

The Golden 100

100 ESSENTIAL WORDS
TO BOOST YOUR SPANISH FLUENCY



Welcome!



Welcome to StoryLearning and thank you for downloading this Spanish words PDF.

My name is Olly Richards and I'm the founder of the StoryLearning® method. Through my online Spanish courses and best-selling Spanish books, I've helped thousands of students around the world to achieve their dreams of Spanish fluency.

In this PDF, I've hand-picked 100 of the most common and useful Spanish words (the ones I use time and again in every day Spanish conversations).

By learning these words and introducing them into your Spanish, you will notice an immediate improvement in your level.

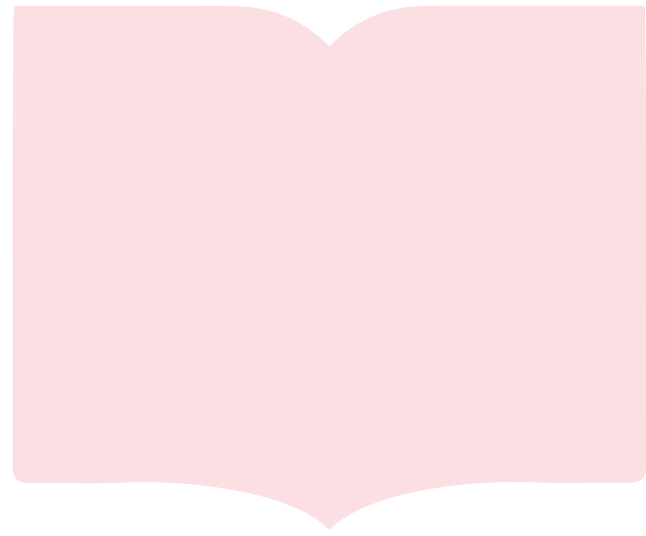
The words are suitable for beginner learners, and for any variety of Spanish.

Before you start, you'll find a section called "Guidance for Using These Words" with my top tips for learning, practising and using these words to improve your Spanish. Make sure to check that out before you dive in!

Enjoy!

Olly

Table of Contents



Guidance For Learning These Words	3
The Golden 100	5
Example Sentences	11
About StoryLearning	15
About Olly Richards	15

Guidance For Learning These Words

When you are at the beginner level in Spanish, you need to increase the amount of vocabulary you know. And not just that – but you need to focus on the words that are actually going to come up repeatedly.

Learning the Golden 100 is a great way to do this! The 100 most common Spanish words you see here are a great starting point to increase your vocabulary. Because they are so common, you are guaranteed to see them just about everywhere in the language.

Here is a quick 5-step guide for how to use these words in your Spanish practice:

- **Think about situations where these words are especially useful.**
- **Look through the Golden 100 and test yourself on them – that’s why there are two columns!**
- **Write them down on a piece of paper, in a notebook or on some flashcards that you will carry around with you.**
- **Practice pronouncing the words out loud.**
- **Try to practise the Golden 100 daily. Even just 5 minutes can make a big difference!**

These 100 words will be the foundations for all of your Spanish studies, so you’re going to need to know them pretty well! You don’t need to memorise these words... but seeing them here will help you notice them when you see them.

Since these words are so important, you might like to print out this PDF and keep it handy so you can easily refer to it when you’re practicing your Spanish.

Did you receive bonus learning aids with your order of the Golden 100? If so, please be sure to use them to help you memorise the words!

IMPORTANT: Many of the words included here are verbs. These are in their infinitive (base) form and not conjugated. You'll see how some of them are conjugated in the second section (50 Example Sentences).



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The Golden 100

#	SPANISH	ENGLISH
1.	estar	to be (temporary)
2.	bien	good
3.	pero	but
4.	Yo	I
5.	aquí	here
6.	más	more
7.	ya	already
8.	todo	all / everything
9.	ir	to go
10.	muy	very
11.	hay	there is... / there are...
12.	ahora	now

#	SPANISH	ENGLISH
13.	algo	something
14.	nada	nothing
15.	tener	to have
16.	tú	you
17.	saber	to know
18.	así	like this / like that
19.	poder	to be able to (can)
20.	querer	to want
21.	sólo	only
22.	ser	to be (permanent)
23.	gracias	thank you
24.	o	or
25.	él	he
26.	bueno	good
27.	la vez	(the) time
28.	creer	to believe / to think
29.	Ella	she
30.	hola	hello

#	SPANISH	ENGLISH
31.	porque	because
32.	dios	god
33.	nunca	never
34.	casa	house
35.	tan	so
36.	señor/señora	mister / ma'am
37.	el tiempo	(the) time
38.	la verdad	truth
39.	mejor	better
40.	el hombre / la mujer	(the) man / (the woman)
41.	usted	you (polite)
42.	mucho	a lot
43.	entonces	then / so
44.	sentir	to feel
45.	ahí	there
46.	la vida	(the) life
47.	ver	to see
48.	alguien	somebody

