



## Lesson #2: Joints (Grades 3-5)

1. Joints are the connections between\_\_\_\_\_.
  
2. Which of the following is NOT a type of joint?
  - a. Cartilaginous Joints
  - b. Synovial Joints
  - c. Mobile Joints
  - d. Fibrous Joints
  
3. Ligaments connect\_\_\_\_\_ to bones.
  - a. Skin
  - b. Bones
  - c. Muscles
  - d. Organs
  
4. Where are synovial joints most commonly found in the human body?
  - a. Arms and legs
  - b. Hands and feet
  - c. Spine and Neck
  - d. Fingers and Toes
  
5. True or False. The shoulders and hips are examples of synovial hinge joints.  
  
\_\_\_\_\_
  
6. What are 2 things that help bones move more easily and prevent them from grinding?  
  
\_\_\_\_\_  
  
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