## Repentance & Forgiveness List

## **Instructions**:

<u>Fasting:</u> It is highly recommended that you are fasting while saying the below prayer. According to Matthew 17:19-21 it says "However, this kind does not go out except by prayer and fasting."

Please consider that some prayer may require fasting in order demolish and destroy the works of the enemy that have been systematically fashioned against your life, potentially for generations in your blood line.

The superior Blood of Jesus Christ is more powerful than any demonic operation against your life and as a child of God, you have full authority to apply the Blood of Jesus Christ to your life and cancel every evil assignment that has been holding you back in life.

You can ask Holy Spirit which kind of fast you should do, how long, and all related instructions.

#### 1 John 1:7

But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin.

- When to pray: You can pray to God at anytime, day or night, He is always available and never slumbers (Psalm 121:4) and as an additional component of your prayer strategy that is HIGHLY powerful is to pray at 12am midnight or at 3am.
- <u>Thanksgiving:</u> Come before God and thank Him for everything that He has done for you and continues to do in your life.
- Repentance: Ask God to forgive you for committing the sins below or coming into agreement with the abomination against Him
- <u>Forgiving other people:</u> According to Matthew 18:21-35, God cannot forgive you unless you forgive others. No matter how horrible someone treated you, we must forgive them. Should it be that we choose not to forgive, the enemy has an open door to wreak havoc in your life.
- Break the Covenant: Ask God to break the covenant, curse, and altar regarding to the sin WITH THE BLOOD OF JESUS
- <u>Separate from it:</u> Tell God and the devil that you renounce, denounce, and divorce yourself from every covenant, curse, and altar relating to these sins and ask God to break the connection points with the BLOOD OF JESUS

- <u>Cut all ties:</u> Ask God to break all ungodly soul ties, body ties, and connection points to all ungodly covenants, curses, and altars
- Replace: Tell God and the devil that you are now in the new covenant with Jesus Christ according to John 3:17, Romans 10:9, and Luke 22:20. Also ask God to restore the purposes and plans that He has declared over your life according to Romans 11:29, Jeremiah 29:11, Ezekiel 16: 6-, and Joel 2:25. (All Scriptures are written out below)

## Prayer:

In the name of Jesus Christ, Lord I confess that I have committed the below and ask that You would forgive me and my ancestors and cleanse me with the BLOOD OF JESUS CHRIST from (continue to say the list below out loud):

God, I ask that you would pull up and destroy the following roots in my bloodline (continue to say the list below out loud):

God, I renounce, denounce, and divorce myself from every evil covenant, curse, and altar relating to: (continue to say the list below out loud):

God, may every evil covenant, curse, and altar be broken with the BLOOD OF JESUS CHRIST:

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abandonment	deceiving others	hodun	not honoring others	squalor
abortion	delusion	homosexuality	occult	stealing
addiction	depression	hoo doo	offense	succubus
addiction to sex	despising my child	hookah	oppression	suicidal ideation
addiction to sweets	discrimination	idolatry	ouija boards	suicide
adultery	disobedience	idolatry of food	outbursts of wrath	tarot cards
african masks	disorganization	idolatry of marriage	pedophilia	taunting
alcoholism	dissesions	idolatry of money	perversion	tobacco
all unbelief in Jesus	distraction	idolatry of relationships	physical abuse	torment
anger	divination	Idolizing my beauty/appearance/b ody	poor eating	trafficking
anti marriage	divorce	immobility	pornography	trauma
anti progress	drug use	incubus	poverty	tv addiction
anxiety	drunkeness	insecurity	premarital sex	unbelief in God
apathy	drunkeness of pride	jealousies	pride	unbelief in Jesus

