

LESSON 7 STRATEGIST GUIDE QUESTIONS

THE WOMAN SCHOOL

LESSON 7

WIRE A NEW SELF IMAGE

QUESTIONS TO GUIDE THE CONVERSATION

1. Have you been intentional about designing who you want to become, why or why not?
2. How is your current self-image affecting your decisions, positive or negative?
3. Do you compare yourself to other women? Why? Where does this come from?
4. How can you replace comparison and competition so you can be set free from this prison?
5. Are you critical and judgemental of other women? How is this habit affecting your peace of mind?
6. Would you consider yourself humble or prideful? Do you see yourself as better than other women in certain arenas?
7. What one skill do you need to develop right now? How are you planning on rewiring it?
8. Design your ideal self image and describe how it would impact the lives around you.
9. What is holding you back from becoming the woman you have always wanted to be?
10. How do you plan to redesign your self-image moving forward?