## List of the necessary ingredients for pound and travel cakes

The specified number of ingredients is necessary for the number of products that is stated in the recipes. When changing the shape and size of the products, the number of necessary ingredients may decrease/increase.

| Name | Quantity, <br> gram |  |
| :--- | :---: | :--- |
| Sugar | 1200 |  |
| Brown sugar | 75 | Can be replaced with white sugar |
| Powdered sugar | 690 |  |
| Glucose syrup | 50 |  |
| Inverted sugar | 12 | Not necessary, can be replaced with honey |
| Honey | 45 |  |
| Egg whites | 100 |  |
| Egg yolks | 210 |  |
| Eggs | 270 |  |
| Salt | 7 |  |
| Citric acid | 2 |  |
| Dark rum | 70 | Not necessary, can be replaced with any liquid |
| Yellow pectin | 7 |  |
| Neutral glaze (nappage) | 100 |  |
| Crean 35\% | 200 |  |
| Butter 82\% | 475 |  |
| Cream cheese | 75 |  |
| Vanilla pod | 1,5 | Other flavourings can be used |
| Fresh carrot | 300 |  |
| Lemon | 2 lemons |  |
| Lemon juice (fresh) | 175 |  |
| Orange juice (fresh) | 175 |  |
| Yuzu juice | 110 | Can be replaced with lemon or lime juice |
| Candied lemon | 200 |  |
| Pistachio paste (without sugar) | 5 | Not necessary |
| Pistachio flour | 60 | Can be made by yourself by grinding pistachios with powdered |
| sugar in a food processor |  |  |
| Green pistachio | 100 |  |
| Toasted hazelnut | 500 |  |
| Toasted walnut | 40 |  |
| Almond paste 70\% (marzipan) | 55 |  |
| Hazelnut flour | 70 |  |
| All-purpose flour (protein | 545 |  |
| content 11\%) |  |  |
| Cocoa powder | 60 |  |
| Baking powder | 20 |  |
| Ground cinnamon | 2 |  |
| Nutmeg | 1 nutmeg |  |
| Ground cloves | 0,5 |  |
| Milk chocolate 40\% | 700 |  |
| Dark chocolate 70\% | 900 |  |
| Pure cocoa paste (cocoa liquor) | 25 |  |
| Deodorized vegetable oil | 242 |  |
| Aerosol vegetable oil (spray | 1 piece | Not necessary |
| demulant, grease spray) | 100 | Used for decoration, not necessary |
| Cocoa nibs |  |  |
|  |  |  |

## List of the necessary ingredients for cookies

The specified number of ingredients is necessary for the number of products that is stated in the recipes. When changing the shape and size of the products, the number of necessary ingredients may decrease/increase.

|  | Quantity, gram |  |
| :--- | :---: | :--- |
| Sugar | 290 | Teacher's commentary |
| Brown sugar | 75 | You can replace it with white sugar |
| Powdered sugar | 215 |  |
| Glucose syrup | 25 |  |
| Honey | 45 | Not necessarily, you can replace it with invert <br> sugar |
| Eggs (egg whites) | 30 |  |
| Eggs (yolks) | 60 |  |
| Eggs (whole) | 190 |  |
| Salt | 9 |  |
| Citric acid | 1 |  |
| Yellow pectin | 2 |  |
| NH pectin | 2 |  |
| Milk | 45 |  |
| $82 \%$ butter | 620 |  |
| Passion fruit puree with or without <br> seeds | 75 |  |
| Mango puree | 75 |  |
| Vanilla pod | 0.5 |  |
| Orange zest | 5 |  |
| Peanut paste (butter) | 25 |  |
| Praline | 170 |  |
| Hazelnut flour | 50 |  |
| Almond flour | 90 |  |
| All - purpose flour (protein content | 835 |  |
| $10-11 \%)$ |  |  |

## List of the necessary ingredients for macarons

The specified number of ingredients is necessary for the number of products that is stated in the recipes. When changing the shape and size of the products, the number of necessary ingredients may decreaselincrease.

