

Lumbopelvic Ultrasound Imaging: A Clinical Training Course

Lab Supplies Needed for Self-Hosted Participants

Ultrasound Labs:

-Printed lab files if you do not print the manual

- Ultrasound system on movable cart
- Power supply for ultrasound system
- Hand towels for draping
- Paper towels or washcloths to clean gel off skin and probe
- Ultrasound gel, not lotion
- Ultrasound standoff pad*
- Ultrasound transducer-safe disinfecting wipes*
- Wheeled stool for the participant that is scanning
- High-low table in an area with enough room for all participants to view
- Multiple pillows for positioning
- Laptop computer with most recent Zoom download for viewing labs. An external webcam that plugs into the USB port is strongly suggested but not required for the best viewing of the group during the lab. I can only help if I can observe your body model and your screen, a phone does NOT work.

Transperineal Lab:

- Gloves
- Ultrasound probe covers*
- Cover sheet for lab models/participants
- We will be discussing techniques and assisting with imaging during these labs but will **not be observing** the model's perineum over Zoom

COVID-19 Considerations:

- Please observe all precautions required in your area
- Please be prepared to wear masks if required by the facility
- Liberal use of hand washing or hand sanitizer before every lab

*See text below for information on these required items