



Welcome to The Creatively Fit Coaching Training. I am honored and excited to gather together to CREATE more of what we WANT and share our abundance with others!

YOU are here to help change the world...if that does not feel totally comfortable to you, it will in a couple of months!

You are here because you are passionate about our individual + collective creative potential. You are here because you want to create or expand your business coaching + teaching OR you are here because you want your own creative immersion + personal transformation.



In this document is the outline of the training the dates and times of our Group Calls and all important links and numbers.

SAVE THIS FOR REFERENCE THROUGHOUT THE TRAINING.

****There are NEW options to UPLEVEL your training with personalized support. Check the Welcome Section in the course curriculum.****



Training Schedule for Vision Quest & Super Soul Flow

This part of the training will be led by your team of CCFC Guides. They have successfully completed the CCFC Training and have a full spectrum of experience with this content, both personally and professionally. They will be available to you via your private FB group & Group Calls. Angela Murray is my CCFC Master Coach who will be overseeing this part of your training.

You will love them all!

October 1st to November 19th Vision Quest . 4 Elemental Modules

- Oct 1st AIR Module
- Oct. 15th FIRE Module
- Oct. 22nd WATER Module
- Nov. 5th eARTh Module

November 19th - December 31st Super Soul Flow . 8 Modules

- Nov. 19th Lessons 1 + 2
- Nov. 26th Lesson 3
- Dec. 3rd Lesson 4
- Dec. 10th Lesson 5
- Dec. 17th Lesson 6
- Dec. 24th Lesson 7 + 8



All Group Calls Meet on Zoom & are recorded.

Click this link to join us live for ALL calls: <https://us06web.zoom.us/j/84340064149?pwd=bDBOMklrNXZQb0RNQUoxOGxXdjJWUT09> (PW for Zoom: inflow)

Dates of Group Calls:

Kick Off Call: Friday, October 1st . NOON PDT . 3p EDT . 8p London

Vision Quest I Call: Tuesday, October 19th . 2p PDT . 5p EDT

Vision Quest II Call: Wednesday, November 3rd . 2p PDT . 5p EDT

Vision Quest III Call: Thursday, November 18th . 2p PDT . 5p EDT

Super Soul Flow I Call Monday, Nov. 22nd . 2p PDT . 5p EDT . 10p London

Super Soul Flow II Call Wednesday, December 15th . 2p PDT . 5p EDT

Super Soul Flow III Call Tuesday, December 28th . 2p PDT . 5p EDT

OPEN STUDIO ZOOM SESSIONS HELD WEEKLY. DATES TBA.



Part of the magic of this training is that it is laser-focused on you sharing your heARTs as much as possible and as quickly as possible because the world needs, needs it right now! Starting in Month #4, I (Whitney Freya) take over your training to inspire you to put yourself out there & grow your following, your income and your joy! Each workshop will be a 3 hour, working workshop with action taken each month that is in alignment with your intention for this training. We will also have a 2nd, one hour, workshop towards the late-middle of each month for ongoing support.

Workshop I - JANUARY: Monday the 3rd. 1:00 to 4:00p PST

- You start sharing from your heART
- 1-15 Creatives Making Money (CMM) lessons

Workshop II - FEBRUARY: Tuesday the 1st . 1:00p to 4:00p PST

- Receive the 3-part video series you want to create and share. Outline series.
- 15-30 CMM

Workshop III - MARCH: Tuesday, the 1st. 1:00p to 4:00p PST

- Create the 3-part video series
- Coaching + the CF Model

Workshop IV - APRIL: Friday the 1st . 1:00p to 4:00p PST

- Launch video series.
- Teaching workshops in-person or virtual

Additional Training Requirements

1. *Create your own zoom.us account: This is free. You want to have this available for innumerable sharing opportunities!*
2. *If you do not have one already, you will create a separate FB page for YOU as a Life Artist, an artist, Creatively Fit Coach, etc.*
3. *You will create a FB Group, if you do not already have one, where you can share your creative journey. The Group and Page are addressed in the Share + Ripple section of the training.*
4. *You will complete the assignments during the 4 Months of Training with Whitney Freya, most importantly the 3-part video workshop.*

Each of these requirements are to empower you, to give you confidence, experience, and learning opportunities. You will EXPERIENCE being a Creatively Fit Coach before the training is over! AND Whitney is always ready to tailor your requirements to best fit your needs.

Welcome to an incredible journey. We are all so excited you are here!



Thank you all for joining the TRIBE!