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arrogance	emotional abuse	jezebel	prostitution	unbelief in Jesus' resurrection
astrology	emotional hardness	judgment against others	rape	unbelief in my beauty/worth
being a narcissist	engaging chiropractic care	kidnapping	rebellion	unbelief in salvation in Jesus
being abominable	enmity in mom/daughter relationships	lack	receiiving satanic mark on forehead or hand	uncleanness
being cowardly	envy	lack of stewardship	rejection	vengeance
believing fallacies	exploitation	lack of vision	retaliation	vexes
bitter envy	extortion	laziness	revelries	vodun
bitter root judgment	false evangelism	letting dreams and gifts die	seances	voo doo
black magic	false humility	lewdness	seducing spirit	white magic
bullying	fatherlessness	lust	self sabotage	wiccan
cancer	fear	lying	self-condemnation	witchcraft
cheating	fear of travel	manipulation	self-sabotage	wizardry
child abandonment	filth	marine spirits	self-seeking	word curses
cigarettes	food addiction	marrying into narcissism	selfish ambitions	workaholism
coffee addiction	fornication	masturbation	sexual immorality	worshiping the beast
college covenants	fraternities	mermaids	shallow faith	worshiping the image of the beast
complacency	going to or being a psychic	molestation	shame	worthlessness
conforming to the world	gossip	murder	single motherhood	yoga
contentions	greed	neglecting orphans, widows, and the poor	slavery	zodiac signs
coveting	halloween	new age	social media addiction	
crystals	hatred	news watching	sodomy	
debt	heresies	not caring for my temple	sorcery	
deceiving myself	hexes	not finishing things	sororities	

Please note that not all of these are explicit sins from the Bible (ex. Single motherhood has not been listed as a sin in the Bible but it may be a generational curse that needs to be broken). Feel free to add to this list on your own document and use it for your personal prayer time.

You may also feel like you do not need to pray the entire list, however, you may not be aware of the curses that were opened on your bloodline several hundred generations ago. You better believe that the enemy will use any and every opportunity to wreak havoc in your life thus it may be wise to renounce, denounce, and divorce the entire list above rather than chancing it.

# Referenced Scriptures:

Say these out loud during your time of prayer.

## 1 John 1:9

If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

## Matthew 18:21-35

21 Then Peter came to Him and said, "Lord, how often shall my brother sin against me, and I forgive him? Up to seven times?"

22 Jesus said to him, "I do not say to you, up to seven times, but up to seventy times seven. 23 Therefore the kingdom of heaven is like a certain king who wanted to settle accounts with his servants. 24 And when he had begun to settle accounts, one was brought to him who owed him ten thousand talents. 25 But as he was not able to pay, his master commanded that he be sold, with his wife and children and all that he had, and that payment be made. 26 The servant therefore fell down before him, saying, 'Master, have patience with me, and I will pay you all.' 27 Then the master of that servant was moved with compassion, released him, and forgave him the debt.

28 "But that servant went out and found one of his fellow servants who owed him a hundred denarii; and he laid hands on him and took him by the throat, saying, 'Pay me what you owe!' 29 So his fellow servant fell down [a]at his feet and begged him, saying, 'Have patience with me, and I will pay you [b]all.' 30 And he would not, but went and threw him into prison till he should pay the debt. 31 So when his fellow servants saw what had been done, they were very grieved, and came and told their master all that had been done. 32 Then his master, after he had called him, said to him, 'You wicked servant! I forgave you all that debt because you begged me. 33 Should you not also have had compassion on your fellow servant, just as I had pity on you?' 34 And his master was angry, and delivered him to the torturers until he should pay all that was due to him.

35 "So My heavenly Father also will do to you if each of you, from his heart, does not forgive his brother his trespasses."

## John 3:17

For God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life.

## Romans 10:9

9 that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved.

#### Luke 22:20

20 After supper he took another cup of wine and said, "This cup is the new covenant between God and His people—an agreement confirmed with My blood, which is poured out as a sacrifice for you.

## **Romans 11:29**

29 For the gifts and the calling of God are irrevocable.

## Jeremiah 29:11

11 For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope.

## **Ezekiel 16: 6-7**

6 "And when I passed by you and saw you struggling in your own blood, I said to you in your blood, 'Live!' Yes, I said to you in your blood, 'Live!' 7 I made you [c]thrive like a plant in the field; and you grew, matured, and became very beautiful. Your breasts were formed, your hair grew, but you were naked and bare.

## Joel 2:25

25 And I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpiller, and the palmerworm, my great army which I sent among you.

## 1 John 1:7

But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin.

# **Scriptures of Protection:**

Say these out loud during your time of prayer.

