Prescreening Articles and Resources List

- Page 9 of this white paper talks about the purpose and possible questions to use in prescreening.
  -https://www.acha.org/documents/resources/guidelines/ACHA_Wellness_Coaching_White_Paper_Feb2020.pdf
- This short blog nicely articulates the high level outcomes you are looking for in the prescreening process. This is designed for individual coaching, so I would add that you are not only looking for their fit with the coaching process, but also their ability to be present and contribute meaningfully to a group experience. You can ask questions such as "What do you hope to get out of this group experience?" "Have you been part of group experiences in the past?" to learn more about their intentions and fit for the group process. https://www.personal-coaching-information.com/pre-coaching-conversation.html

Resources of Teams Vs. Groups

Expansion Scaling the benefits of coaching for groups and teams:
https://www.pyramidresource.com/documentFiles/Benefits-of-Group-and-Team-Coaching.pdf

More articles available on their website: https://www.pyramidresource.com/articles/

Introducing the ICF Team Coaching Competencies:
https://coachingfederation.org/team-coaching-competencies
PDF Available here too
https://drive.google.com/file/d/1OEoKk87aS4QCP-NTIGSzSD36LXxjwTNV/view?usp=share_link

Group Agreements

Consider three categories of agreements:
- **Behaviors**
- **Logistics and Structure**
- **Making Space Safe and Comfortable**

Possible specific examples:

Confidentiality: Everything shared here is strictly confidential and can't be shared outside this group
If topic gets off track, bring back to topic: Bring it back
Lazer speak and bottom line

Online:
   Mute if noise in background, if not speaking

Turn off screen if disruption or moving:Please turn off your video if you need to move around or do something that might distract other members of the group

How do we use reactions in the online platform

Do not have side conversations

Timeliness: if you are going to be late, let a facilitator know

Start and end on time

Honor each other's experience

Honesty, directness, kind; use gut and heart

Levels engagement are self monitored and held too

No fixing another person

Give everyone time to share be sensitive to the time when sharing

Be committed, engaged

Honest constructive feedback as we move through the sessions

Respecting where everyone is on their journey and support them

"Move up, move back" - notice how much you are participating and adjust to give everyone room to be heard

It's okay to pass if you don't want to share when asked