## **TEVET LAYOUT**

Today's Date: Date on Jewish Calendar:					
WORKING THROUGH ANGER (GEVURAH) USING THE TREE OF LIFE					
<u>First Card</u> – TIFERET/INNER CHILD What's blocking my compassion?	<u>Second</u> – HOD/THE MEDIATOR What can help me surrender?	Third Card—BINA/THE THINKER What is my rigid belief?	Fourth Card—DAAT/THE KNOWER What is the Highest Truth/my lesson?		
Meaning:	Meaning:	Meaning:	Meaning:		
Affirmation: I am		by	so that I can		
Journal:					
WEEK 1:					
WEEK 2:					
WEEK 3:					
WEEK 4:					
WEEK 5:					
			©Allison Gilbert, LMFT 2016		
