InnerLifeSkills

"I'm fearless not afraid."

security   safe
diligent
assert
think
challenge
cause
discern
solve   defend
question
protect
defy   fight
doubt   plan
loyal

STRESS POINT

CP 3

SECURE POINT

9

MIND | FEAR | SEPARATION | SECURE

CP 6
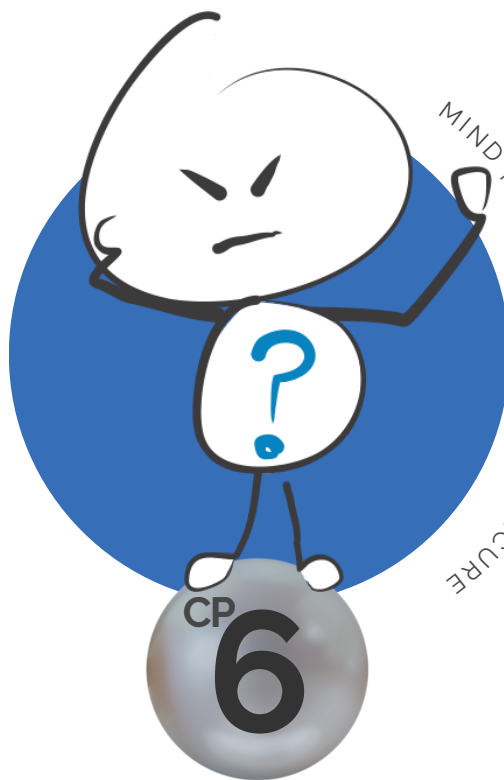
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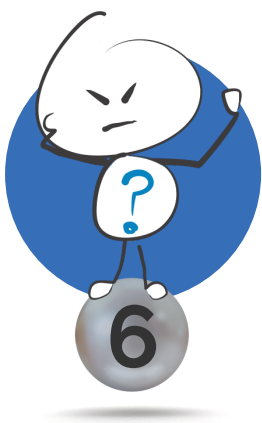
NAME   **DATE**

0 = I don't relate to this at all
10 = I relate to this strongly
No need to be exact.

Insights and impressions

TYPE CP6 SELF-AWARENESS

| /10 | I relate to the words on the Enneagram Infographic. I see myself in the feeling of the Ennea cartoon. |

| /10 | I don't trust easily and am forced to look after myself. I worry and think a lot because I plan for the worst. I think I may be an 8, but I don't take revenge, and compassion is natural. |

| /10 | Integrity, honesty, fairness and equality are very important to me. I challenge power and authority. I speak for the powerless. |

| /10 | I openly and directly question a lot. It's difficult to know the safest thing to do, so I gather information and demand answers. I'm right to challenge people in power and demand transparency. |

| /10 | My body posture shows my directness. I try to show myself and others that I'm not afraid. I try to be strong. I sometimes make 'us' and 'them' camps seeking to protect the underdogs. |

| /10 | When I feel low, I attack and question. When I feel good, I trust myself and my knowing, slow down peacefully, and become less defensive. |

| /10 | Look at the voices below. How strongly do you relate to the tone and posture of these voices? |

We can cancel you.

I protect the underdogs.

Can I trust you?

So much could go wrong.

I can take on an 8.

I want to champion a cause.

I will give you feedback.

Life's not fair.

I can be with you and against you.

I'm not afraid... am I?

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