

Lumbopelvic Ultrasound Imaging – Schedule at a Glance Eastern Time Zone

	Day One - Saturday		Day Two - Sunday
1000	Lecture: Ultrasound 101	1000	Lecture: TAUS of the bladder and Pelvic Floor
1015	Knobology, image generation		Sonographic anatomy, morphology, morphometry of the PFM and pelvic contents
	Interpreting the US image, measurements		Pelvic floor, pelvic wall and pelvic contents
1045	Lab I: Knobology		Application of RUSI for PFM in clinical setting
	Image creation, using presets	1100	Lab VI: TAUS of the Bladder and Pelvic Floor
	Image optimization, PARRT	1115	Structure identification
	Measurements	1130	B-mode and M-mode,
1145	Lecture: Imaging anterior abdominal wall	1145	Axial loading in supine and standing
	Sonographic anatomy, morphology	1200	Bladder volumes, post void residual
	Clinical application for AAW	1215	Lecture: Transperineal People with Male Anatomy
1230	Lab II: Anterior abdominal wall	1230	Sonographic anatomy, morphology, morphometry
	Structure identification	1245	Application of RUSI for TPUS in clinical setting
	Evaluation and functional training	1300	Post prostatectomy care
	Inner-rectus distance, behavior with CUT	1315	Brief Meal Break
1330	Meal break	1330	Male anatomy models should arrive
		1345	Lab VI: Transperineal for people with male anatomy
		1400	Structure identification
		1415	Evaluation and functional training
1430	Lecture: Imaging lateral abdominal wall	1430	Discrete motor control patterns for continence
	Sonographic anatomy, morphology, morphometry	1445	Lecture: Transperineal for people with female anatomy – Anterior compartment
	Clinical applications	1500	Sonographic anatomy, morphology, morphometry
1515	Lab III: Lateral abdominal wall	1515	Assessment of pelvic floor in clinical setting
	Structure identification	1530	Lab VII: TPUS female anterior compartment
	Evaluation and functional training	1545	Structure identification
	Co-activation, pressure management supine and standing	1600	Evaluation and functional training of voluntary and involuntary motor control
1615	Lecture: Imaging the deep lumbar multifidus	1615	Prolapse evaluation with strain, valsalva
1630	Sonographic anatomy, morphology, morphometry and clinical applications	1630	Bladder neck stability, Puffer training
1645	Lab IV: Deep lumbar multifidus	1645	Lecture: TPUS - Posterior compartment
1700	Structure identification	1700	Sonographic anatomy, morphology, morphometry
1715	Observation in transverse and sagittal planes	1715	Application of RUSI for defecation dysfunction in a clinical setting
1730	Evaluation and functional training	1730	Lab VIII: TPUS – Posterior Compartment
1745	Lecture: Imaging respiratory diaphragm	1745	Structure identification
1800	Sonographic anatomy, morphology, morphometry	1800	Evaluation and functional training of voluntary and involuntary motor control
1815	Clinical applications	1815	Anorectal angle, anal canal, defecation disorders
1830	Lab V: Respiratory diaphragm	1830	Adjourn
	Structure identification		
	Diaphragm excursion B-mode and M-mode		
	Response to intervention		
	Adjourn		