

Video #2

Your First Step To Success

Hello again, and welcome to Chopstick And Succulents' *Beautifully Stressed* Workshop, wherein learning how to grow colorful succulents is easy and fun!

In this lesson, you'll learn the most essential step when caring for succulents — having the right mindset. The first step is to reprogram your mind.

Yes, you need to start within yourself. Stop treating succulents the way you treat your other plants. Do not feel guilty when you skip watering them.

I know you are excited to find out how to achieve the fantastic colors of your plants, and we will definitely get to that.

But for your long-term success, you need to first start it right.

You need to ensure that the plants are ready, and you are too!

Having the right mindset is essential because there would be a time during stressing these plants that you need to make decisions.

You will be the one to decide when to water and how much to give them depending on your plant species, hydration status, soil mixture, size of your container, and the climate you are growing them in.

And if you do not grasp the uniqueness of succulent plants, you'll give in to watering and easily make mistakes.

You've heard this from me already, but let me emphasize this again. This is very important.

Stop treating your succulents the way you treat your other non-succulent plants, especially when it comes to watering. Do not feel guilty skipping them when you water your other plants. Because the more you water, the more problems you'll encounter.

Succulents are living plants; and yes, they need water to survive.

But unlike the usual plants that we are used to, they react a little differently to water. With succulent plants, you need to make sure that they are ready.

Here are the essential things you need to keep in mind:

Succulent plants are not all the same. So, do not generalize their care. The location one species love may not be the right one for another. Or the amount and frequency of watering that makes one species healthier can jeopardize the life of another.

They come from different families, and their ability to conserve water and survive drought depends on their genes and structure. Some have multiple ways of preventing the escape of moisture, while some only have a few.

They are native to different locations, and their response to their environment differs too. Some are dormant in winter, while some are dormant in summer. When they are dormant, Some of them shed off their leaves entirely and may look dead but will

come back to life again when the weather is favorable. But to some, they will just close their leaves and go to sleep. You won't see much activity in the plant, and all you have to do is allow them to take their much-needed break.

The temperatures they can tolerate differ too. Some can tolerate frost, while others will get damaged. Some can survive temperatures above 100 degrees Fahrenheit, while others will get sunburned.

There are so many exciting things you need to know about succulents.

It might sound overwhelming initially, but once you get to know them more, you'll find caring for them so much easier.

Some of you might have bought some colorful succulent plants that reverted to green and wondered why it happened. We will talk about that in our next lesson.

I will see you in the next video.