

SAMPLE DAILY ACTION PLAN



PINTEREST

Research keywords and create 10 boards around the keywords
Pin 2-3 pieces of content from your blog, website, or other websites
Follow 10 relevant people or brands that pin similar content
Repin 2-3 of their pins daily



FACEBOOK

Like 5 pages each day
Post 1 piece of content from your blog or website
Post 1 inspirational quote
Hold 1 Facebook Live each week
Write engaging descriptions for posts
Join groups relevant to your niche



INSTAGRAM

Follow 25 people every day
Comment + like 10 other images
Post 1 piece of content from your blog
Post 1 personal photo or image
Use hashtags



TWITTER

Follow 25 people every day
Re-tweet influencers and mention them in your tweet
Post 4-5 pieces of content from your blog, website, or other websites
Use hashtags

SAMPLE POSTING SCHEDULE



9am

Blog post

Blog post

Blog post

Blog post

1pm

Inspiration

Promotion

3pm

FB live

Blog post

4pm

Promotion

Article

7pm

Inspiration

9pm

Blog post

1am

Blog post