**Naamathon Mantra Sheet**

**Triple Mantra**

Ad Guray Nameh

Jugad Guray Nameh

Sat Guray Nameh

Siri Guru Devay Nameh

Ad Such

Jugad Such

Hehbee Such

Nanaka O-See Bee Such

Ad Such

Jugad Such

Hehbeh Such

Nanaka O-See Beh Such

**Ra Ma Da Sa Sa Say So Hung**

**Prayers for Ukraine**

**Hari Ohm**

Hari Ohm Hari Ohm

Hari Hari Hari Ohm

Hari Ohm Hari Ohm

Hari Hari Ohm

**Blessing Naam**

Satnam Satnam Wahe Guru

Wahe Guru Wahe Guru Wahe Guru

Dhana Dhana Baba Siri Chand Sahib

Eck Ong Kar Sat Nam Siri Wahe Guru Wahe Guru Wahe Guru

Siri Wahe Guruji Siri Wahe Guru

Dhana Dhana Guruji Gobind Singh Sahib

Eck Ong Kar Sat Nam Siri Wahe Guru Wahe Guru Wahe Guru

Satgur Mehl Leh Kalgeya Valeya Jina Deh Vashuniya Noo

Mere Daata\* ji Huna Mehar Karo

Mere Daata\* ji Huna Taras Karo

Mere Sahiba\* ji Huna Taras Karo

Mere Daata ji Sanu Bakash Leho

Sada Lekhiya Deh-nal Vala Ona-nahi, Daata Ona Meher Karo

Eck Ong Kar Sat Nam Siri Wahe Guru Wahe Guru Wahe Guru

Dhana Dhana Guruji Gobind Singh Sahib

Waho Waho Guruji Gobind Singh Sahib

Eck Ong Kar Sat Nam Siri Wahe Guru Wahe Guru Wahe Guru

Siri Wahe Guru Wahe Guru Wahe Guru Wahe Guru Wahe Guru Wahe Guru Wahe Guru Wahe Guru

Wahe Guru Wahe Guru Wahe Guru

**Wahe Guru Wahe Guru Wahe Guru Wahe Jio**

**Eck Ong Kar Sat Gur Prasad**

Eck On Kar

Sat Gur Prasad

Sat Gur Prasad

Eck On Kar

**Har Gobinday**

Har Har Har Har **Gobinday**

Har Har Har Har **Mukanday**

Har Har Har Har **Udaray**

Har Har Har Har **Aparay**

Har Har Har Har **Hariang**

Har Har Har Har **Kariang**

Har Har Har Har **Nirnamay**

Har Har Har Har **Akamay**

**Guru Ram Das**

Guru Guru Guru Wahe Guru

Guru Guru Ram Das Guru

**Hari Naam Sat Naam**

**Hari Nam Hari**

**Hari Naam Sat Naam**

**Sat Nam Hari**

**I am I am/ I am that I am**

**AUM RA MA OM**

**Lumin de Lumine**

**Prayer of Love Peace and Light**

Love Before Me

Love Behind Me

Love at My Left

Love at My Right

Love Above Me

Love Below Me

Love in Me

Love in My Surroundings

Love to All

Love to the Universe

Peace Before Me

Peace Behind Me

Peace at My Left

Peace at My Right

Peace Above Me

Peace Below Me

Peace in Me

Peace in My Surroundings

Peace to All

Peace to the Universe

Light Before Me

Light Behind Me

Light at My Left

Light at My Right

Light Above Me

Light Below Me

Light in Me

Light in My Surroundings

Light to All

Light to the Universe

**Guru Binah**

Om Om Om

Guru Bina Hoee Na Gyan Gawhi Veedu Puran

Guru Bina Hoee Na Gyan Gawhi Veedu Puran

Guru Bina Hoee Na Gyan Gawhi Veedu Puran

Om Shanti Shanti Shanti