


WELCOME

1



TODAY
I AM
GRATEFUL

Hello!

I am so glad you are here...

This course is a curated experience where the video sections easily flow from one to the next and build off of each other as you move through the material. With this in mind, before you begin, choose one of the following paths to build your own Joyful Spending adventure...

How Do you Want to Experience Joyful Spending?

[1] IMMERSE ME 🐰

Create a mini home workshop! Set aside 2-3 hours to immerse yourself into the material and build your ideal life vision by completing the entire course all at once. This experience is how the course was originally designed to be taken and is highly recommended! This is also the fastest track to discovering your spending personality, making big decisions with confidence, and gaining the skills to talk about money with ease. Taking the course in one day will lead to you designing your ideal life and making actionable changes immediately!

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Continued...

[2] TURTLE MODE 🐢

Slow and steady wins the race is your jam. If this is you, add Joyful Spending to your calendar on a specific day/time each week and experience the course at a steady pace and rhythm. This doesn't necessarily have to mean "slow" though! During this experience, you can groove through 1-3 lessons at a time, digest the material in bite-size pieces, or take your time to ponder and go deep. Videos have been purposefully kept under 20minutes each - this allows the option for you to set aside as little as 30min to steadily move through the course and give your life a weekly boost. Taking the course this way will result in you designing your ideal life and making actionable changes within the month!

[3] NOT SURE 😊

Just begin, see where the experience takes you today, and pause when it makes the most sense for you. This path is unscheduled with zero choreography, just the way you like to live. Taking the course this way will result in you designing your ideal life and making actionable changes as slow or fast as you feel depending on the day! Note the lack of discipline in this path has a higher risk of leading to an incomplete course. There are too many incredible discoveries within to miss out on - so be sure to keep going! 🐟

Regardless of your adventure path, to get the most out of the course, I encourage you to do the activities along with the videos as they come up.

NOTE: You can choose to do simplified versions of the activities as you move through the course and revisit them in more depth later - but definitely explore each activity when it arises so you have the insights and clarity to apply the element that will follow.

Most of all - enjoy the insights, fresh perspective, and embrace the journey toward joyful spending! I look forward to you sharing in the comments all about your experience along the way... ♡

See you soon!

With Gratitude,

Bokhara Lashi

