

# Materials needed for this course bundle

## Drawing the Buddha Face! + Medicine Buddha

You only need 4 basic materials for both courses, only the size of paper may differ:

### 1) Paper

#### Buddha Face

Any size is possible but I advise you to start with size A3 / 12"x18" / tabloid / ledger.

Weight: preferably minimum 160 g/m<sup>2</sup>, or 80lb / 130gsm (I always use 200g/m<sup>2</sup>)

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

Of course you can also use (part or half of) a larger paper:

#### Medicine Buddha

For the drawing of this Buddha you need a larger sheet of good drawing paper in cm or inches:

**Size:** Best size 50x65cm / 50x70cm (If this is not available choose size A2 or size A1)

**US paper sizes:** Minimum size 18"x24" or larger (such as 20"x30" or 22"x30", more suitable if you want to draw for ex. a large landscape around your Buddha)

Weight: preferably minimum 160 g/m<sup>2</sup>, or 80lb / 130gsm (I always use 200g/m<sup>2</sup>)

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

### 2) Pencil

Regular B&W pencil HB and/or a mechanical pencil (0.5mm)

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

### 3) Eraser

Regular eraser

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

In addition it's nice to have a very fine eraser, my favorite is Tombow Mono Zero (the round one):

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

### 4) Ruler

Preferred size of 50cm / 18" or 24"

Note: for thangka it's easiest to work with centimeters. Working with inches is possible but gives you less options proportion wise. The following rulers have both inches and centimeters:

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

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### OPTIONAL: Drawing Compass

If you want to buy one, choose one that can make a wide circle, or with an extension part.

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

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# Colouring Techniques Course

To colour your Buddha Face you can use whatever coloured pencils you've got, but for the best results a good brand is advised, as those pencils have more pigment which is good for shading.

## Coloured Pencils

I have been using the following brands for many years and often use a set of 48 pencils:

### Prismacolor Premier

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

### Faber Castell Polychromos

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

### Bruynzeel Design

[Amazon.COM](#) / [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

If you are in the US, [Blick Studio Artists' Colored Pencils](#) also make a good choice

## OPTIONAL: Additional materials

In the course I show you what you can do with additional materials such as the ones below.

You don't necessarily need to buy them now, you can also first see if this would be something for you.

### Fineliners

There are many different brands that are good. I always use Stabilo Point 88, usually a set of 10:

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

### Gold pen

I always like to finish things off with a golden pen, such as the ones from Uni-ball or Pentel:

[Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

### Blending tool(s), such as

#### Paper stumps (set of 3 or more)

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

### Blender pencil

In US: [Blick Art Materials](#) / [Amazon.COM](#) or at: [Amazon.CA](#) / [Amazon.UK](#) / [Amazon.FR](#) / [Amazon.DE](#)

And lastly: if you want to make notes during the courses please have your pen & paper ready.

Happy drawing!  
Garmen



*PS The above linked products are recommended by me and I receive a small percentage of sales when you make a purchase. Thank you!*