

Crystal Class: Supplies

Please bring the following to crystal class:

Journal

Candle

Altar cloth or scarf

Bergamot essential oil

10-20 small/ medium crystals to play with from your personal collection // make sure to choose your favorite pocket size stones, we will be learning about and from them!

Optional Supplies

Incense, smudge or hydrosol

Other essential oils

One medium clear quartz point for Primus meditation