|  | Quantity, gram |  |
| :--- | :---: | :--- |
| Sugar | 1415 |  |
| Powdered sugar | 1210 |  |
| Glucose syrup | 180 |  |
| Dark red cocoa powder | 120 |  |
| Black cocoa powder | 20 | Used for decoration only |
| Cocoa butter | 40 |  |
| Eggs (whites) | 900 (whites of 30 <br> eggs) |  |
| Salt | 4,5 |  |
| Instant coffee | 3 |  |
| Ground coffee | 10 | Used for decoration only |
| Espresso | 85 |  |
| Pectin NH | 9 |  |
| Cream 35\% | 825 |  |
| Butter 82\% | 97 |  |
| Dorblu cheese | 150 |  |
| Olive oil ExtraVirgin | 35 |  |
| Vanilla pod | 1 pod |  |
| Ripe and hard pear | 3 pears |  |
| Lime | 4 limes |  |
| Lemon juice (fresh) | 30 |  |
| Frozen raspberry | 150 |  |
| Passion fruit | 150 |  |
| Blood orange puree | 125 |  |
| Tarragon | 25 |  |
| Raspberry-red water-soluble coloring | 1 packet |  |
| Black water-soluble coloring | 1 packet |  |
| Yellow water-soluble coloring | 1 packet |  |
| Green water-soluble coloring | 1 packet |  |
| Red water-soluble coloring | 1 packet |  |
| Hazelnut | 100 |  |
| Almond | 100 |  |
| Almond flour | 1190 |  |
| White chocolate | 390 |  |
| Milk chocolate $40 \%$ | 520 |  |
| Caramelized chocolate | 290 |  |
|  |  |  |

## List of the necessary ingredients for the chocolate bonbons

The specified number of ingredients is necessary for the number of products that is stated in the recipes.
When changing the shape and size of the products, the number of necessary ingredients may decrease/increase.

| Name <br> Dextrose | Quantity, gram $20$ | Teacher's comment <br> Necessary if you are going to store bonbons for more than one week |
| :---: | :---: | :---: |
| White fat-soluble food coloring | 1 packet | Necessary if you are going to color bonbons this color |
| Yellow fat-soluble food coloring | 1 packet | Necessary if you are going to color bonbons this color |
| Green fat-soluble food coloring | 1 packet | Necessary if you are going to color bonbons this color |
| Red fat-soluble food coloring | 1 packet | Necessary if you are going to color bonbons this color |
| Orange fat-soluble food coloring | 1 packet | Necessary if you are going to color bonbons this color |
| Black fat-soluble food coloring | 1 packet | Necessary if you are going to color bonbons this color |
| Fresh green basil Inverted sugar | $\begin{aligned} & 4 \\ & 50 \end{aligned}$ | Can be replaced with different herbs (thyme, tarragon, rosemary, etc.) |
| Dark cocoa powder | 200 |  |
| Brown sugar | 15 | Can be replaced with white sugar |
| Grand Marnier liqueur | 25 | Can be replaced with any other orange liqueur |
| Citric acid <br> Lemons | $2$ <br> 6 lemons |  |
| Cocoa butter | 1000 |  |
| Almond | 100 |  |
| Almond flour | 15 |  |
| Wheat flour <br> Hazelnut paste | $\begin{aligned} & 15 \\ & 10 \end{aligned}$ |  |
| Yellow pectin | 10 |  |
| Edible gold dust | 1 packet | Can be replaced with another color |
| Raspberry puree | 70 |  |
| Mango puree <br> Passion fruit puree | $\begin{aligned} & 30 \\ & 100 \end{aligned}$ |  |
| Yuzu puree | 30 |  |
| Dark rum | 20 |  |
| Sugar | 600 |  |
| Glucose syrup | 100 |  |


| Cream $35 \%$ | 300 |  |
| :--- | :--- | :--- |
| Butter $82 \%$ | 100 |  |
| Cream cheese | 5 |  |
| Salt | 4 |  |
| Alcohol $90 \%$ | 100 |  |
| Vanilla pod | 1 pod |  |
| Hazelnut | 100 |  |
| White chocolate | 1000 |  |
| Milk chocolate $40 \%$ | 1000 |  |
| Dark chocolate $70 \%$ | 1500 |  |

