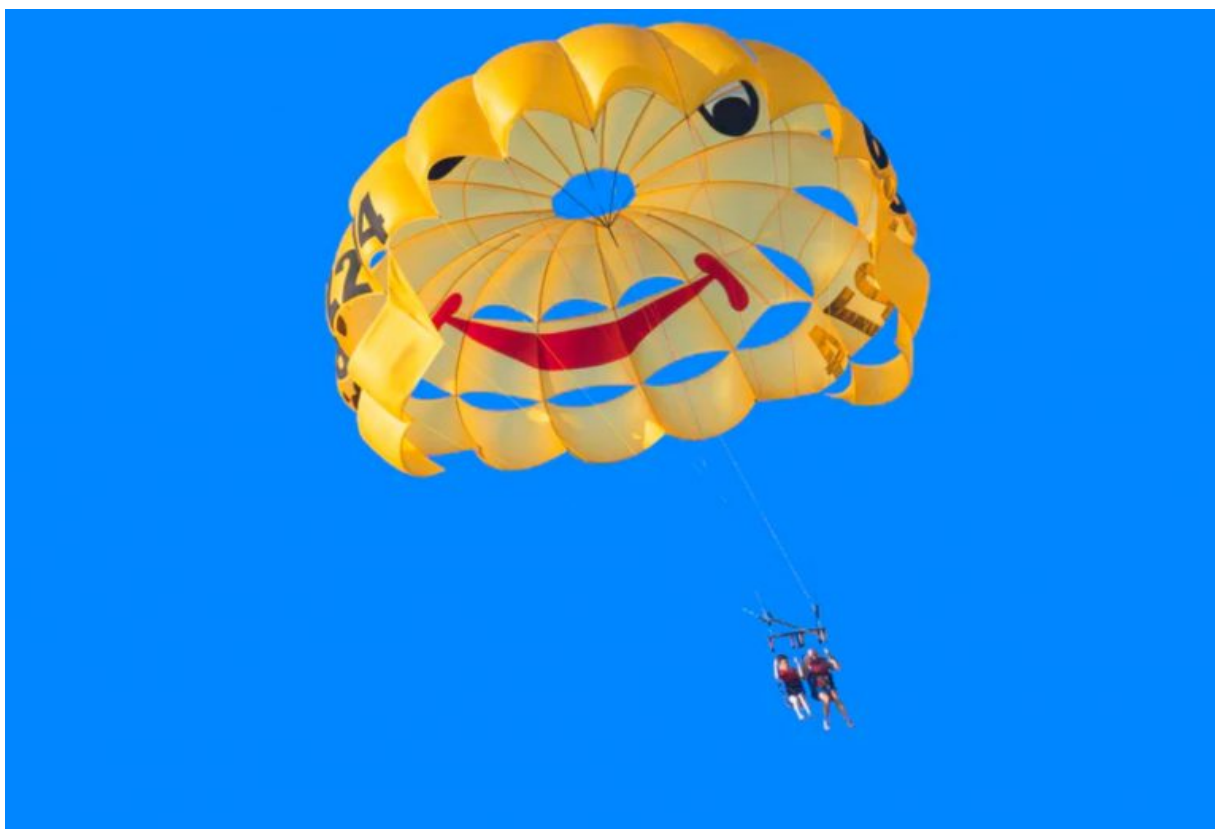




ENGLISH ASTIR

STEPPINGSTONE TO 7.0

Word building Thrill seekers Adjectives ending in -ing /-ed



1 Look at the extracts below from a speaking test

I feel sports are more challenging than they used to be.

Younger people can feel challenged by some sports at school.

- What is the difference between the two types of adjectives made from the word challenge?
- Now complete the gaps by adding challenging (x 2) and challenged (x 2) to the following:

Verb + *-ing*: *challenging* Something is _____ if it makes me feel _____.

Verb + *-ed*: *challenged* I feel _____ because something is _____.

Adjectives ending in *-ing/-ed* like *challenging* and *challenged* are used to evaluate or express an opinion about something. You can use adjectives like this in your speaking and writing to express your judgment about an idea, event, experience, etc.

2 For 1-8 below, identify the correct adjective in *italics*.

1 Do you find sports like parkour *thrilling/thrilled* to watch?

2 Do you think people become *irritating/irritated* by the constant encouragement to do something physical?

3 Why do you think people are *interesting/interested* in extreme sports?

4 Do you think sports stars are as *inspiring/inspired* for young people now as in the past?

5 What makes funfair rides like roller coasters *exciting/excited*?

6 Are you the sort of person who considers sports programs on TV *annoying/annoyed*, or do you get *annoying/annoyed* by other types of programs?

7 Do you think extreme sports are more *challenging/challenged* than other sports?

8 Do you feel *invigorated/invigorating* when you do any type of energetic activity?



3 Work with your teacher. Choose three questions from exercise 2 to ask your teacher. Take turns asking and answering the questions. Give reasons and examples in your answers.

1

2

3

4 Work with your teacher. For **1-8** below, use a form of the word in brackets (noun, verb or adjective) to complete the sentences.

1 It is rare to see a whole stadium (excite) by a player's performance.

2 These days I don't think people feel (challenge) enough physically at school or work.

3 Where I come from people find football more (interest) than other sports.

4 Some extreme sports like snowboarding seem to be (fascinate) for young people.

5 Being (motivate) helps with improving and achieving your potential at a particular sport.

6 For some people, computer games are as (excite) as real sports.

7 People often feel (refresh) after doing activities like yoga.

8 Other people may find as much (excite) in reading a book as in climbing a mountain.

5 Work with your teacher and make two questions about sport with an adjective ending in *-ing / -ed*

1

2

Review

1 Make an adjective ending in *-ing* or *-ed* using the words in brackets below.

- 1 I was (thrill) by the football match, even though I rarely find sport on TV (thrill).
- 2 After a day's work, people are often not (motivate) enough to do exercise.
- 3 The extreme sport I think is the most (excite) to watch is snowboarding, but I do get (excite) by other sports.
- 4 Some extreme sports are (fascinate) to watch; I am always (fascinate) by people's reasons for getting involved in something so dangerous.
- 5 I know a work out at the gym is (invigorate), but I sometimes find gyms really (irritate).
- 6 Sports commentators on TV can be (annoy), but no doubt speaking live is (challenge).
- 7 Whether you are (interest) in one type of team sport or another depends on what type of interaction you find (interest).

