

HOW WILL YOU USE YOUR THREE FEET?

Imagine It's five years from now. How is the world different for your being in it?

Reflect on how you want to show up each and every day as you create that new reality, then mark an "x" to represent what you want to experience for each of these dimensions:

Overwhelmed	[_____]	At ease
Overworked	[_____]	Renewed
Resentful	[_____]	Appreciative
Stingy	[_____]	Generous
Competitive	[_____]	Collaborative
Alone	[_____]	Connected
Arrogant	[_____]	Humble
Burdened	[_____]	Liberated
Surviving	[_____]	Thriving

**What is one small step you can take right now to move yourself more to what you want to experience?
When will you do that by?**