

## STAGE 2: ICAHT Hijama Diploma

<b>Advanced Wet-Cupping Therapy (STAGE 2 ICAHT Hijama Diploma)</b>	<b>Clinically Applied Anatomy Module</b>
Pre-Course Reading	<b>MONTH 1: Anatomical Language &amp; Anatomy of the Shoulder</b>
<b>MONTH 1: Hijama Theory</b>	1 Anatomical Language, 2 Anatomical Language 2
1 Hijama Theory- The Scientific rationale Wet Hijama	3 Bones of the Shoulder
2 Hijama Theory- The Scientific rationale Wet Hijama (part 2)	4 Soft Tissues of the Shoulder
3 Hijama Theory- The Scientific rationale Wet Hijama (part 3)	5 The Glenohumeral Joint
4 Hijama Theory- Influencing the Science of Pain	END OF MONTH 1: Shoulder Assignment
<b>MONTH 2: Safe Practice Assurance</b>	<b>MONTH 2: Anatomy of the Elbow, Wrist &amp; Hand</b>
5 Ensuring Safe Hijama- Health screen 1	Anatomy of the Elbow, Anatomy of the Elbow 2
6 Ensuring Safe Hijama- Health screen 2	Anatomy of the Elbow 3 , Anatomy of the Wrist and Hand
7 Ensuring Safe Hijama- Health screen 3	END OF MONTH 2: Elbow, Wrist and Hand Assignment
<b>MONTH 3: Safe Practice Assurance 2</b>	<b>MONTH 3: Anatomy of the Spine</b>
8 Ensuring Safe Hijama- Anaemia	Anatomy of the Spine 1, Anatomy of the Spine 2
9 Ensuring Safe Hijama- How much blood is safe	Anatomy of the Spine 3, Anatomy of the Spine 4
10 Ensuring Safe Hijama- Possible Side effects	Anatomy of the Spine 5
	END OF MONTH 3: Spine Assignment
<b>MONTH 4: Hijama Practice &amp; Infection Control</b>	<b>MONTH 4: Anatomy of the Hip &amp; Knee</b>
12 Hijama Practice- Wet Cupping Practice Application & Technique	Anatomy of the Hip 1, Anatomy of the Hip 2, Anatomy of the Hip 3
11 Hijama Practice- Fundamentals of Infection Control	Anatomy of the Knee
13 Hijama Practice- Wet cupping practical	END OF MONTH 4: Hip and Knee Assignment
END OF STAGE 2 QUIZ	<b>MONTH 5: Anatomy of the Ankle &amp; Foot</b>
END OF STAGE 2 QUIZ	Anatomy of the Ankle,
	Anatomy of the Foot 1
	Anatomy of the Foot 2
	END OF MONTH 5: Ankle & Foot Assignment

