# **SADDLEBACK NOTES**

## Expecting a Resurrection When Life Falls Apart

A Faith That Works When Life Doesn't – Part 4
Special Easter Services During 2020 COVID Pandemic
Rick Warren

"You might have to suffer even when it is unfair, but if you think of God and stand in the pain, God is pleased. . . Remember, Christ suffered FOR YOU and gave us AN EXAMPLE TO FOLLOW. So you should do as he did."

- 1 Peter 2:19, 21

"That Sunday evening, the disciples were <u>huddled together in a home</u>, with the <u>doors locked for fear</u> of the authorities. <u>Suddenly Jesus appeared</u> standing there among them. They were frightened so Jesus said, "Peace be with you!" Then he showed them the nail scars in his hands and where he'd been pierced in his side. At that point everything changed. The disciples were overwhelmed with joy when they realized that it really was the Lord!" - John 20:19-20

#### ON FRIDAY: DAYS OF FEAR & PAIN

#### 1. I NEED TO REACH OUT TO

"Jesus took his disciples with him to Gethsemane and said, 'Stay here with me while I pray.' Then he took Peter, James, and John a little further. He was filled with anguish and deep distress, and he said to them, 'My heart is so overwhelmed and crushed with sorrow that I feel like I'm dying. Just sit here and watch with me.' Then Jesus took a few more steps, fell to the ground and prayed..."

- Matthew 26:36-39

"Carry each other's burdens, and in this way you fulfill the law of Christ."

- Galatians 6:2

## 2. I NEED TO REACH OUT TO GOD

"Jesus fell face down on the ground and prayed that if possible, he would not have to suffer the pain ahead of him. He prayed, "Abba! Father! I know you can do all things. And I don't want to have to drink this cup of suffering. Nevertheless, I want your will, not mine, to be done."

- Mark 14:35-36

3	THINGS	то	

• Affirm God's power: I know you can do anything!

• Express your desire: I don't want this pain!

• Offer your trust: I want your will, not mine

"Since Jesus went through suffering and temptation, he knows what it is like when we suffer and are tempted, and he is able to help us." - Hebrews 2:18

# **SADDLEBACK NOTES**

#### ON SATURDAY: DAYS OF CONFUSION & GRIEF

"Then Jesus told them, 'Before the night's over, you're going to <u>fall to pieces</u> because of what happens to me." - Matthew 26:31 (MSG)

"At that point, all the disciples abandoned Jesus and ran away."

- Matthew 26:56

#### 3. I NEED TO REMEMBER THE

OF GOD

Jesus said, "Here's what's going to happen: Soon I'll be gone and you'll be without me, but after a while, you'll see me again. . . You will weep and mourn and grieve. . . but your grief will eventually turn into joy. It will be like a woman going through labor pains. When her child is finally born, her <u>anguish turns to joy</u> because the new life wipes out the memory of the pain. In the same way, you'll go through sorrow now, but I'll be back and you will rejoice; and no one will be able to rob you of <u>that joy!</u>"

- John 16:16, 20-22

"For ALL the PROMISES of God find their 'Yes' in Jesus Christ!"

- 2 Corinthians 1:20

"When you go through deep waters and great trouble, <u>I will be with you</u>. When you go through rivers of difficulty, <u>you will not drown!</u> When you walk through the fire of oppression, you will not be burned up; the flames will not consume you! For I am the Lord, your God and Savior!" - Isaiah 43:2-3

God promises, "To all who mourn, I will restore beauty for ashes, joy instead of mourning, and praise instead of despair." - Isaiah 61:3

ON SUNDAY: DAYS OF	& JOY

#### 4. I NEED TO

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## ON THE POWER OF JESUS

Jesus said, "<u>I AM</u> the resurrection and the life! Whoever <u>believes in me</u>, even though they die, <u>WILL LIVE AGAIN</u>. I give them eternal life for believing in me and they will <u>NEVER PERISH!</u>" - John 11:25-26

"I pray that you will begin to understand how <u>incredibly great his power is to help those who believe him.</u> It is that same mighty power that raised Christ from the dead. . ."

