every morning and test them every minute."  
- Job 7:18 (TEV)

"The Lord searches our hearts and examines our deepest motives so He can give to each person his right reward, according to his deeds — how he has lived."  
- Jeremiah 17:10 (LB)

"I have tested you in the furnace of affliction."  
- Isaiah 48:10 (NIV)

"...tests and challenges come at you from all sides. (And) You know that under pressure, your faith life is forced into the open and shows its true colors."  
- James 1:2–3 (The Message)

(Israelites) "God led you through the wilderness for forty years, humbling you and testing you to find out how you would respond, and whether or not you would really obey him."  
- Deuteronomy 8:2 (LB)

#### 4. GOD USES PAIN TO \_\_\_\_\_ AND PROTECT ME

"God will save you from hidden traps."  
- Psalm 91:3a (NCV)

"God has led you away from danger, giving you freedom."  
- Job 36:16 (NLT)

Joseph: "You intended to harm me, but God intended it for good" - Genesis 50:20

"Jesus replied, 'You don't realize now what I am doing, but later you will understand.'"  
- John 13:7 (NIV)

#### 5. GOD USES PAIN TO GROW AND \_\_\_\_\_ ME

"For when the way is rough, your patience has a chance to grow. So let it grow, and don't try to squirm out of your problems...then you will be ready for anything, strong in character, full and complete."  
- James 1:4 (LB)

"...So don't try to get out of anything prematurely. Let it do its work so you become mature and well developed."  
- James 1:4 (The Message)

(This happened so) "...we might learn to trust, not in ourselves, but in God..."  
- 2 Corinthians 1:9 (PH)

"Has all your painful experience brought you nowhere?"  
- Galatians 3:4 (PH)

"If you are suffering according to God's will, keep on doing what is right and trust yourself to the God who made you, for he will never fail you."  
- 1 Peter 4:19 (LB)

## 上帝能如何使用痛苦為我帶來益處

傷痛時，上帝在哪裏？— 第一部  
華理克牧師

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第一部：上帝能如何使用痛苦為我帶來益處  
第二部：我能如何使用痛苦來變得更好  
第三部：我該如何在痛苦時禱告  
第四部：我如何使用痛苦來幫助別人

### 上帝能如何使用痛苦為我帶來益處？

#### 1. 上帝使用痛苦來\_\_\_\_\_和指引我

“我們可以籌劃自己的路，但上主指引我們的腳步。” - 箴言 16:9 (新普及譯本)

“上帝以苦難教訓人，以禍患開啟人的眼睛。” - 約伯記 36:15 (現中修訂版)

“現在我很高興…不是因為它使你們傷心，而是因為那痛苦使你們轉向上帝…”  
- 哥林多後書 7:9 (新普及譯本/意譯)

“我受的苦難於我有益，因苦難教導我留心你的律例。”  
- 詩篇 119:71-72 (新普及譯本)

#### 2. 上帝使用痛苦來\_\_\_\_\_和糾正我

“有時候，痛苦的遭遇才能讓我們改變。” - 箴言 20:30 (TEV 意譯)

“上帝會糾正他所有的兒女，如果他沒有糾正你，你就不是真正屬他的…上帝糾正我們，是為了我們的益處，因為他希望我們像他一樣聖潔。”  
- 希伯來書 12:8-10 (CEV 意譯)

“當全能的上帝選擇糾正你，你就是有福的。”  
- 約伯記 5:17 (CEV 意譯)

(浪子的故事) “他揮霍無度…忍飢挨餓…最後，他醒悟過來說：「我要回到父親那裏。」”  
- 路加福音 15:14-18 (TEV 意譯)

“要讓上帝訓練你們，正如慈愛的父親對待自己的兒女一樣。哪有孩子從來不受糾正的呢？”  
- 希伯來書 12:7 (LB 意譯)

#### 3. 上帝使用痛苦來衡量和\_\_\_\_\_我

“你每天清晨鑒察我們，每時每刻考驗我們。” - 約伯記 7:18 (新普及譯本)

“上主察看我們的心，也察驗我們隱密的動機，好讓他按照各人行事為人所當得的，給他們應得的報應。”  
- 耶利米書 17:10 (新普及譯本/LB 意譯)

“我是在苦難的爐中考驗你。” - 以賽亞書 48:10 (NIV 意譯)

“…考驗和挑戰四方八面向你襲來。要知道在壓力之下，你的信仰生命會被迫敞開，顯出它的本色。”  
- 雅各書 1:2-3 (信息版意譯)

(以色列人) “這四十年來，上帝引領你穿越曠野，使你謙卑，考驗你，好證明你如何回應，看你是否遵行他的誠命。” - 申命記 8:2 (新普及譯本/Living Bible 意譯)

#### 4. 上帝使用痛苦來\_\_\_\_\_和保護我

“上帝要救你脫離一切隱藏的網羅。” - 詩篇 91:3 上 (現中修訂版/NCV 意譯)

“祂也要引領你脫離困境，進入廣闊自由之地。” - 約伯記 36:16 (當代譯本)

約瑟：“你們故意害我，上帝卻對這事有美好的旨意。”  
- 創世記 50:20 (新普及譯本)

“我所做的，你現在不理解，以後就明白了。” - 約翰福音 13:7 (新漢語譯本)

#### 5. 上帝使用痛苦來令我成長和\_\_\_\_\_

“當信心受到考驗，你們的忍耐力就得以增長。所以要讓它成長，不要試圖逃避所有問題，…你們就會準備好面對一切，品格堅強，成全完備。”  
- 雅各書 1:4 (LB 意譯)

“…你們要堅忍到底，使你們純全、完備、毫無缺欠。” - 雅各書 1:4 (當代譯本)

(這些事發生) …是要使我們不倚靠自己，只倚靠…神。”  
- 哥林多後書 1:9 (新漢語譯本)

“你們受了許多苦，難道都是徒然的嗎？” - 加拉太書 3:4 (當代譯本)

“那些按照神旨意而受苦的人，就應該繼續做正確的事，並把自己的生命交託給創造你們的上帝，因他絕不撇下你們。” - 彼得前書 4:19 (新漢語譯本/新普及譯本)

1. 帶領 2. 鞭策 3. 鑒察 4. 守護 5. 變得完全