## List of the necessary ingredients for éclairs

The specified number of ingredients is necessary for the number of products that is stated in the recipes. When changing the shape and size of the products, the number of necessary ingredients may decrease/increase.

| Name | Quantity, gram | Teacher's comment |
| :---: | :---: | :---: |
| Sugar | 750 |  |
| Brown sugar | 50 | Can be replaced with white sugar |
| Powdered sugar | 120 |  |
| Glucose syrup | 440 |  |
| Inverted sugar | 15 | Not necessary |
| Eggs (whites) | 25 |  |
| Eggs (yolks) | 240 |  |
| Eggs | 1800 |  |
| Salt | 35 |  |
| Soda | 10 |  |
| Instant coffee | 12 |  |
| Espresso | 280 |  |
| Pectin NH | 31 |  |
| Natur Emul | 6 | Can be replaced with powdered lecithin |
| Neutral glaze (nappage) | 810 |  |
| Gelatin 200 Bloom | 42 |  |
| Milk | 2600 |  |
| Sweetened condensed milk | 75 |  |
| Cream 35\% | 850 |  |
| Butter 82\% | 1400 |  |
| Vanilla pod | 3 pods | Other flavourings can be used |
| Lemon juice (freshly squeezed) | 25 |  |
| Frozen raspberry | 130 |  |
| Raspberry puree | 450 |  |
| Coconut puree | 222 | Coconut milk can be used |
| Mango puree | 900 |  |
| Passion fruit puree with seeds | 60 | Fresh passion fruit can be used |
| White water-soluble food coloring | 7 |  |
| Yellow water-soluble food coloring | 1 |  |
|  |  |  |
| Praline | 60 |  |
|  |  |  |
|  |  |  |
| Almond flour | 10 |  |
| All-purpose flour (11\% protein content) | 870 |  |
| Wholemeal rice flour | 150 |  |
| Cocoa powder | 30 |  |
| Cornstarch | 135 |  |
| Cocoa nibs | 25 | Not necessary |
| Milk chocolate 40\% | 20 |  |
| Dark chocolate 80\% | 53 |  |
| Dark chocolate 70\% | 262 |  |
| Crispy wafer crumbs (feuilletine, royaltine) | 50 |  |
| White chocolate 33\% | 935 |  |
| Cocoa butter | 50 |  |
| Aerosol vegetable oil (spray demulant, grease spray) | 1 piece | Not necessary |

## List of the necessary ingredients for tartlets

The specified number of ingredients is necessary for the number of products that is stated in the recipes. When changing the shape and size of the products, the number of necessary ingredients may decrease/increase.

| Name | Quantity, gram | Teacher's commentary |
| :---: | :---: | :---: |
| Sugar | 860 |  |
| Brown sugar | 215 | You can replace it with white sugar |
| Powdered sugar | 435 |  |
| Glucose syrup | 290 |  |
| Dextrose | 7 | Not obligatory |
| Invert sugar | 65 | You can replace it with honey |
| Neutral glaze (nappage) | 300 |  |
| Eggs (egg whites) | 215 |  |
| Eggs (yolks) | 844 |  |
| Eggs (whole) | 800 |  |
| Salt | 27 |  |
| Instant coffee | 9 |  |
| Coffee beans | 45 |  |
| Matcha tea | 11 |  |
| NH pectin | 5 |  |
| Yellow pectin | 0.5 | Not obligatory |
| Gelatin 200 bloom | 15 |  |
| Agar-agar | 2.5 |  |
| Xanthan gum | 1.5 |  |
| Milk | 250 |  |
| 35\% cream | 1900 |  |
| 82\% butter | 1000 |  |
| 82-84\% butter for puff pastry (dry butter) | 250 | You can use regular 82\% butter of the best quality |
| Olive oil | 170 |  |
| Cream cheese | 250 |  |
|  |  |  |
| Mascarpone cheese | 210 |  |
| White vinegar | 2 | You can replace it with lemon juice |
| Orange liqueur | 12 | Not obligatory |
| Limoncello | 20 | Not obligatory |
| Coffee liqueur | 20 | Not obligatory |
| Dark rum | 16 | Not obligatory |
| Vanilla pod | 1 | You can use other flavors for creams |
| Lemon juice (fresh) | 277 |  |
| Yuzu juice | 80 | You can replace it with lemon or lime juice |
|  |  |  |
|  |  |  |
| Green apples | 2 pcs |  |
| Bananas | 7 pcs |  |
| Pitted cherries (fresh or frozen) | 150 |  |
| Orange | 2 pcs |  |
| Passion fruit puree | 111 |  |
| Mango puree | 87 |  |


