



IPEC Module 1 Video 2:

Elements of the Intimacy Profession

Resources

- [Xploring Gender](#) for resources on talking about bodies
- [Momentum Stage](#) for workshops in: movement, gender equity, disability justice
- [Embody Emerge](#) for workshops and resources on gender and sexuality from a somatic lens

Accreditation Questions (Quiz in Teachable)

- What makes up the IPEC pyramid of story-telling and are perspectives an Intimacy Professional must be able to hold and value equally?
- Define “embodiment” as it relates to performing intimate scenes.
- What should be considered when we are talking about bodies in a professional setting (name at least 4)?
- Define closure. How is closure different from self-care?

Self-Reflection Questions

- What are personal closure practices I use and/or am interested in trying to support my professional life?
- Brainstorm other closure practices you could offer performers.



Embodiment Exercises/Questions

- What are somatically intelligent ways I can check for embodied consent in myself? In others?