SADDLEBACK NOTES

THE LIGHT OF JESUS FOR YOUR DARKEST DAYS

Rick Warren 24 December 2020

"People should enjoy every day of their lives, no matter how long they live. But they should also remember there will be many dark days. . . . " - Ecclesiastes 11:8 (GW)

TYPES OF DARK DAYS:

Confusion . . . conflict . . . disappointment . . . loss . . . loneliness . . . grief . . . stress . . . anxiety and fear . . . heartbreak . . . depression . . . despair . . .

THE ANTIDOTE: TO GOD'S LIGHT

". . . God is light and in him there is no darkness at all." - 1 John 1:5 (TLB)

"In the beginning God created the heavens and the earth. . . . God said, 'Let there be light!' and there was light. And God saw that the light was good, and he separated the light from the darkness." - Genesis 1:1–4

Jesus: "I have come as a Light to shine in this dark world, so that all who put their trust in me will no longer wander in darkness." - John 12:46 (TLB)

HOW DOES THE LIGHT OF JESUS HELP ME IN DARK DAYS?

1. LIGHT CAN

"... light makes all things easy to see."

- Ephesians 5:13 (NCV)

". . . I am THE LIGHT of the world! If you follow me, you won't be stumbling through the DARKNESS, for living light will flood your path!" - John 8:12 (LB)

IN DARK DAYS. I NEED THE LIGHT OF JESUS WHEN I CAN'T SEE THE WAY FORWARD

. . . For anyone who doesn't know where you're going, anyone groping in the dark, here's what to do: Trust in God, Yes, lean on God! . . . "

- Isaiah 50:10 (The Message)

"Your words are a flashlight to light the path ahead of me and keep me from stumbling." - Psalm 119:105 (LB)

"God's instructions are always right and they point the way to happiness. His commands shine brightly, and they light up the right way to go." - Psalm 19:8

God: "I'll take the hand of those who don't know the way, who can't see where they're going. I'll be a personal guide to them, directing them through unknown country. I'll be right there to show them what roads to take, and make sure they don't fall into the ditch. These are the things I'll be doing for them - sticking with them, not leaving them for a minute." - Isaiah 42:16 (The Message)

"Even though I go through the deepest darkness, I will not be afraid, Lord, for you are with me." - Psalm 23:4

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2. LIGHT CAN DISINFECT

"If we claim to have a relationship with God, but we continue living in DARKNESS, we lie and we aren't following the truth. But, if we live in the LIGHT, as God is in the light, then we can have real fellowship with each other, and the blood of Jesus, God's Son, PURIFIES US from all sin. If we claim to be without any sin, we're only fooling ourselves and refusing to accept the truth. But if we confess our sins to him. God is faithful and just and will FORGIVE us and CLEANSE US from every wrong."

IN DARK DAYS, I NEED THE LIGHT OF JESUS WHEN I WANT A

"You. Lord, are my light; and you DISPEL my darkness!" - 2 Samuel 22:29

"In the past, your life was full of darkness, but now you are full of light in the Lord! Now you can live like children of light. And God's light brings every kind of goodness, right living, and truth." - Ephesians 5:8-9 (NCV)

3. LIGHT CAN

• IN DARK DAYS, I NEED THE LIGHT OF JESUS WHEN I'M **WOUNDED AND IN PAIN**

"I'm wounded and in pain. So rescue me, O God, by your saving power." - Psalm 69:29

"He forgives all my sins and he heals me."

- Psalm 103:3 (TLB)

". . . The Father has made you able to share in all he's prepared for his people in the Kingdom of Light. For he has freed us from the power of darkness . . . - Colossians 1:12-13

4. LIGHT GROWS THINGS

IN DARK DAYS. I NEED THE LIGHT OF JESUS TO CHANGE ME FOR THE

"I'm asking God . . . to give you spiritual wisdom and understanding, so that you will GROW in your knowledge of God. I pray that your hearts will be FLOODED WITH LIGHT so that you can understand the wonderful future he has promised to those he called." - Ephesians 1:17–18

"You Lord, are the giver of LIFE! And your LIGHT lets us ENJOY LIFE."

- Psalm 36:9

"... I am the light of the world. If you follow me, you won't be stumbling through the darkness, because you'll have the light that leads to life!" - John 8:12

"... I came to give life – life in all its fullness."