## Philippians 2:10-11

that at the name of Jesus every knee should bow, of those in heaven, and of those on earth, and of those under the earth, 11 and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

## Isaiah 54:17

No weapon formed against you shall prosper, And every tongue which rises against you in judgment you shall condemn. This is the heritage of the servants of the Lord, And their righteousness is from Me,"Says the Lord.

## Isaiah 49:25

"Even the captives of the mighty shall be taken away, And the prey of the terrible be delivered; For I will contend with him who contends with you, And I will save your children.

## Luke 10:19

Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.

## 2 Timothy 1:7

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

## Proverbs 16:4

The Lord has made all for Himself, Yes, even the wicked for the day of doom.

## Psalm 62:11

God has spoken once, twice I have heard this: that power belongs to God.

## James 4:7

Therefore submit to God. Resist the devil and he will flee from you.

## Proverbs 28:1

The wicked flee when no one pursues, but the righteous are bold as a lion.

# Release:

Lord,

we ask that You would release Your blessings and promises over my life. I humbly ask that You would release the blessings and promises of:

a circumcised heart for me	health	praise	speedy release
a circumcised heart for my descendants	health in my body	praising You	steadfastness
abundance	health in my decisions	prosperity	stewardship
anointing	health in my family	protection	strength
beauty	health in my finances	provision	surrender
being the salt of the earth	health in my mind	purity	the answer
belief	honor	quiet life	the Lord fighting for me
clarity in hearing Your voice	humility	reading Your Word	the peace that You give
comfort	joy	receiving Your gifts	truth
community	kindness	receiving Your love	understanding
dancing	knowledge	redemption	wealth
daughtership	life	rejoicing	wisdom
diligence	light yoke	remaining faithful to You	working with my hands
drinking	love	respect	Your goodness following me always
easy burden	loving like Jesus	rest	Your mercies being renewed every morning
eating	loving my neighbor	restoration	Your mercy following me always
excellence	making disciples of men	riches	
faithfulness	marriage	righteousness	
freedom	mercy for myself	safety	
fruitfulness	mercy for others	salvation	
generosity	mercy from You	self-control	
gentleness	patience	sharing the Gospel	
goodness	peace	sonship	

## Joel 2:25

25 And I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpiller, and the palmerworm, my great army which I sent among you.

## Galatians 5:22

But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, 23 gentleness, self-control. Against such there is no law.

## **Deuteronomy 30:6**

And the Lord your God will circumcise your heart and the heart of your descendants, to love the Lord your God with all your heart and with all your soul, that you may live.

## Jeremiah 31:33

But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put My law in their minds, and write it on their hearts; and I will be their God, and they shall be My people.

## Jeremiah 32:40

And I will make an everlasting covenant with them, that I will not turn away from doing them good; but I will put My fear in their hearts so that they will not depart from Me.

## Ezekiel 11:9

Then I will give them one heart, and I will put a new spirit within them, and take the stony heart out of their flesh, and give them a heart of flesh,

## **Ezekiel 36:26**

I will give you a new heart and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh.

## Jeremiah 31:3

The Lord has appeared of old to me, saying: "Yes, I have loved you with an everlasting love; Therefore with lovingkindness I have drawn you.

## Isaiah 41:9

I have called you back from the ends of the earth, saying, 'You are my servant.' For I have chosen you and will not throw you away.

## Isaiah 43:4

Since you were precious in My sight, you have been honored, And I have loved you; Therefore I will give men for you, And people for your life.

## John 10:28-29

And I give them eternal life, and they shall never perish; neither shall anyone snatch them out of My hand. 29 My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of My Father's hand.

## Psalm 139:17-18

How precious also are Your thoughts to me, O God! How great is the sum of them! 18 If I should count them, they would be more in number than the sand; When I awake, I am still with You.

## 2 Corinthians 3:17

For the Lord is the Spirit, and wherever the Spirit of the Lord is, there is freedom.

## John 8:36

Therefore if the Son makes you free, you shall be free indeed.

## Galatians 5:13

For you have been called to live in freedom, my brothers and sisters. But don't use your freedom to satisfy your sinful nature. Instead, use your freedom to serve one another in love.

## Lamentations 3:22

The steadfast love of the Lord never ceases; His mercies never come to an end; they are new every morning; great is your faithfulness.

## John 10:10

10 The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.