

Values, Vision and Goals:

Q1. If I could describe myself in a few words, my ideal-self – The person I would be most proud of becoming and knowing – I would describe myself as:

Q2. On a daily basis, I want to be a person who feels..... (Describe your emotional and energetic goals here)...

Q3. Taking into consideration how your offering might impact other people. Think about your giving, service, relationships, in relation to other people as you complete the statements below:

The way I choose to give and be of service to humanity is by.....

Q4. The impact of my service on other people is.....

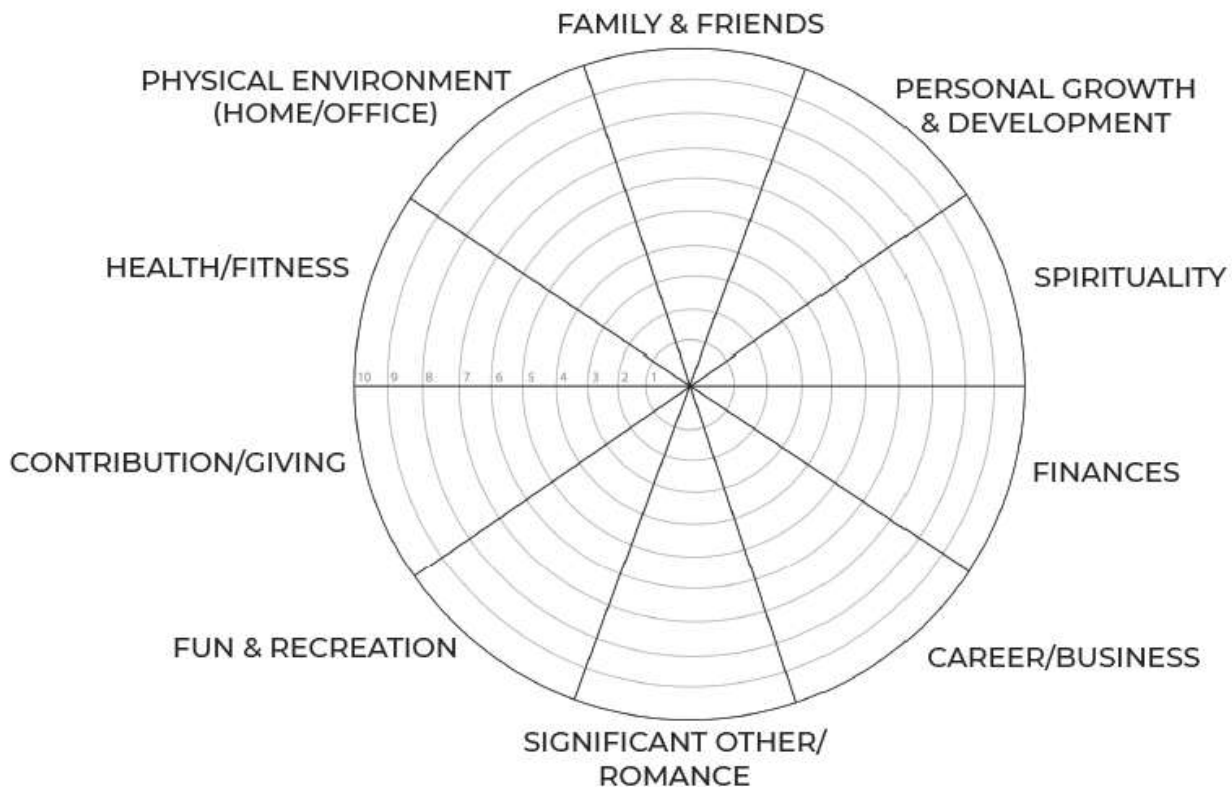
Q5. What are your Life Goals you want to achieve in:

3 Months:

6 Months:

12 Months:

MEASURE YOUR CURRENT LEVEL OF SUCCESS & IDENTIFY YOUR AREA OF TRANSFORMATION:

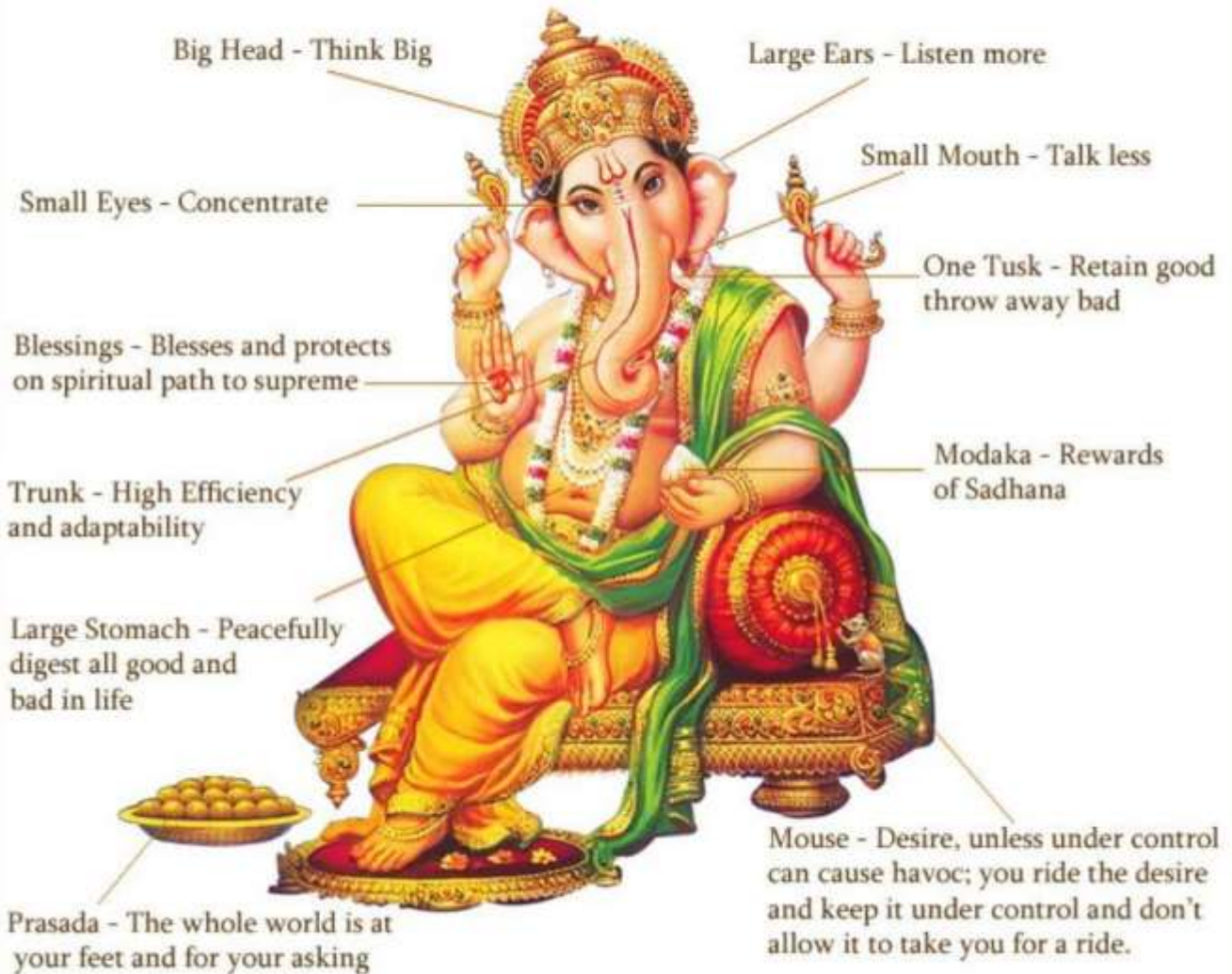


1. WHICH ASPECTS OF YOUR LIFE CAN YOU BE (MORE) GRATEFUL FOR AND PRESENT TO?
2. WHAT DO YOU WANT TO BEGIN IMPROVING/TRANSFORMING DURING THE NEXT 30 DAYS?

3. FOR EACH AREA OF LIFE YOU WANT TO TRANSFORM IN THE NEXT 30 DAYS WRITE DOWN THE ACTION STEPS YOU WILL COMMIT TO START YOUR TRANSFORMATION JOURNEY:

AREA OF LIFE	30 DAY GOAL	ACTION STEPS

The deep-rooted meaning in symbolism of Lord Ganesha



Don't forget you can call on Lord Ganesha on the days your ego demotivates you....