

Hypha, LLC

Course Title: Ethical Restoration for Healing Professionals

Course Instruction: Interactive Webinar

Duration: 4 CEs/Hours

Course Overview: This course is designed for healers and professionals seeking to deepen their ethical awareness in an interactive 4-hour webinar that takes a fresh approach to ethics through the lens of Ethical Restoration. This course is designed for healers who want to deepen their understanding of ethical principles and integrate mindfulness as a tool for self-restoration and attunement. Through engaging discussions, self-assessment exercises, and interactive processes, participants will explore not only the symptoms of ethical challenges but also the root causes, fostering a deeper, restorative connection to ethical behavior. The course will guide you through essential topics such as ethical self-assessment, boundaries, and communication, equipping you with practical tools to restore clarity and integrity in your professional practice.

Course Objectives:

- To explore ethical principles through a restorative lens, cultivating a deeper understanding of ethical behaviors.
- To engage in interactive processes that encourage active reflection on and creation of self-assessment
- To utilize mindfulness techniques to help restore ethical balance and strengthen ethical decision-making.
- To examine not only the symptoms of ethical challenges but also the root causes, allowing for comprehensive healing and growth to create and maintain professional boundaries.
- To equip healers with practical tools that support and encourage active communication and self-awareness within their practice.

Learning Outcomes:

1. Participants will deepen their understanding of ethical principles by exploring them through the lens of Ethical Restoration, fostering a restorative connection to ethical behavior.
2. Participants will engage in interactive self-assessment exercises, promoting active reflection and the development of personalized tools for ethical growth and awareness.

3. Participants will gain practical tools for creating and maintaining professional boundaries, as well as enhancing communication and self-awareness within their practice.
4. Participants will learn and apply mindfulness techniques to restore ethical balance and strengthen ethical decision-making in their professional practice.