- John 10:10 (NCV)

"For the same God who once said, 'Let there be light in the darkness!' has now made his light to shine in our hearts! It is the brightness of God's glory that we see shining in the face of Jesus Christ." - 2 Corinthians 4:6

". . . the darkness in our lives disappears and the new light of life in Christ shines - 1 John 2:8 (TLB)

1. turn 2. illuminate 3. illuminate 4. heal 5. better

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SADDLEBACK NOTES

讓耶穌的光輝照耀你最黑暗的日子

華理克牧師 24 December 2020

"人無論多長壽,都當樂在其中,不過他要想到黑暗的日子,因為這些日子將會很 多。" - 傳道書 11:8 (新譯本)

不同種類的黑暗日子:

迷惘…衝突…失望…失落…寂寞…悲傷…壓力…焦慮和恐懼…心碎…抑鬱… 絕望…

解藥:_____上帝的光

"上帝是光,在他裏面毫無黑暗。"

- 約翰一書 1:5 (新普及譯本)

"起初,上帝創造天地。···上帝説:「要有光。」光就出現了。上帝看光是好的,就把光和黑暗分開。" - 創世記 1:1-4

耶穌: "我來是要作光,好照亮這黑暗的世界,讓所有信靠我的人不再留在黑暗裏。" - 約翰福音 12:46 (新普及譯本)

耶穌的光,如何在你最黑暗的日子裏幫助你?

1. 光可以

"凡被光所照明的都顯露出來。"

- 以弗所書 5:13 (和合本 2010)

"「我是世界的光。你們若跟從我,就不會走在黑暗裏,因永活的光會充滿你的路。」" - 約翰福音 8:12 (Living Bible 意譯)

• 在黑暗的日子裏,當我看不到前路的時候,我需要耶穌的光

"那些不知道該何去何從的人,那些在黑暗中摸索的人,都要這樣做:信靠上帝,倚賴上帝!" - 以賽亞書 50:10 (The Message 意譯)

"你的話語是手電筒,照亮我前面的路,使我不至跌倒。"

- 詩篇 119:105 (Living Bible 意譯)

"上主的訓令公正,能快活人心;祂的命令閃耀光芒,能照亮當走的路。" - 詩篇 19:8 (意譯)

上帝:"那些不知前路的人,我要牽著他們的手,他們看不到要往哪裏去。我要作他們的個人嚮導,引領他們走過陌生的國度,也會沿途告訴他們該走甚麼路。我會確保他們不會掉進溝裏,這都是我要為他們所做的,堅守在他們身邊,一刻也不離開他們。" - 以賽亞書 42:16 (The Message 意譯)

"我縱然走過最黑暗的幽谷,也不懼怕,因為你就在我身旁。"

- 詩篇 23:4 (新普及譯本)

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2. 光可以消毒

"如果我們說自己與神相契合,卻仍然在黑暗中行走,我們就是在説謊,沒有遵行真理;但如果我們在光明中行走,就像神在光明中那樣,我們就是彼此相契合的;而且神的兒子耶穌的血也潔淨我們脫離一切的罪。如果我們說自己沒有罪,我們就是在欺騙自己,真理就不在我們裏面了;如果我們承認自己的罪孽,神是信實的、公義的,他就會赦免我們的罪孽,潔淨我們脫離一切的不義。"

- 撒母耳記下 22:29 (現中修訂版)

"雖然你們裏面曾經充滿黑暗,但現在卻有從主而來的光,所以,你們行事為 人要像光的子民!這光在你們裏面,只會生發出良善、公義和誠實。"

- 以弗所書 5:8-9 (新普及譯本)

3. 光可以

• 在黑暗的日子裏,當我受傷和痛苦的時候,我需要耶穌的光

"我憂傷痛苦,上帝啊,求你用拯救的大能救我。" - 詩篇 69:29 (新普及譯本)

"他赦免我所有的罪過,醫治我所有的疾病。" - 詩篇 103:3 (新普及譯本)

"…並且感謝父,他使你們有資格分享聖徒在光明中的基業。他救我們脫離了 黑暗的權勢…" - 歌羅西書 1:12-13 (新譯本)

4. 光使萬物生長

• 在黑暗的日子裏,我需要耶穌的光來讓我變得

"我祈求上帝···賜你們屬靈的智慧與聰明,好讓你們能成長,更明白上帝。我也祈求你們心中會充滿光輝,以致你們會明白,上帝向祂所呼召的人所應許的美好將來。" - 以弗所書 1:17–18 (意譯)

"因你是生命的泉源,你是光,讓我們享受生命。" - 詩篇 36:9 (意譯)

- "...我是世界的光。你們若跟從我,就不會走在黑暗裏,因為有光指引你們得到生命。" 約翰福音 8:12 (新普及譯本)
- "...我來了,是要叫人得生命,並且得的更豐盛。"-約翰福音 10:10 (和合本)
- "上帝曾説「要有光照在黑暗裏」,是他使這光照亮了我們的心,讓我們得以 認識上帝的榮耀,就是在耶穌基督臉上看到的榮耀。"

- 哥林多後書 4:6 (新普及譯本)

"...我們生命中的黑暗消失了,有基督新的光輝照進來。"

- 約翰一書 2:8 (LIVING BIBLE 意譯)

1. 轉向 2. 照亮 3. 重頭開始 4. 醫治 5. 更好

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