
MORE STUDY PREP TIPS

“You have control over your preparation!”

TAKE TIME TO STUDY

Avoid procrastination- there is never a “right” time and it does not get easier.

Develop a study plan

- Use the ASWB content outline/blueprint of the test to familiarize yourself
- Build in breaks and avoid “cramming”
- Have a real or target test date and identify incremental steps that you will take between now and then to cover the material
- Understand material so it can be applied and used in reasoning

Managing Stress

- Follow test prep plan
- Self-care
- Take a virtual tour of test center
- Visit the testing location in advance
- Familiarize with exam format

Become familiar with multiple choice tests

Types of questions:

- Recall - facts
- Application – determines course of action; usually short & concise situation
- Reasoning – requires reasoning in a more complex situation [Long vignettes/scenarios]

Recognize what is the TOPIC being tested

Most important, but least fun topics

- Individual- micro content
- Community organization; social action (systemic issues)- mezzo/macro content