- Ephesians 1:19-20

"If you confess with your mouth that <u>Jesus is Lord</u> and believe in your heart that God raised him from the dead, you will be saved." - Romans 10:9

1. Friends 2. Pray 3. Promises 4. Freedom 5. Rely

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## SADDLEBACK NOTES

## 在紛擾崩壞的世代中期待重生

在人生困境中活出真信心一第四部 Special Easter Services During 2020 COVID Pandemic Rick Warren

"你可能要忍受不公平的待遇,但如果你念及上帝而堅忍受苦,這是上帝所喜 悦的……請緊記,基督**為你**受苦,他為我們**樹立了榜樣**,因此你應該效法 洲。" 

"那個星期日晚上,門徒聚集在一起,把門都鎖上了,因為他們害怕猶太人的 領袖。忽然,耶穌竟站在他們當中!耶穌說:「願你們平安。」——邊說,—邊 讓他們看他的手和肋旁的傷痕。門徒看見主都高興極了!"

- 約翰福音 20:19-20 (新普及譯本)

「星期五」:恐懼和痛苦的一天

### 1. 我需要接觸

"耶穌和他們來到一個叫客西馬尼的橄欖園,他説:「你們坐在這裏,我去那 邊禱告。」他帶着彼得和西庇太的兩個兒子雅各、約翰一起過去。耶穌悲傷起 來,極其痛苦,對他們說:「我的心被憂傷壓碎,幾乎要死,你們留在這裏, 跟我一起警醒吧!」他向前走了不遠,就俯伏在地上禱告…"

- 馬太福音 26:36-39 (新普及譯本)

"你們要分擔彼此的重擔,這樣做就是服從基督的律法了。"

- 加拉太書 6:2 (新普及譯本)

### 2. 我需要與上帝聯繫

"他向前走了不遠,就俯伏在地,禱告説,如果可能,就讓那正等待着他的可 怕時刻離他而去。他大聲呼喊:「阿爸,父啊!對你來説凡事都可能,請拿走 這苦難的杯吧!可是,不要按我的意願,只要照你的旨意。」"

- 馬可福音 14:35-36 (新普及譯本)

三件要 的事

- · 肯定了上帝的能力:對你來説凡事都可能!
- · 表達你的願望:我不想經歷這痛苦!
- · 你交託信靠:不要按我的意願,只要照祢的旨意。

"因為耶穌親身經歷過苦難和試探,他能體會我們面對苦難和試探是甚麼感 覺,因此他能幫助我們。" - 希伯來書 2:18 (意譯)

## SADDLEBACK NOTES

「星期六」:混亂和哀傷的一天

"然後耶穌告訴他,「在天亮之前,你們都會因為我所經歷的事而四散。」" - 馬太福音 26:31 (意譯)

"那時,門徒全都撇下耶穌逃跑了。"

- 馬太福音 26:56 (新普及譯本)

### 3. 我需要緊記上帝的

耶穌説:"「不久以後,你們就看不見我了;但過不了多久,你們就會再看見 我。」…你們將要為發生在我身上的事哭泣哀痛,世人卻會高興歡喜。你們會 哀傷,但你們的哀傷會突然變成極大的喜樂。就像產婦經受分娩的痛楚一樣, 一旦孩子生下來,她的痛苦就會變成喜樂,因為她把一個新生的嬰兒帶到世上 來。同樣,你們現在感到憂傷,但我要再和你們相見,那時你們將會歡喜快 樂,沒人能奪走這喜樂。" - 約翰福音 16:16, 20-22 (新普及譯本)

"因為神的一切應許,在基督裏都是「是」的。"

- 哥林多後書 1:20 (新漢語譯本)

"你經過深水,我要與你同在;你渡過艱險的河流,必定不被淹沒。你走過壓 迫的火焰,必定不會燒傷;火焰不會吞噬你。因為我是上主,你的上帝···你的 救主。" - 以賽亞書 43:2-3 (新普及譯本)

上帝應許: "他要向…所有悲傷的人賜下美麗的冠冕代替爐灰,賜下欣喜的祝 福代替悲傷,賜下歡樂的讚美代替絕望。" - 以賽亞書 61:3 (新普及譯本)

「星期日」:	和喜樂的日子
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#### 4. 我需要

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## 耶穌的大能

耶穌説: "「我是復活,也是生命。相信我的人,即使死了也要活過來。凡是 活在我裏面又相信我的人,必定永遠不死。」

- 約翰福音 11:25-26 (新普及譯本)

"我還祈求上帝讓你們認識他那不可思議的大能,這大能是為了我們這些相信 他的人而彰顯的。正是這莫大的能力,使基督從死人中復活。"

- 以弗所書 1:19-20 (新普及譯本)

"只要你口裏承認耶穌是主,心裏相信上帝使他從死人中復活,就必能得 救。" - 羅馬書 10:9 (新普及譯本)

1. 朋友 2. 禱告 3. 應許 4. 自由 5. 倚靠