

BIRTH ASSISTANT

Recommended Readings

Birth, Skills, & Midwifery

- The Essential Homebirth Guide: For Families Planning or Considering Birthing at Home by Jane E. Drichta, Jodilyn Owen, & Dr. Christianne Northrup
- Birth Matters by Ina May Gaskin
- Spiritual Midwifery by Ina May Gaskin
- Laboring On by Barbara Katz Rothman
- Birth Crisis by Sheila Kitzinger
- Myles Textbook for Midwives by Ruth Bennett and Linda K. Brown
- Heart and Hands by Elizabeth Davis
- Midwifery: Best Practice Vols. 14 by Sara Wickham
- Becoming a Midwife by Carolyn Steiger
- A Guide to Physical Examination by Barbara Bates, M. D.
- Listen to Me Good by Smith & Holmes
- Women's Bodies, Women's Wisdom by Christiane Northrup, M. D.
- Herbs for the Childbearing Years by Susan Weed
- Birth at Home by Sheila Kitzinger
- Understanding Lab Work in the
- Childbearing Year by Anne Frye
- Holistic Midwifery, Vol. I and II by Anne Frye
- Birthing From Within by Pam England and Rob Horowitz
- After the Baby's Birth: A Woman's Way to Wellness by Robin Lim
- Rebounding From Childbirth: Toward Emotional Recovery by Lynn Madsen, Bergin, and Garvey
- Rediscovering Birth by Sheila Kitzinger
- Diary of a Midwife by Juliana van Olphen-Fehr
- Varney's Midwifery by Varney

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Emergency Skills

- B.E.S.T. Training Resources
- S.T.A.B.L.E Program
- NRP Textbook
- Obstetrics: Normal & Problem Pregnancies by Gabbe

Breastfeeding

- Breastfeeding Made Simple: 7 Natural Laws for Nursing Mothers by Mohrbacher & Kendall-Tackett
- Dr. Jack Newman's Guide to Breastfeeding: The Canadian Expert Offers the Most Up to Date Advice on Every Aspect of
- Breastfeeding by Newman & Pitman: The Womanly Art of
- Breastfeeding by West & Pitman
- The Nursing Mother's
- Companion by Huggins
- Ina May's Guide to Breastfeeding by Ina May Gaskin

Labor Support

- The Birth Partner - Revised 4th Edition: A Complete Guide to Childbirth for Dads, Doulas, and All Other Labor Companions by Penny Simkin
- The Doula Book: How a Trained Labor Companion Can Help You
- Have a Shorter, Easier, and Healthier Birth by Marshall H. Klaus, John H. Kennell

History of Maternity Care

- Midwifery and Childbirth in America by Judith Pence Rooks
- Birth: The Surprising History of
- How We are Born by Tina Cassidy
- Pushed: The Painful Truth About Childbirth and Modern
- Maternity Care by Jennifer Block
- Birth as an American Rite of Passage by Robbie E. Davis-Floyd