

KITCHEN ENGLISH

Weights and Measures

Weight

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MetricImperial15g1/2oz30g1oz425g14oz500g1lb750g1 1/2lb1kg2lb
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Liquid measures

Quantity	Metric
1 teaspoon (1t)	5ml
1 tablespoon (1T)	15ml
1/4 cup	60ml
1/3 cup	80ml
1/2 cup	125ml

Liquid measures

Quantity Metric

2/3 cup 160ml

3/4 cup 180ml

1 cup 250ml

2 cups 500ml

Length

Metric Imperial
5mm 1/4 inch
1cm 1/2 inch
2.5cm 1 inch
5cm 2 inches

Oven temperature

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Celcius Fahrenheit
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110°C 225°F

120°C 250°F

140°C 275°F

150°C 300°F

160°C 325°F

Oven temperature

Celcius Fahrenheit

180°C 350°F

190°C 375°F

200°C 400°F

220°C 425°F



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Countable and Uncountable

Countable things

A few
Some
Many
A lot (of)

Numbers Containers

'Is' for singular, 'Are' for plural.

Examples:

How many apples are there?

There is one apple.
There are five apples.
There are many apples.

Uncountable things:

A little
Some
Much*
A lot (of)

'Is' in every case.

Examples:

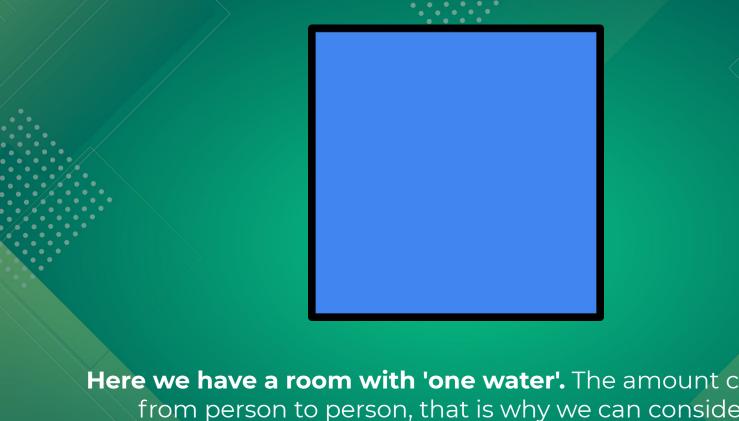
How much juice do we have left?

There is just a little.
We still have some.
We don't have much.

Uncountable things are usually liquids, grains, things that can vary in size, etc.

The 'Room technique'

Imagine an empty room. Its size is not important, as long as it's not minuscule. Can you fill this room with 'one' of something?



Here we have a room with 'one water'. The amount can vary from person to person, that is why we can consider it uncountable.



Here we have a room with one apple. Obviously, it doesn't fill all the space. We need many apples for that, therefore, it's countable



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