| Fat-soluble yellow dye | 1 pack |  |
| :--- | :--- | :--- |
| Fat-soluble white dye | 1 pack |  |
| Fat-soluble green dye | 1 pack |  |
| Pesto sauce | 50 |  |
| Peeled walnuts | 320 |  |
| Hazelnut | 180 |  |
| Almond flour | 250 |  |
| Flour | 1500 |  |
| Baking powder | 5 |  |
| Potato starch | 8 |  |
| Cornstarch | 10 |  |
| Powdered cinnamon | 1 |  |
| Whole nutmeg | 1 pcs |  |
| Coriander seeds | 3 |  |
| White sesame seeds | 35 |  |
| Black sesame seeds | 10 |  |
| Poppy seeds | 20 | You can use regular cocoa powder |
| Dark red cocoa powder | 20 |  |
| Cocoa butter | 257 |  |
| $33 \%$ white chocolate | 930 |  |
| $40 \%$ milk chocolate | 160 |  |
| $70 \%$ dark chocolate | 353 |  |
| $64 \%$ dark chocolate | 20 |  |
| Pure cocoa paste (cocoa liquor) | 45 | You can replace it with puffed rice, corn <br> flakes or cookie crumbs |
| Crispy wafer crumbs (feuilletine, | 50 |  |
| royaltine) |  |  |

## List of the necessary ingredients for cakes and petite gateaux

The specified number of ingredients is necessary for the number of products that is stated in the recipes.
When changing the shape and size of the products, the number of necessary ingredients may decrease/increase.

| Name | Quantity, gram | Teacher's comment |
| :---: | :---: | :---: |
| Sugar | 1000 |  |
| Brown sugar | 25 | Can be replaced with white sugar |
| Powdered sugar | 150 |  |
| Glucose syrup | 60 |  |
| Glucose powder | 25 | Can be replaced with glucose syrup |
| Inverted sugar | 35 |  |
| Dark red cocoa powder | 20 |  |
| Cocoa butter | 100 |  |
| Eggs (whites) | 360 (12 eggs) |  |
| Egg (yolks) | 360 (18 eggs) |  |
| Eggs | 205 (4 eggs) |  |
| Salt | 5 |  |
| Instant coffee | 5 |  |
| Coffee beans | 25 |  |
| Pectin NH | 10 |  |
| Gelatin 200 Bloom | 20 |  |
| Milk | 450 |  |
| Cream 35\% | 1800 |  |
| Butter 82\% | 300 |  |
| Mascarpone | 200 |  |
| Balsamic vinegar | 2 | Can be replaced with lemon juice |
| Orange liqueur | 25 |  |
| Strawberry liqueur | 15 |  |
| Vanilla pod | 1 | You can use different flavors for cream |
| Lemon juice (fresh) | 10 |  |
| Fresh strawberry | 500 | You can use different fruit / berries for decor |
| Fresh raspberry | 125 | You can use different fruit / berries for decor |
| Blueberry | 50 | You can use different fruit / berries for decor |
| Orange | 4 oranges |  |
| Frozen raspberry | 195 |  |
| Frozen strawberry | 650 |  |
| Red fat-soluble coloring | 1 packet |  |
| Hazelnut paste | 120 |  |
| Praline | 150 |  |
| Almond flour | 150 |  |
| Hazelnut flour | 100 |  |
| Flour | 180 |  |
| Potato starch | 50 |  |
| Milk chocolate 40\% | 100 |  |
| Dark chocolate 80\% | 30 |  |
| Dark chocolate 70\% | 650 |  |
| Dark chocolate 64\% | 55 |  |
| Crispy wafer crumbs (feuilletine, royaltine) | 20 |  |
| Raspberry chocolate Valrhona Inspiration Strawberry | 200 | Can be replaced with white chocolate |

