**Your winter review & spring planning**

The objective of this worksheet is for you to take the time to assess how far you’ve come so far this year and gain a clearer understanding of what needs to happen this coming spring.

**I. Winter review**

1. **What have been my top achievements these past 3 months career-wise?**

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1. **What have been my top achievements these past 3 months in life overall?**

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1. **What is the thing I’m the most proud of?**

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1. **What have been my main challenges these past 3 months?**

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1. **What is the one learning/piece of wisdom I gained these past 3 months that I want to keep in mind for the rest of 2025?**

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**II. Spring planning**

1. **What are my key professional objectives for 2025? What do I want to achieve by the 31st of December 2025?** Take the time to list everything that comes to mind

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1. **What are my key personal objectives for 2025? What do I want to achieve by the 31st of December 2025?**

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1. **What does that mean for my spring priorities?**

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1. **What are the main challenges that could hold me back from achieving the objectives identified above? How can I prevent this from happening?**

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1. **How do I need to organise the next 3 months to realise my objectives?**

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1. **What is the mantra/positive affirmation I want to keep in mind for the next 3 months?**

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1. **On a Scale 0-10, how happy are you with your spring objectives? What would make it a point higher?**

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Congratulations on completing your spring review! For accountability and support, feel free to share your objectives on our #accountability Slack channel. And any questions or queries, message me at: [anais@hercode.co.uk](mailto:anais@hercode.co.uk)

Here’s to your career success and happiness dear friend!