#	SPANISH	ENGLISH
49.	hasta	until
50.	sin	without
51.	el año	(the) year
52.	sobre	about
53.	decir	to say
54.	siempre	always
55.	las cosas	(the) things
56.	también	also
57.	antes	before
58.	el día	(the) day
59.	la noche	(the) night
60.	nadie	nobody
61.	otro (m) / otra (f)	other
62.	parecer	to seem
63.	nosotros (m)/ nosotras (f)	we
64.	poco (m)/ poca (f)	a little
65.	el padre/ la madre	(the) father/ (the) mother
66.	el trabajo	(the) work
67.	la gente	(the) people

#	SPANISH	ENGLISH
68.	mirar	to look
69.	lo mismo / la misma	the same
70.	hecho	done; fact
71.	ellos (m) / ellas (f)	they
72.	pasar	to pass / to happen
73.	el dinero	(the) money
74.	el hijo / la hija	(the) son / (the) daughter
75.	hablar	to speak
76.	seguro	secure (adj.); i'm sure (v.)
77.	claro	of course!
78.	el lugar	(the) place
79.	el mundo	(the) world
80.	el amigo / la amiga	the friend
81.	esperar	to wait / to expect
82.	después	after
83.	el momento	(the) moment
84.	desde	from / since
85.	fuera	out

#	SPANISH	ENGLISH
86.	el tipo	(the) type
87.	la mañana	(the) morning
88.	grande	big
89.	necesitar	to need
90.	el estado	(the) state
91.	el acuerdo	(the) agreement
92.	el papá	(the) dad
93.	gustar	to like
94.	nuevo (m) / nueva (f)	new
95.	el nombre	(the) name
96.	venir	to come
97.	menos	less
98.	deber	to ought to; should
99.	mal	bad
100.	el abuelo (m) / la abuela (f)	(the) grandfather/ (the) grandmother



Example Sentences

While learning the Golden 100 is undoubtedly valuable, the true magic happens when you see these words come alive with context. This not only helps your understanding but allows you to grasp the nuances of the Spanish language.

That's why example sentences are so useful. Our collection of 50 example sentences uses only words from the Golden 100, so you can see them in practice.

The same rules apply to these example sentences: you don't need to memorise them, but studying them frequently will help you better understand (and remember) the Golden 100.

IMPORTANT: Not all of these are complete sentences. Some are partial segments of one. This is by design – by learning in chunks, you are fast tracking your progress with Spanish as you start to build up your vocabulary!

#	SPANISH	ENGLISH
1.	Yo estoy aquí	I am here
2.	Tú eres bueno	You are good
3.	Más o menos	More or less
4.	Él va ahora	He goes now

#	SPANISH	ENGLISH
5.	Hay algo	There is something
6.	Ella sabe todo	She knows everything
7.	Puedo ir	I can go
8.	Quiero más	I want more
9.	Solo aquí	Only here
10.	Él es bueno	He is good
11.	Gracias, amigo	Thank you, friend
12.	Yo también	Me too
13.	Aquí está él	He is here
14.	Todo bien	Everything is good
15.	Usted puede	You can
16.	Tener algo	To have something
17.	Hola, tú	Hello, you
18.	Ella puede ser	She can be
19.	Bueno o malo	Good or bad
20.	El tiempo pasa	Time passes
21.	Poder ver	To be able to see
22.	Sin tiempo	Without time
23.	Nunca más	Never again

#	SPANISH	ENGLISH
24.	Casa grande	Big house.
25.	¿Quién sabe?	Who knows?
26.	Siempre tú	Always you.
27.	Antes de ir	Before going.
28.	Ella cree	She believes.
29.	El trabajo aquí	The work here
30.	Mucho dinero	A lot of money
31.	Hijo de Dios	Son of God
32.	La verdad es	The truth is
33.	El día pasa	The day passes
34.	Nadie sabe	Nobody knows
35.	Otro día	Another day
36.	Nosotros podemos	We can
37.	Un poco más	A little more
38.	El padre sabe	The father knows
39.	Gente buena	Good people
40.	El mundo es	The world is
41.	Tiempo mejor	Better time
42.	El amigo habla	The friend speaks

#	SPANISH	ENGLISH
43.	El momento ahora	The moment is now
44.	Desde ayer	Since yesterday
45.	Fuera de aquí	Out of here
46.	El mismo día	The same day
47.	Hecho y hecho	Done and done
48.	Ellos hablan	They speak
49.	El dinero va	Money goes
50.	El hijo sabe	The son knows

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About StoryLearning

With StoryLearning, you learn languages through stories, not rules.

The magic of learning through stories is that you can hardwire the language directly into your brain, through the same natural learning process children use to acquire their native language.

Forget about rote learning, grammar drills, boring textbooks and silly apps that you know you're wasting your time with...

StoryLearning is a natural, brain-friendly way to learn a new language.

It's supported by decades of research, and being used right now by 10,000s of people all over the world to learn languages.

About Olly Richards

My name is Olly Richards. I'm a teacher, author, speaker and language learner!

I discovered the power of learning through story after a terrifying near-death experience on top of a mountain.

Since then, I've published 30+ language books, worked with major universities, and featured in documentaries on the BBC.

Here, you'll find language tutorials, videos of me learning languages, podcasts and my premium courses.

But my most useful material is free, in my newsletter!

So if you're curious about StoryLearning, why not try it out with a FREE 7-day trial of my popular Spanish Uncovered course?

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